

The NEWS!

South East Education & Training News

Date: 23 June 2009

Welcome to The NEWS

What's happening in training and in the South East Education and Training (SEETC) cluster? This newsletter will have three sections:

- [Training News](#) - What training is happening:
 - Local Training
 - Major workshops and courses
 - Fee for Service Training
 - On-line Training – Focus on Trauma and Bushfire Recovery

- [Cluster business](#) –
 - Changes in the cluster – Debbie Lang is now undertaking all Training Calendar organization and work .5 EFT while John is undertaking cluster support , projects and training.
 - Next Cluster meeting 15 July 2009 2.30pm
 - Allied Health Network meeting at 9.30pm on 14 July – special note.

You can also download this PDF (and from this edition a word version will also be available to allow easier access to on-line linkages) and all linkages from our web-page the day after it has been sent out:

<http://www.med.monash.edu.au/spppm/research/southern synergy/workforce.html>

Just some things to note in this edition of The News!:

Page 2-4	Local training opportunities
Page 4	Consultation on the Fourth National Mental Health Plan - Consultation Survey
Page 5	3 rd August - Ethics Conference/Workshop
Page 6	Fee for Service Training: Mindfulness-based Cognitive Therapy (MBCT) Training
Page 8	On-line – Bushfire and Trauma Resources

Coming soon:

- Training for Overseas Trained Psychiatrists: Commencing in August / September – details to be announced.
- ECT Training: Course starting later this year: details to be announced soon.
- Consultation Liaison Psychiatry – a one day workshop – to be announced soon.

3rd August, 2009
Ethics in
Mental Health
Conference

Venue: The Monash Lecture
Theatre at The Alfred

Register:

Debbie.Lang@med.monash.edu.au



Fourth National Mental Health Plan - Consultation Survey

See Page Four – You need to complete the survey by July 3 for your ideas to be considered.

Local Training

June

25th Allied Health Graduate Program - for details see program at:

<http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

30th Challenging behaviour in intellectual disability

Challenging behaviour is a term used to refer to the problem behaviour which may be shown by some people with ID. The aim of intervention is to find out as much as possible about the circumstances in which the behaviour occurs and to suggest ways of preventing the behaviour or ways of responding to it which reduce its frequency. The workshop will describe treatment and management approaches and a review of the current evidence on use of medication.

Presenters: VDDS

Venue: St Vincent's Hospital

Register: NEVIL Cluster: <http://www.nevil.org.au/>

July

7th Leadership Training Program

Venue: Monash University, Caulfield Campus Room H2.20

Register: Debbie.Lang@med.monash.edu.au

14th An Introduction Mindfulness-based Therapies

In this workshop a background to mindfulness-based therapies will be given and a overview both the group focused and one to one focused therapies currently in general use. This will include an overview of Mindfulness-based Stress Reduction (MBSR) and the related Mindfulness-based Cognitive Therapy (MBCT) group programs, Acceptance and Commitment Therapy and MiCBT. An examination of how CBT works and how mindfulness adds to these techniques will be discussed

Presenter: John Julian

Venue: Alfred

Register: Debbie.Lang@med.monash.edu.au

20th Treatment for Eating Disorder

Presenters: CEEDS

Venue: Frankston

Register: Debbie.Lang@med.monash.edu.au

July July (cont'd)

28th ASIST – Half Day Tune Up (Materials Cost)

Venue: Latrobe Regional Hospital - Traralgon

Register: ijenkins@lrh.com.au

29th Screening & Assessment of substance use

Mental health services are working with increasing numbers of people who are experiencing both mental health and substance use disorders. This one-day workshop will introduce mental health workers to the issue of screening for substance use disorders within the Victorian context and aligns with the expectations for dual diagnosis service development from DHS. Outcomes of the day include: Explain the rationale for universal screening of clients for substance use; appraise the various screening tools available; implement a screening tool and interpret the outcome; develop clinical pathways for clients and provide brief interventions for clients.

Presenter: State-wide Dual Diagnosis Training Unit

Venue: Frankston Hospital, Clinical Meeting Rm. 1 West

Register: Southern Synergy Cluster: Debbie.Lang@med.monash.edu.au

30th Allied Health Graduate Program - for details see program at:

<http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

August August

3rd 2009 Ethics in Mental Health Conference

Venue: The Monash Lecture Theatre, The Alfred

Register: Debbie.Lang@med.monash.edu.au

4th Leadership Training Program

Venue: Monash University, Caulfield Campus Room A1:34

Register: Debbie.Lang@med.monash.edu.au

3rd & ASIST – Two Day Workshop (Materials Cost)

4th Venue: Latrobe Regional Hospital - Traralgon

Register: ijenkins@lrh.com.au

August August

12th Introduction to Clinical Risk - Assessment of Suicide

An introduction to the Assessment of Suicide and the issues involved in suicidality.

Presenter: Derith Harris & John Julian

Venue: Dandenong: Community Services Building, Room 42

Register: Southern Synergy Cluster: Debbie.Lang@med.monash.edu.au

27th Allied Health Graduate Program - see website for further details

<http://www.med.monash.edu.au/spppm/research/southernsynergy/alliedhealth.html>

Fourth National Mental Health Plan - Consultation Survey

Fourth National Mental Health Plan: an agenda for collaborative government action in mental health 2009-2014

The Draft Fourth Mental Health Plan (the Plan) has been developed through a comprehensive consultation process. This survey represents the final phase of the national consultation process.

Survey responses will be collected until 5pm EDST on Friday 3 July 2009.

Respondents to the survey can remain anonymous. The responses will inform the final drafting phase for the Plan prior to its submission to the Australian Health Ministers' Conference for consideration. The national plan is in its final stage of development.

The following page will take you to where you can download the plan and participate in the survey.

<http://www.mentalhealth.gov.au/internet/mentalhealth/publishing.nsf/Content/whats-new-lp-1>

SOUTH EAST EDUCATION AND TRAINING CLUSTER
IN CONJUNCTION WITH
THE ALFRED

2009 ETHICS SEMINAR

DATE: MONDAY 3 AUGUST

VENUE: Monash Uni Lecture Theatre, The Alfred Hospital

TIME: 9am

Core Focal Points: Confidentiality and Family Practice

The following topics will be considered during the day:

- What are the issues and likely changes on confidentiality rules and the MHA: Presentation by DHS with Carer and Consumer Perspectives.
- Family Centred Practice and managing complaints – what are the ethical issues? Dr Paul Denborough
- Impact of a parent's mental illness on children and families – what are the important issues for service providers.
- How do we make decisions around the question "When is it good enough to parent?" – what are the primary considerations when the parent has a mental illness.

Consumer and carer input will be provided

Major case study focus during the day

LUNCH: Provided

COST: Nil

Registration: Debbie.lang@med.monash.edu.au

Draft Schedule for the 2009 Ethics Seminar

Chairpeople: Prof's P. Maude and G. Meadows

TIME	DURATION	TOPIC	PRESENTER
8.30am	MLT	Registration & Coffee	
9.00am	10 min	Welcome and overview	Phil Maude
9.10am	45 min	DHS new confidentiality rules around the changes to the MHA	DHS presenter
10.00am	25 min	Consumer perspective around the confidentiality rules and changes to the MHA	VMIAC
10.25am	20 min	Carer perspective around the confidential rules and changes to the MHA	ARAFEMI
10.45am	30 minutes	Break	
11.15am	60 minutes	Family Centred Practice and managing complaints – what are the ethical issues?	Paul Denborough
12.15	15 minutes	Questions from the floor	
12.30 -	45 minutes	Lunch	
1.15pm	30 minutes	Impact of a parent's Mental Illness on children and families – what are the important issues for service providers	Colin Riess
1.45pm	30 minutes	When is it good enough to parent when the parent has a mental illness – what are the primary considerations.	Brendan O'Hanlon
2.15	30 minutes	A Carer Response	Arafemi
2.45	30 minutes	Comment and outline of a new response: The Families where a Parent has a Mental Illness (FaPMI) Strategy	Rose Cuff
3.15pm	15 minute	Break	
3.30pm	50 minutes	Workshop – case studies and panel discussion Panel Members include: Fiona McDermott, Barbara Minto, Colin Riess, Rose Cuff, (Prof. Graham Meadows).	Various
4.20	10 minutes	Closing and Evaluation	John Julian
4.30pm	30 minutes	Drinks	

Please note some events or times may change slightly

Mindfulness-Based Cognitive Therapy (MBCT) Training 2009

Southern Synergy at Monash University is now accepting applications for its MBCT practitioner training program commencing Monday 17 August 2009. The course is convened on a weekly basis for eight weeks followed by an intensive teacher development retreat (total 44 hours).

The eight week program is a variation of the MBCT therapy group but adapted for the training situation. The retreat emphasises personal practice as well as concentrated and closely coached practice in leading meditations, discussions and other aspects of the course.

Participants can attend the eight week program in either Melbourne (in Dandenong) or Adelaide. The retreat is held in Bacchus Marsh, Victoria.

Course details

8 week program

Melbourne: Mondays 7-9 pm, 17 August – 5 October at the Terry Norris Centre, Dandenong Hospital, 93 David St Dandenong.

Adelaide: Tuesdays 5-7pm, 28 July – 15 September, Nada, 1 Mary St, Hindmarsh, Adelaide.

Subject to demand, additional 8-week programs may be run in Melbourne or Adelaide.

Retreat: Thursday evening 12 November to lunchtime Sunday 15 November at the Underbank Stud, Bacchus Marsh, Victoria.

Cost: \$2195 (incl. GST)

For further information, including selection criteria, see:

www.med.monash.edu.au/spppm/research/southern synergy/mbcttraining.html or contact Bernadette O'Grady on 9554 1847 (Melbourne) or

Dr Maura Kenny, maurak@adam.com.au (Adelaide).

To apply, please send an expression of interest which clearly addresses the selection criteria and a 1-2 page CV to: Bernadette.OGrady@med.monash.edu.au

Application closing date: Friday 24 July 2009.





Trauma and Bushfire Recovery

A briefing was held on Tuesday, 3 March, for psychologists and other allied health professionals interested in the Victorian bushfire disaster response. The briefing was presented by members of the APS Disaster Preparedness and Response Reference Group, and other experts in disaster response and psychological recovery. Both audio and reading resource can be downloaded at the following web page:





<http://www.psychology.org.au/bushfire/briefing/>

Downloads



On this site or in the word version of this newsletter at the southern Synergy web page, an audio file of the briefing can be downloaded below in either MP3 or WMA format. If the audio file does not play immediately, right-click on link and select "Save Target As ..." to save file to your computer.

- [Download MP3 file](#) 
- or
- [Download WMA file](#) 

The presentations from the briefing that can be downloaded include:

- **Professor Richard Bryant**, Scientia Professor in the School of Psychology at the University of New South Wales
[View presentation](#) 
- **Professor Mark Creamer**, Director of the Australian Centre for Post-Traumatic Mental Health
[View presentation](#) 
- **Dr Rob Gordon**, Consultant Psychologist to the Victorian Emergency Recovery Plan and to Red Cross
[View presentation](#) 
- **Mr Andrew Coghlan**, National Manager, Emergency Services, Australian Red Cross
[View presentation](#) 

Resources and References

- [Guidelines for provision of psychological support to people affected by the 2009 Victorian bushfires](#) 
- [General reference list](#) 
- McNally, R.J., Bryant, R.A., Ehlers, A. (2003). Does early psychological intervention promote recovery from posttraumatic stress? *Psychological Science in the Public Interest*, 4, 2, 45-79.
[View article](#) 