

# Families Affected by Parental Mental Illness

## **WORKSHOP & SHOWCASE (FREE)**

Monash University Department of Rural & Indigenous Health

3 Ollerton Avenue, MOE

October 19th, 2009

1.00pm to 4.00pm

### **Purpose:**

#### **Hear**

“Best Practice” guidelines when working with families affected by parental mental illness, from Professor Joanne Nicholson

#### **Learn From:**

Local showcase projects from Gippsland FAPMI workers

#### **Hear about:**

National projects from A/Prof. Darryl Maybery and Dr. Andrea Reupert.

#### **Consider:**

How you might implement family sensitive practice in your own workplace



### **Guest Speaker: Professor Joanne Nicholson, Ph.D.**

Joanne Nicholson, Ph.D. has been a clinical and research psychologist for over 25 years.

She is Professor of Psychiatry at the University of Massachusetts Medical School (UMMS), and directs the Child and Family

Research Core of the UMMS Centre for Mental Health Services Research.

Dr. Nicholson has established an active, consumer based program of research on parents with mental illness and their families. Her team of researchers, providers and consumers is developing education and skill training materials for parents, integrating the current knowledge and program evaluation through the pilot Family Options program.



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