



Welcome to the second issue of the Health & Social care Interprofessional Network (HSIN) 'Vic News' for 2009. This issue contains an overview of the highlights from July to September, including two invitational workshops at Monash Caulfield Campus, the ever growing hub of accessible resources on the HSIN website and the latest Voluntary Interprofessional Facilitators (VIPLF) to join the HSIN team across Victoria.

Good news!!! The Department of Health (Victoria) have extended HSIN funding through to 30 June 2010.

HSINetwork activities July - September 2009.

INTERPROFESSIONAL COLLABORATIVE PRACTICE PARTENRSHIP: HSIN & MONASH UNIVERISTY 'BUILDING CAPACITY THROUGH INTERPROFESSIONAL EDUCATION' PROJECT.

'Master' and 'Intermediate' Interprofessional Collaborative Practice workshops were held at Monash University Caulfield Campus during August and September. These workshops were developed through collaboration between Building Capacity for Interprofessional Education (BCIPE) and the Health & Social care Interprofessional Network Network (HSIN). People from all across Victoria were invited to attend or organisation's were invited to send representatives.

MASTERCLASS

The Master Class, on 20th August 2009, was facilitated by Jill Thistlethwaite (Warwick University, UK formerly of Sydney University). There were 14 participants including project staff from three Monash University campuses, Latrobe Community Health Service, Department of Health Victoria and HSIN Voluntary Interprofessional Facilitators.

Jill's Masterclass focused on how to 'Integrate and facilitate communication, education and practice for Interprofessional Learning'. Participant expectations were confirmed, the definitions and principles of Interprofessional Education and Collaborative practice (IPECP), learning outcomes for IPECP, learning & working together – culture/borders, IPECP in the workplace, World Health Organisation (WHO) framework & L-TIPP (Aus).

Jill's class gave a fantastic overview of where IPECP is headed. Participants indicated that they found it interesting, challenging and thought provoking about their current organization developments.

INTERMEDIATE WORKSHOP

The Intermediate Class held on 16 September 2009 was facilitated by Judy Stone, (IPL Co-ordinator, ACT Health) and Co-facilitated by Kerryn Morgan (BCIPE/MUDRIH/LCHS) and Fiona McCook (BCIPE/MUDRIH/CALT) who are members of the BCIPE project team. The Intermediate workshop focused on 'Enhancing skills for team building' and was aimed at people with more general knowledge, or an interest in, Interprofessional Collaborative Practice. There were 16 participants with staff from two Monash University Campuses, Latrobe Community Health Service, Darebin Community Health, Ramahyuck District Aboriginal Corporation, South Gippsland Health Services and Voluntary Interprofessional Facilitators from across Victoria.

The Intermediate class utilized a 'Workshop template' developed in the BCIPE project to provide a framework for IPECP workshop facilitation. The goal of the workshop was to improve participants Interprofessional Collaborative Practice skills and to assist them to undertake Interprofessional facilitation roles back in their workplace and region.

Participant feedback was excellent with everyone enjoying the day and finding the information provided or shared very beneficial.

Contributions to and from practice:

Judy Stone – (IPL Cordinator ACT Health) – Intermediate workshop facilitator:

I would like to express my thanks first to Mollie for being such a great motivator and organiser. This workshop went smoothly largely due to her attention to detail. I would also like to thank Fiona and Kerryn for their enthusiasm and willingness to try something just a little bit different.



(L-R: Kerryn Morgan, Judy Stone, Mollie Burley & Fiona McCook)

For my part I thoroughly enjoyed facilitating this group of keen participants. This workshop was able to move to the next level of interprofessional learning through a focus on how to teach and enact IPL in a workplace setting. The workshop feedback was positive with an overwhelming request for more! I would be interested to know how many of the participants go on to facilitate some IPL with other learners and in what way. IPL is such a new field it requires facilitators to be constantly experimenting and pushing the boundaries in order to create authentic learning environments. An important component of interprofessional collaborative practice is to share facilitation resources and support every effort to provide learning experiences. It was re-energising for me to have just such a sharing opportunity and to mix with such an interprofessional group. Well done once more Victoria.

Australian Health Care Team Challenge: Interprofessional collaboration in practice.

Kerryn Morgan, one of our MUDRIH/LCHS staff members, was one of the support facilitators for the team of Monash final year Students from the Faculty of Medicine, Nursing and Health Sciences, and Pharmaceutical Sciences who won the Inaugural Australian Health Fusion Team Challenge (OzHFTC) held at the University of Queensland on the 7th August 2009.

The HCTC involves final year students from across the health and social care professions working collaboratively in a team to develop a management plan for a client with complex health care needs. The management plan is presented to a live audience and judged by a panel of expert health care professionals. At the end of their case management presentation, the teams are required to respond to an case related extension question.

The Monash Holistic Outreach Team (HOT) competed against teams from the University of Queensland; the Queensland University of Technology; the University of South Australia; Griffith University and Curtin University of Technology. In addition to winning the judge's award, the team also won the people's choice award.



The team members were from LtoR – Back: David Slater (Nursing); Christa Jakob (Health Sciences – reserve) & Ainsley Treadwell (Pharmacy), **Front:** Benjamin Shipperd (Physiotherapy) ; Claire Heath (Occupational Therapy); Tegwyn Bath (Paramedic/Nursing) & Aaron Wiggins (Medicine).

Full story at: <http://www.med.monash.edu.au/news/2009/hot-victory.html>

IPL developments:

During a September meeting with the Department of Health (Victoria), the question of the sustainability of HSIN was raised. With this in mind a survey was sent out to all Voluntary Inteprofessional Learning Facilitators (VIPLF's) who have been instrumental in supporting the goal of 'building local capacity' throughout rural Victoria. VIPLF's were asked to respond to various questions about how HSIN could look into the future. Further discussions regarding a model to enhance the sustainability of HSIN the Network are currently underway.

Recommended articles, reports or resources:

Abbreviated extract from the: Australian Patient Safety Bulletin Newsletter of the NHMRC
Centre of Research Excellence in Patient Safety, **October 2009 Issue 13.**

What 'patient-centered' should mean

Berwick DM. What 'patient-centered' should mean: confessions of an extremist. Health Aff (Millwood). 2009;28(4):w555-65. Epub 2009 May 19.

Some examples of what 'patient centred' care should look like include:

- Hospitals would have no restrictions on visiting—no restrictions of place or time or person, except restrictions chosen by and under the control of each individual patient.
- Patients would determine what food they eat and what clothes they wear in hospitals (to the extent that health status allows).
- Patients and family members would participate in rounds.
- Patients and families would participate in the design of health care processes and services.
- Medical records would belong to patients. Clinicians, rather than patients, would need to have permission to gain access to them.
- Shared decision-making technologies would be used universally.
- Operating room schedules would conform to ideal queuing theory designs aimed at minimizing waiting time, rather than to the convenience of clinicians.
- Patients physically capable of self-care would, in all situations, have the option to do it.

Take home message: Health care is currently fragmented and not focused on the needs of the patient. There is growing evidence that 'patient centred care' has a positive relationship on health status outcomes and this commentary suggests some radical changes in the way health systems are designed and delivered in order to achieve patient centeredness in health care. This includes shifts in control and power, out of the hands of those who give care (doctors, nurses, technicians) and into the hands of those who receive it (patients and their loved ones).

Websites of Interest:

Australian Patient Safety Bulletin: <http://www.crepatientsafety.org.au>

ABC Online Health and Wellbeing:

<http://www.abc.net.au/health/healthyliving/yourhealth/ruralregionalhealth/default.htm>

National Rural Health Alliance - eight fact sheets on a variety of issues relating to health in rural and remote areas.

<http://nrha.ruralhealth.org.au/factsheets/?IntContId=14751&IntCatId=41>

NRHA Partyline:

<http://passthrough.fw->

[notifiy.net/download/360152/http://nrha.ruralhealth.org.au/cms/uploads/publications/partyline-36-july-2009.pdf](http://nrha.ruralhealth.org.au/cms/uploads/publications/partyline-36-july-2009.pdf)

Don't forget to look up the resources available on the MUDRIH website:

Monash University Department of Rural & Indigenous Health (MUDRIH): <http://www.med.monash.edu.au/srh/mudrih>

Thanks to Sharon Harrup (MUDRIH) who is continually updating this website with Interprofessional.

'ALL TOGETHER BETTER HEALTH 5': International Interprofessional Collaborative Practice Conference.

The 'All Together Better Health 5' conference will be held in Sydney from 6-9 April in 2010. This is an International Interprofessional Conference hosted by Australasian Interprofessional Practice & Education Network (AIPPEN). The conference is now open for abstracts with the closing date 6 November 2009. For more information visit:

<http://www.atbh5.com.au/>

HSIN Chronic Disease management meetings completed in July/August:

Mildura: 18th August, Mildura Private Hospital

Ballarat: 24th August, Ballarat Division of General Practice. ** Recorded

Wangaratta: 25th August, Northeast Health

Bendigo: 26th August, Bendigo CHS, Eaglehawk

Shepparton: 1st July, Shepparton, Goulburn Valley Health

Belmont: 2nd July, Belmont Community Health Service

HSIN meetings: September - December:

REGION	SEP/OCT	NOVEMBER
GIPPSLAND	Date: 14 October (6.30-9pm) Venue: Traralgon (LRH)	Date: 24 November (6.30-9pm) Venue: Moe, CWGDoGP
	Date: To be confirmed - CDM Venue: Bairnsdale	Date: To be confirmed – Pall Care Venue: Sale-Central Gippsland Health Service
LODDON-MALLEE	Date: 22 September (6:30-9pm) Venue: Bendigo CHS, Eaglehawk. ** Recorded.	Date: To be confirmed – Pall Care Venue: Mildura
	Date: To be confirmed - CDM Venue: Mildura	
GRAMPIANS	Date: To be confirmed Venue: Ballarat Health Services	Date: To be confirmed – Pall Care Venue: To be confirmed
	Date: To be confirmed Venue: Horsham - CDM	Date: To be confirmed – Pall Care Venue: Horsham
HUME	Date: 28 th October (4:30-7pm) Venue: Goulburn Valley Health	Date: To be confirmed Venue: Northeast Health – Pall Care
	Date: To be confirmed – CDM Venue: Northeast Health	
BARWON SOUTH WEST	Date: 3 rd September (6:30-9pm) Venue: Belmont Community Health Service	Date: To be confirmed – CDM Venue: Warrnambool
	Date: 28 th October (6:30-9pm) Venue: Belmont Community Health Service	Date: To be confirmed – Pall Care Venue: Warrnambool

Share this newsletter with a colleague:

We are asking **all health and social care professionals** to become **Interprofessional Champions** by sharing the HSINetwork information with their colleagues and by attending the network meetings when they are in their region/sub-region. So, please **forward 'HSIN Vic News'** to a rural/non-metropolitan professional who works in a health or social care field and ask them to forward it on to all their colleagues.

2009 Goals & Objectives for HSIN:

The objectives of the Health & Social care Interprofessional Network are to:

1. build local capacity for and facilitate interprofessional education and practice / interprofessional collaborative practice
2. provide a forum for networking, discussion, education and research into and about interprofessional education, practice or interprofessional learning – interprofessional collaborative practice
3. foster new, and enhance existing, Interprofessional collaborations, shared experience and undergraduate interprofessional clinical placement opportunities
4. foster the development of the 'Voluntary IPL Facilitator' role in 10 rural Victorian towns
5. provide a vehicle for promoting the benefits of becoming an interprofessional learning champion, group or organisation.

HSIN meetings objectives:

1. To build local capacity and hear about developments in implementing interprofessional education and practice (Interprofessional Collaborative Practice) in the international and local region.
2. Through local IPL hubs, share information about interprofessional learning activities and developments in the area.
3. To discuss interprofessional learning issues, from a postgraduate perspective.
4. To understand a range of health and social care perspectives.
5. To identify sub-regional interprofessional education opportunities.
6. To enhance/develop interprofessional research opportunities.

A Final Word.....

HSIN meetings attract a range of health practitioners from different areas of the health and social care professions. At every meeting so far we have found that the group attending the meeting have not usually had the opportunity to sit around the table before and discuss topics of interest. To our delight many of the meeting speakers and participants share their resources following the meeting which also facilitates the networking nature of our group.

Once again we invite your contributions from practice and your feedback about HSIN meetings and your **suggestions** for local speakers for your respective region/sub-region via email to mollie.burley@med.monash.edu.au or Mobile: 0400 061 648, or via post to:

Mollie Burley, Monash University Department of Rural & Indigenous Health, PO Box 973, Moe, Vic, 3825.