

# SOUTHERN EDUCATION & TRAINING CLUSTER

## Annual Training Calendar 2009

**Please note:** This is the general training calendar. Risk Management Training in aggression and safety occurs at each AMHS. Discipline specific training is organised by each discipline group and details are available in the Cluster E-mail Newsletter "The News". Further news can always be gained from the web page: <http://www.med.monash.edu.au/spppm/research/southern synergy/workforce.html>

### Orientation to Mental Health

A kit, consisting of a booklet, specific tasks for presentation in supervision and a suicide competency assessment and CD titled "Orientation to Mental Health, is now available for all new staff members. These can be ordered through  
Debbie Lang at: [Southern.synergy@med.monash.edu.au](mailto:Southern.synergy@med.monash.edu.au)

### March

- 18<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 24<sup>th</sup> **Introduction to Eating Disorders**  
*This provides a comprehensive introduction to eating disorders for mental health clinicians. It assumes no earlier training in the field. Outcomes include: Increased understanding of eating disorder diagnosis and diagnostic issues, epidemiology and causal factors; Increased ability in the comprehensive assessment of eating disorders; increased familiarity with commonly used assessment tools, eating disorder formulation, best practice recommendations; and increased understanding of case management in eating disorders.*  
Presenters: Victorian Centre of Excellence in Eating Disorders  
Venue: The Alfred, AMREP Class room 4  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 26<sup>th</sup> **Allied Health Graduate Program** - for details see program at: <http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>
- 30<sup>th</sup> & **ASIST – Two Day Workshop** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 31<sup>st</sup> **Treatment and management of Mental Health needs in people with Intellectual Disability**  
*People with ID often struggle to gain access to appropriate interventions to address their mental health needs. There is increasing evidence people with an ID can benefit from the same psychiatric interventions used by the general population. This workshop will provide a review of current management approaches that takes into account the impairment(s) associated with ID. This includes management of ID, ethical issues including consent, understanding the service system, the use of medication and psycho-social interventions.*  
Presenters: VDDS  
Venue: Frankston / Peninsula Health  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)

### April

- 7<sup>th</sup> **Leadership Training Program**  
Venue: The Drum Theatre, Dandenong  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 28<sup>th</sup> **Understanding and Treating People with a Diagnosis of Borderline Personality Disorder**  
Presenters: Deb Dick & Julian Browne  
Venue: The Drum Theatre, Dandenong  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 30<sup>th</sup> **Allied Health Graduate Program** - for details see program at: <http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

### May

- 5<sup>th</sup> **Leadership Training Program**  
Venue: Monash University, University Club  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 6<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 6<sup>th</sup> & **An introduction to Dual Diagnosis for Mental Health Clinicians**  
*This workshop will introduce participants to the context of Dual Diagnosis in Australia and models of understanding within current intervention approaches. An overview of how drugs affect the human body will be provided as well as exploration of the interactions between mental illness and substance use problems. Participants will also learn about the AOD service system and how it can be accessed. A range of brief interventions will be described.*  
Presenters: Statewide Dual Diagnosis Training Unit  
Venue: Latrobe Regional Hospital  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 18<sup>th</sup> & **ASIST – Two Day Workshop** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 20<sup>th</sup> & **Psychopharmacology** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 21<sup>st</sup> **Introduction to Clinical Risk - Assessment of Suicide**  
*An introduction to the Assessment of Suicide and the issues involved in suicidality.*  
Presenters: Derith Harris & John Julian  
Venue: Dandenong: Community Services Building, Room 42  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)

### May (cont.)

- 28<sup>th</sup> **Allied Health Graduate Program** - for details see program at: <http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

### June

- 1<sup>st</sup> & **Preceptorship** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 2<sup>nd</sup> **Psych triage & brief solution focused intervention training**  
*This new seminar will provide an overview of telephone triage and resource allocation. The second part of the day will consider Brief Solution Focused interventions for people with mental illness. Who should attend? Medical, Allied Health and Nursing staff who are currently being required to make triage decisions or have interest in developing these skills. Case studies using a Brief Solution Focused Intervention Model will be considered.*  
Presenters: Associate Professor Phil Maude (RMIT University / Alfred), Ms Derith Harris (Southern Health) & Mr Alistair Ross (ECATT)  
Venue: Alfred AMREP Seminar Room  
Register: [S.Mackennal@alfred.org.au](mailto:S.Mackennal@alfred.org.au)
- 2<sup>nd</sup> **Leadership Training Program**  
Venue: Monash Medical Centre, Lecture Theatre  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 2<sup>nd</sup> **Autism Spectrum Disorders**  
*Autism spectrum disorders are lifelong developmental disabilities that affect the way a person communicates and relates to people around them. Problems with social interaction, odd and unusual behaviours and high rates of co-morbid mental health problems mean that people with autism spectrum disorders are likely to be seen by mental health services. The workshop will provide an overview of the current evidence on causes, signs and symptoms, screening and diagnosis. It also describes treatment and management approaches and service provision for people with autism spectrum disorders.*  
Presenters: VDDS  
Venue: Latrobe Regional Hospital  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 17<sup>th</sup> & **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Warragul  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 22<sup>nd</sup> & **ASIST – Two Day Workshop** (Materials Cost)  
Venue: Latrobe Regional Hospital - Warragul  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 23<sup>rd</sup> **Treatment for Eating Disorder**  
Presenters: CEEDS  
Venue: Dandenong Seminar Rm 1  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 25<sup>th</sup> **Allied Health Graduate Program** - for details see program at: <http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>
- 30<sup>th</sup> **Challenging behaviour in intellectual disability**  
*Challenging behaviour is a term used to refer to the problem behaviour which may be shown by some people with ID. The aim of intervention is to find out as much as possible about the circumstances in which the behaviour occurs and to suggest ways of preventing the behaviour or ways of responding to it which reduce its frequency. The workshop will describe treatment and management approaches and a review of the current evidence on use of medication.*  
Presenters: VDDS  
Venue: St Vincent's Hospital  
Register: NEVIL Cluster: <http://www.nevil.org.au/>

### July

- 7<sup>th</sup> **Leadership Training Program**  
Venue: Monash University, Caulfield Campus Room H2.20  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 14<sup>th</sup> **An Introduction Mindfulness-based Therapies**  
*In this workshop a background to mindfulness-based therapies will be given and a overview both the group focused and one to one focused therapies currently in general use. This will include an overview of Mindfulness-based Stress Reduction (MBSR) and the related Mindfulness-based Cognitive Therapy (MBCT) group programs, Acceptance and Commitment Therapy and MiCBT. An examination of how CBT works and how mindfulness adds to these techniques will be discussed*  
Presenter: John Julian  
Venue: Alfred  
Register: [debbie.lang@med.monash.edu.au](mailto:debbie.lang@med.monash.edu.au)
- 20<sup>th</sup> **Treatment for Eating Disorder**  
Presenters: CEEDS  
Venue: Frankston  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 21<sup>st</sup> **Intellectual disability and mental health**  
*This workshop will provide a comprehensive overview of some current and historical issues in intellectual disability and mental health. Taking a clinical focus, the workshop will review the assessment, diagnosis and prevalence of intellectual disability. It will also describe the specific syndromes associated with intellectual disability and the implications of behavioural phenotypes.*  
Presenters: VDDS  
Venue: Sandown  
Register: [debbie.lang@med.monash.edu.au](mailto:debbie.lang@med.monash.edu.au)
- 28<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 29<sup>th</sup> **Screening & Assessment of substance use**  
*Mental health services are working with increasing numbers of people who are experiencing both mental health and substance use disorders. This one-day workshop will introduce mental health workers to the issue of screening for substance use disorders within the Victorian context and aligns with the expectations for dual diagnosis service development from DHS. Outcomes of the day include: Explain the rationale for universal screening of clients for substance use; appraise the various screening tools available; implement a screening tool and interpret the outcome; develop clinical pathways for clients and provide brief interventions for clients.*  
Presenter: State-wide Dual Diagnosis Training Unit  
Venue: Frankston Hospital, Clinical Meeting Rm. 1 West  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 30<sup>th</sup> **Allied Health Graduate Program** - for details see program at: <http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

### August

- 3<sup>rd</sup> **2009 Ethics in Mental Health Conference**  
Venue: Monash Uni Lecture Theatre, The Alfred Hospital  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 4<sup>th</sup> **Leadership Training Program**  
Venue: Monash University, Caulfield Campus Room A1:34  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 3<sup>rd</sup> & **ASIST – Two Day Workshop** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 4<sup>th</sup> **Introduction to Clinical Risk - Assessment of Suicide**  
*An introduction to the Assessment of Suicide and the issues involved in suicidality.*  
Presenters: Derith Harris & John Julian  
Venue: Dandenong: Community Services Building, Room 42  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 27<sup>th</sup> **Allied Health Graduate Program** - see website for further details

### September

- 8<sup>th</sup> **Leadership Training Program**  
Venue: Monash Medical Centre, Lecture Theatre 1  
Register: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 3<sup>rd</sup> **Advanced Clinical Risk - Management of Suicide**  
*An introduction to the Assessment of Suicide and the issues involved in suicidality.*  
Presenters: Derith Harris & John Julian  
Venue: Dandenong: Community Services Building, Room 42  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 7<sup>th</sup> **Psych Recovery Seminar**  
Presenter: Derith Harris  
Venue: The Alfred, AMREP Seminar Room 0830 - 1700  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 9<sup>th</sup> & **An Introduction to Dual Diagnosis for Mental Health Clinicians**  
*This workshop considers the context of Dual Diagnosis in Australia and models of understanding within current intervention approaches. An overview of how drugs affect the human body as well as exploration of the interactions between mental illness and substance use problems will be provided. You will learn about the AOD service system and how it can be accessed. A range of brief interventions will be described. The outcomes include the abilities to: describe implications of Dual Diagnosis for consumers, clinicians, and service providers; detail various substances used, their effects and potential harms; identify withdrawal syndromes of various drugs; discuss an integrated treatment approach for Dual Diagnosis; describe the Victorian policy regarding Dual Diagnosis and how this may impact on their service sector.*  
Presenters: Statewide Dual Diagnosis Training Unit  
Venue: (9<sup>th</sup> Sept) Monash University Club - Clayton Campus (map D3 building No 50)  
Venue: (16<sup>th</sup> Sept) Monash Uni - Clayton Campus Birchel Rm. (map E3 building No 68) Performing Arts Building  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 15<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 24<sup>th</sup> **Allied Health Graduate Program** - see website for further details

### October

- 11<sup>th</sup> **Introduction to Clinical Risk - Assessment of Suicide**  
*An introduction to the Assessment of Suicide and the issues involved in suicidality*  
Presenters: Derith Harris & John Julian  
Venue: Dandenong: Community Services Building, Room 42  
Register: Southern Synergy Cluster: [Debbie.Lang@med.monash.edu.au](mailto:Debbie.Lang@med.monash.edu.au)
- 21<sup>st</sup> **Risk Management – Graduate program – other new staff welcome**  
Venue: Southern Health  
Register: [southern.synergy@med.monash.edu.au](mailto:southern.synergy@med.monash.edu.au)
- 27<sup>th</sup> **Personality disorders in people with Intellectual Disability**  
*There is increasing evidence people with an ID can benefit from the same psychiatric interventions used by the general population. This workshop will provide a review of current management approaches that takes into account the impairment(s) associated with ID. This includes management of ID, ethical issues including consent, understanding the service system, the use of medication and psycho-social interventions.*  
Presenter: VDDS  
Venue: Latrobe Regional Hospital, Traralgon  
Register: [southern.synergy@med.monash.edu.au](mailto:southern.synergy@med.monash.edu.au)
- 29<sup>th</sup> **Allied Health Graduate Program** - see website for further details

### November

- 2<sup>nd</sup> **Risk Management:**  
An Introduction to Suicide Assessment and Management with a focus on Aged Mental Health.  
Venue: Dandenong Hospital in Seminar Room 1.  
Catering: Morning & afternoon tea provided. Participants to bring their own lunch or are able to purchase lunch at Zouki's Cafe of nearby shops.  
Register: [southern.synergy@med.monash.edu.au](mailto:southern.synergy@med.monash.edu.au)
- 10<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 26<sup>th</sup> **Allied Health Graduate Program** - see website for further details
- 23<sup>rd</sup> & **Preceptorship** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 24<sup>th</sup> **ASIST – Half Day Tune Up** (Materials Cost)  
Venue: Latrobe Regional Hospital - Traralgon  
Register: [jenkins@lrh.com.au](mailto:jenkins@lrh.com.au)
- 27<sup>th</sup> **Southern Alliance Conference** – focused on physical health

### December

- 1<sup>st</sup> **Challenging Behaviour in Intellectual Disability**  
*Challenging behaviour is a term used to refer to the problem behaviour which may be shown by some people with ID. The aim of intervention is to find out as much as possible about the circumstances in which the behaviour occurs and to suggest ways of preventing the behaviour or ways of responding to it which reduce its frequency. The workshop will describe treatment and management approaches and a review of the current evidence on use of medication.*  
Presenter: VDDS  
Register via the NEVIL Cluster: <http://www.nevil.org.au/>