Department of General Practice

Postgraduate training options 2015: workshops and award courses

Single Unit Enrolments

The Department of General Practice offers single unit enrolments for those general practitioners and other primary health care professionals who do not wish to complete a full degree course. These comprehensive units provide an opportunity to upgrade skills and knowledge, including managing emerging concepts in practice, accessing information and critically analysing literature.

Single units available for enrolment include:

**12 Credit Point Units**
- Women’s sexual and reproductive health
- Principles of general Practice
- Introduction to Research Methods
- Applied Research
- Addiction assessment and treatment; practice and innovation

**6 credit point units**
- Issues in general practice prescribing
- Medical ethics
- Chronic disease management
- Mindfulness-based stressed management
- Prevention in general practice and primary care
- Evidence based practice
- Ophthalmology
- Depression and anxiety disorders

New in 2016

**Dermatology**
**Health care for the elderly**
**Child health**

Post Graduate Courses Offered

**International and Domestic Students**
- Master of Family Medicine
- Graduate Diploma of Family Medicine
- Graduate Certificate of Family Medicine
- Master of Philosophy

**International Students only**
- Postgraduate Fellowship Program in Family Medicine

All of our courses and workshops are approved by the RACGP QI&CPD Program and accredited by ACCRM with the exception of single unit enrolments (for ACRRM)
The John Murtagh Update Course

4 - 6 November 2015

Time: 8:30am - 5:30pm
Venue: Rendezvous Hotel, 328 Flinders Street, Melbourne, 3000

The course is named in honour of Professor John Murtagh and his extraordinary contribution to Family Medicine. The 2015 Annual Update Course is proudly convened by the Department of General Practice.

This is the 37th year that the course has been offered. The update course is a celebration of what is best in clinical general practice learning, and in an era of electronic clinical education offerings, it continues to be a mainstay in practising GPs' educational calendars. It also provides an opportunity for GPs to network with their colleagues.

Topics:
- John Murtagh key note presentation
- Asthma
- Cardiology
- Dermatology
- Emergencies in General Practice
- Gastroenterology
- Geriatrics
- Infectious Diseases
- Infertility/Antenatal/Perinatal
- Men's health
- Neurology
- Pathology
- Psychiatry
- Sleep Disorders

Mindfulness course

Expressions of interest open

Cost: $150 plus GST
Time: 1.30 am to 5.30 pm
Venue: Monash University, Notting Hill campus

Due to the popularity and excellent feedback from the Mindfulness course held last February 21, 2015, we will be holding another Mindfulness course later this year.

Mindfulness-based approaches have generated a great deal of clinical and research interest in recent years. Mindfulness is a generic skill involving training attention and attitude. It has a wide range of solutions to improving immunity, neuroplasticity, epigenetics, and enhanced clinical performance. This interactive workshop will explore the principles and application of mindfulness based practices for personal and professional use.

The Mindfulness course aims to increase awareness of the importance of stress and mental health problems and their effects on wellbeing, performance and leadership. It will also increase knowledge of the indications for and role of mindfulness in managing mental and physical illness.

Please keep an eye on our website for updates on the course.

Primary Care Office Procedures Workshop

1- 2 August 2015

Venue: Royal Australasian College of Surgeons, Melbourne

This certificate course will provide the clinician with a range of intermediate level skills including the ability to understand and manage a variety of common problems that require office based surgical intervention, such as foreign body removal, lacerations, sebaceous cysts and ingrown toe nails.

This workshop is suitable for GPs, overseas trained doctors, newly arrived doctors seeking to work in rural networks, nurse practitioners and VR doctors who wish to further develop their surgical office-based skills. Participants are able to practice their suturing and procedural techniques in a supportive environment.

Registration and Enquiries:
email info@healthcert.com.au or call 1300 85 66 95

NEW IN 2015

Co-branded courses with The Black Dog Institute

Dates: Various – see list below
Venue: Monash University, Notting Hill Campus

The Black Dog Institute offers GPs a selection of interactive workshops focused on various aspects of recognising and managing mental health presentations in a general practice setting. These workshops provide both theoretical and practical resources for application in both assessment and treatment of these common conditions. Individual course descriptions detail the learning objectives and the accreditation levels for each workshop.

1. Dealing with depression – 28 March 2015
5. Managing Bipolar Disorder in General Practice – 29 August 2015
7. Depression Dilemmas – 31 October 2015

To register: www.blackdog.org.au/gpcalendar

Contact Us

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We welcome your feedback relating to ideas for future course and workshop development; please contact Dr Heather Grusauskas at heather.grusauskas@monash.edu

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