

Inclusion criteria screening form

1. Are you between 18-75 years of age?

- Yes
- No



If "No" to Question 1 stop here: ineligible

2. Can you speak and read English fluently?

- Yes
- No



If "No" to Question 2 stop here: ineligible

3. In your lifetime, have you ever had 2 weeks or longer when nearly every day you felt sad, empty, or depressed for most of the day?

- Yes
- No

4. In your lifetime, have you ever had 2 weeks or longer when nearly every day you lost interest in most things like work, hobbies, and other things you usually enjoyed?

- Yes
- No



If "No" to Questions 3 and 4 stop here: ineligible

5. In your lifetime, have you had at least 3 different periods like this that lasted 2 weeks or more when you felt depressed / lost interest in things?

- Yes
- No



If "No" to Question 5 (< 3 episodes) stop here: ineligible

6. In between these periods of feeling depressed / having no interest in things, were you feeling OK for at least some of the time (so that you no longer felt depressed / had lost interest in things).

- Yes
- No



If "No" to Question 6 (has not felt ok for at least some of the time) stop here: ineligible.
(Note: Review current treatment for depression)

7. Did the last period of feeling depressed / having no interest in things finish at least 2 weeks ago?

- Yes
- No



If "No" to Question 7 (last period of feeling depressed has not finished) stop here: ineligible. (Note: Review current treatment for depression and reassess eligibility in 6 weeks).

Eligibility will be confirmed by researchers in the initial assessment interview.