



Welcome to the third 2009 issue of the Health & Social care Interprofessional Network (HSIN) 'Vic News' with an overview of the highlights since October and the final word on 2009 activities before the New Year begins. 2010 will see the 'Altogether Better Health Conference 5' in April which will come around quickly. This will be a fantastic opportunity for interested people to meet the 'gurus' in Interprofessional Collaborative Practice. We look forward to sharing the highlights from the conference with you.

HSINetwork activities October – December 2009.

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Chronic Disease: Traralgon, 14 October 2009.

Palliative Care: Bendigo, 22 September 2009; Belmont, 28 October 2009; Shepparton, 28 October 2009; Moe, 11 November 2009 and Sale, 26 November, 2009.

Voluntary Interprofessional Facilitators (VIPLF):

A special thank you to the Voluntary Interprofessional Facilitators who assisted in the facilitation of HSIN meetings in their regions. As you can appreciate one person cannot cover all of rural Victoria so these people play a vital role in assisting and facilitating HSIN meetings in their areas, identifying local speakers and planning the meeting dates so we don't clash with other activities. We welcome new VIPLF's - Tanya Gradolf and Linda Govan from the Grampians (Ballarat) region to our group.

A sincere thank you to all VIPLF's for your commitment to Interprofessional Collaborative Practice during 2009:

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| • Gael Stewart & Sherryn Evans | Barwon South West (Belmont) |
| • Kate Schlicht, Pat Nesbitt & Lorraine Mielnik | Barwon South West (Camperdown/Warrnambool) |
| • Denise McInnes & Marnie Connolly | Gippsland (Bairnsdale) |
| • Sue Medson, Kerryn Morgan & Sue Barker | Gippsland (Traralgon) |
| • Tanya Gradolf & Linda Govan | Grampians (Ballarat) |
| • Carole Maddison & Gayle Sammut | Hume (Shepparton) |
| • Sue Wilson | Hume (Wangaratta) |
| • Karen Riley, Janette Woolley & Natalie Radomski | Loddon-Mallee (Bendigo) |
| • Lyn Faulks | Loddon-Mallee (Mildura) |

IPL developments:

Building Capacity for Interprofessional Collaborative Education (BCIPE) - Project Update:

The 'Master' and 'Intermediate' Interprofessional Collaborative Practice Workshops held in August and September 2009 set the scene for spreading the word on interprofessional collaborative practice. The 'workshop' framework to assist clinicians to undertake facilitation roles within their own organisations, and which was presented at the Intermediate

Workshop, has been further developed. In particular, a resource toolkit which compliments the workshop framework has been added to meet the individual and contextual needs of organisations and workshop participants.

A pilot workshop was held in October at Monash University Department of Rural and Indigenous Health (MUDRIH), Moe for health and social care clinicians. Participant feedback was positive, and one participant has since co-facilitated their own workshop. Interprofessional Collaborative Practice Education Workshops have also been held for undergraduate Health and Social care students at Monash University, Peninsula Campus. And in 2010, Interprofessional Collaborative Workshops will be held at the Latrobe Community Health Service, Morwell and at Darebin Community Health, Preston, for clinicians in the field.

An interactive workshop abstract by The Building Capacity for Interprofessional Collaborative Education project team was accepted for the 'All Together Better Health 5: International Interprofessional Collaborative Practice Conference' being held in Sydney in 2010.

Enhancing Chronic Disease Self Management Skills via Interprofessional Learning and Practice (CDSMIPE) – Project overview:

Monash University Department of Rural and Indigenous Health (MUDRIH), together with South Coast Primary Care Partnership and Ramahyuck District Aboriginal Corporation, received funding in July 2009 from the Department of Health and Ageing, Chronic Disease Self-management/ Lifestyle and Risk Modification Grant to conduct a project to improve the ability of rural health professionals to work together to enhance chronic disease self management. Project objectives include:

- Build local support for better CDSM in communities in Gippsland
- Develop and deliver the most appropriate interprofessional training modules and other training tools
- Develop practical, patient-centred, evidence-based CDSM knowledge, skills and attitudes in health professionals by using simulation and case studies
- Enhance and develop the Health and Social Care Interprofessional Network (HSIN)

The project is progressing well, with Judy Stone, Interprofessional Learning Coordinator for ACT Health, and local skilled-up project workers, conducting initial training sessions in February. This will be followed up by further training sessions by the project workers and a local IPCP expert in March. The Project will be evaluated using the Readiness for Interprofessional Learning Scale (RIPLS) and focus groups. Look out for information on the outcome of this project in future newsletters. For further information, please contact Clare McHugh at clare.mchugh@med.monash.edu.au.

Trans Tasman Partnership:

Following the opening of the New Zealand National Centre for Inteprofessional Education and Collaborative Practice (NCIPECP) in February 2009, a group of like minded individuals got together and bridged the Interprofessional gap across the Tasman Sea, resulting in the establishment of the Australasian Community of Interprofessional Collaborative Practice (ACoIPCP). This informal group was established with the aim of keeping each other informed of Interprofessional developments and outcomes that have/have not worked within their states/territories/areas/activities. Collegial support and sharing of information is the key focus of the network and they meet via teleconference monthly. The group was recently successful in having an abstract accepted for the 'All Together Better Health Conference 5' conference to be held in April 2010 and seven of the members anticipate attending the conference. For more information on the conference, or to register, go to: <http://www.atbh5.com.au>

Contributions to and from practice:

Notes from the September Belmont HSIN meeting: Co facilitated by Sherryn Evans and Gael Stewart this meeting saw participants from various health providers in the region, among them a nurse working in the prison system, social worker, occupational therapist, diabetes educator, podiatrist, community health nurses and the guest speaker, audiologist from Barwon Health Geelong Hospital. "The Generic Health worker role of those working in the Hospital Admissions Risk Program as Case Managers was explained to participants. The Audiologist presented interesting information on hearing impairment on perceived cognition problems and some misdiagnosed memory loss. Also discussed where problems that arise for the person with diabetes who attempts to give up smoking and the importance to have a Key Worker for all diabetes clients so that all aspects of care can be addressed including physical exercise, dietetics, smoking cessation clinician, cardiologist and social worker. This was an excellent example of true Health and Social Interprofessional working arrangements. It provoked much interaction from the group and linked people who had not met or hadn't had the chance to meet."

Notes from the Traralgon Informal meeting: Facilitated by Kerryn Morgan, this meeting brought together a cross section of organisations throughout the Latrobe Valley. Participants included Director, Primary Health (Latrobe Community Health Services), Bush Fire Case Manager (Latrobe City), Mental Health Liaison (Latrobe Regional Hospital),

Manager, Community Care & Housing (DHS Gippsland), Clinical Co-ordinator (Monash Gippsland), Manager, ICDM (PCP) and staff from Monash University Department of Rural and Indigenous Health (MUDRIH). All agreed that the opportunity to meet and discuss local issues, established for them, a common thread each of them brings to the bigger picture in the local area and recognizes the need for further collaboration in the future.

In this section of Vic News we would invite you to share your success stories, hear about the challenges you have faced or Interprofessional literature that you have found to be of value in your practice. Please forward them to Mollie Burley at: mollie.burley@med.monash.edu.au.

Recommended articles, reports or resources:

A new look [Cancer Learning](#) website was launched in November with an announcement that in 2010 the site will also be available in a format that can be downloaded to PDAs and hand held devices making the site more user friendly and accessible. Check it out and find information on learning activities, education programs and professional development.

Call for abstracts:

Abstracts for **'In the Spotlight: Patient Centred Care'** Change Champions toolkit seminar close on 15 May. Submit abstracts either online at <http://www.changechampions.com.au> or email changechampions@bigpond.com The seminar will be held in Brisbane on 2 & 3 September 2010. For further information go to <http://www.changechampions.com.au>

Some books you might consider:

This following excerpt is from a new book by Healey, J. and Dugdale, P. (eds) (2009) Patient Safety First: responsive regulation in health care, Allen & Unwin, Australia: 44. It is the start of Chapter 3, International Trends in Patient Safety Governance, Barraclough, B., Braithwaite, J., Travaglia, J. F., Johnson, J. and Corbett, A.

"Claudia H has been diagnosed with cancer. Today is her first visit to Methodist Hospital since her diagnosis, to begin treatment. She knows from a close friend and from her extensive search on the internet that others have described radiotherapy as 'going down to the fires of hell; because of the experience of treatment, but also because most radiation oncology bunkers are in the basement of hospitals. Prior to today's visit, Claudia completed the admission process online, was given a parking number for the visit and was asked about her choice of music. Claudia arrives at Methodist and she chooses to let the valet parking attendant park her car since this is her first visit and she is feeling particularly anxious. A volunteer is waiting, greets Claudia and takes her across the campus to radiation oncology. Claudia makes a mental note that it isn't in the basement as she was expecting, but is on the first floor of the hospital. As Claudia is registering, she is relieved that she is not asked to repeat the admission process but she is asked whether anything has changed. She is given an iPod with her choice of music to listen to while undergoing treatment. Claudia is reminded that her visit to the oncologist is scheduled after radiotherapy and, if there is a time gap between therapy and the consultation, she will have an opportunity for a massage. Overall, her care is being provided in a safety-conscious, patient-focused, quality-oriented environment." This is an excellent example of what we are striving for in IPCP.

Hammick, M., Freeth, D., Copperman, J. Goodsman, D. (2009) Being Interprofessional, Polity, Cambridge. This is a great introduction to Interprofessional Collaborative Practice based in three core areas – Part 1: Setting the scene, Part 2: About, From and With... and Part 3: Drawing together the threads. This book is very useful for students and for health professionals wishing to build their capacity with regard to Interprofessional Collaboration.

McCray, J. (ed) (2009) Nursing and Multi-professional Practice, Sage, London. This is also an excellent introductory book that is focused on nursing as part of a multi-professional team. It looks at preparation for multi-professional practice and the nursing role within this context. The multi-faceted nature of health care (Primary Care, Community, Acute, Mental Health, Paediatrics and service users) are all explored. The authors introduce the 'third sector' which comprises that charitable, not-for-profit and volunteer organizations that are so critical to the success of the 'main' health care organizations and complete the book looking at nursing leadership and multi-professional practice, a topic that I consider to be extremely significant to nursing at this current time.

Websites of Interest:

Nursing Times: <http://www.nursingtimes.net/nursing-practice-clinical-research/students/using-interprofessional-learning-in-practice-to-improve-multidisciplinary-working-/5008024.article>

Don't forget to click onto the HSIN resources site on the MUDRIH website at <http://www.med.monash.edu.au/srh/mudrih/hsin> then click on Interprofessional Learning and HSIN.

The long anticipated WHO (2009) draft report relating to IPL has been released. This report proposes an Interprofessional Collaborative Practice framework for the future with some excellent easy to follow action plans. To access a copy go to the *Health & Socialcare Interprofessional Network (HSIN)*. *Vic News Issue 3, December 2009* *Page 3 of 4*

HSIN website and look for the February 2010 resources: www.med.monash.edu.au/srh/mudrih go to the interprofessional collaboration and HSIN area and then click on 'resources' on the right hand side.

Conference:

The '**All Together Better Health 5**' conference in Sydney (6-9 April 2010) is approaching fast. This is an International Interprofessional Conference hosted by Australasian Interprofessional Practice & Education Network (AIPPEN). Over 400 abstracts were received for the conference so congratulations to those who have been accepted. The draft program looks fantastic and we encourage you all to have a look – it is now available at the ATBH5 website: <http://www.atbh5.com.au>. Don't forget this is your opportunity to get up close and personal with the 'gurus' in interprofessional collaboration and to hear what is happening in Australia and around the globe in Interprofessional Collaboration.

2010 HSIN Meetings:

We are currently liaising with the VIPLF's to arrange HSIN meetings up to 30 June 2010 and have a few dates tentatively booked. We will be circulating a calendar of events as soon as we can confirm the specific HSIN meetings in your region.

If you have ideas about Interprofessional Collaboration topics that you wish to explore please contact Mollie Burley at: mollie.burley@med.monash.edu.au and we will endeavour to include them in our planning.

Goals & Objectives for HSIN:

The objectives of the Health & Socialcare Interprofessional Network are to:

1. build local capacity for and facilitate interprofessional education and practice
2. provide a forum for networking, discussion, education and research into and about interprofessional education and practice or interprofessional learning
3. foster new, and enhance existing, Interprofessional collaborations, shared experience and undergraduate interprofessional clinical placement opportunities
4. foster the development of the 'Voluntary IPL Facilitator' role in 10 rural Victorian towns
5. provide a vehicle for promoting the benefits of becoming an interprofessional learning champion, group or organisation.

HSIN meetings objectives:

1. To build local capacity and hear about developments in implementing interprofessional education and practice in the international and local region.
2. Through local IPL hubs, share information about interprofessional learning activities and developments in the area.
3. To discuss interprofessional learning issues, from a postgraduate perspective.
4. To understand a range of health and social care perspectives.
5. To identify sub-regional interprofessional education opportunities.
6. To enhance/develop interprofessional research opportunities.

Share 'VicNews' with a colleague:

We are asking **all health and social care professionals** to become **Interprofessional Champions** by sharing the HSINetwork information with their colleagues and by attending the network meetings when they are in their region/sub-region. So, please **forward 'HSIN Vic News'** to rural/non-metropolitan professionals who work in a health or social care field and ask them to forward it on to all their colleagues.

A Final Word.....

HSIN has been formed to facilitate and support you in learning more about and integrating Interprofessional Collaboration into your everyday practice. We welcome and look forward to your contributions from practice for 'VicNews'; your feedback about HSIN meetings and your **suggestions for topics** of interest and local speakers for your respective region/sub-region via email to mollie.burley@med.monash.edu.au or Mobile: 0400 061 648, or via post to: Mollie Burley, Monash University Department of Rural & Indigenous Health, PO Box 973, Moe, Vic, 3825.

We look forward to continuing our association with you in 2010.