

The NEWS!

South East Education & Training News

Date: 12 October 2009

Welcome to 'The NEWS!'

What's happening in training and in the South East Education and Training (SEETC) cluster? This newsletter will have three sections:

- [Training News](#) - What training is happening locally - see pages 2
- Nurse Practitioner Candidate Program (NCP) page 3
- Graduate Diploma in Community mental health – see page 4
- On-line training and counselling resources– including the new MHPOD mental training units! Pages 5 & 6
- Workshops and Conferences 7 & 8

You can also download this PDF and all linkages from our web-page the day after it has been sent out.

<http://www.med.monash.edu.au/spppm/research/southernsynergy/workforce.html>

Just some things to note in this edition of The News!:

SAC nursing conference!

This year the SAC is focused on

Physical Health!

27th November

Some local training events coming up soon:

- 21st October Risk Management – Graduate program – other new staff welcome Southern Health venue
- 29th October Allied Health Graduate Program - see website for further details - **new cycle commences.**
- 2nd November Risk Management: An Introduction to Suicide Assessment and Management with a focus on Aged Mental Health.

Out beyond the ideas of right-doing and wrong-doing, there lies a field. I'll meet you there

Victorian Child Psychotherapists Association

presents a one day conference:

Virtual, Real and Inner Lives of Children and Adolescents: Connection or Alienation?

Friday 23rd October 2009
Treacy Conference Centre,
126 The Avenue, Parkville
MELBOURNE

See page 3 for details



News for nurses

The Cluster has approved major grant to develop the Nurse Practitioner Candidate Program (NCP) to be led by Latrobe Regional Hospital.

See Page Three for details

Training News: Local Training**OctoberOctober**

21st Risk Management – Graduate program – other new staff welcome
Southern Health venue

27th Personality disorders in people with Intellectual Disability
There is increasing evidence people with an ID can benefit from the same psychiatric interventions used by the general population. This workshop will provide a review of current management approaches that takes into account the impairment(s) associated with ID. This includes management of ID, ethical issues including consent, understanding the service system, the use of medication and psycho-social interventions.

Presenter: VDDS

Venue: Latrobe Regional Hospital, Traralgon

Register: southern.synergy@med.monash.edu.au

29th Allied Health Graduate Program - see website for further details

NovemberNovember

2nd Risk Management:

An Introduction to Suicide Assessment and Management with a focus on Aged Mental Health.

Venue: Dandenong Hospital in Seminar Room 1. Morning & afternoon tea provided. Participants to bring their own lunch or are able to purchase lunch at Zouki's Cafe or nearby shops.

Register: southern.synergy@med.monash.edu.au

10th ASIST – Half Day Tune Up (Materials Cost)

Venue: Latrobe Regional Hospital - Traralgon **Register:** jjenkins@lrh.com.au

26th Allied Health Graduate Program – see website for further details

23rd & Preceptorship (Materials Cost)

24th Venue: Latrobe Regional Hospital - Traralgon **Register:** jjenkins@lrh.com.au

27th Southern Alliance Conference – focused on physical health.

DecemberDecember

1st Challenging Behaviour in Intellectual Disability

Challenging behaviour is a term used to refer to the problem behaviour which may be shown by some people with ID. The workshop will describe treatment and management approaches and a review of the current evidence on use of medication.

Presenter: VDDS

Register: Register via the NEVIL Cluster: <http://www.nevil.org.au/>

Cluster funds a collaborative project to assist the Nurse Practitioner Candidate Program (NPCP)

The health workforce is a critical concern for the Victorian Government and advanced practice nursing roles such as Nurse Practitioners (NPs) are an important component of building a responsive, skilled and appropriate workforce to meet the needs of the Victorian community. A nurse practitioner is a registered nurse educated and authorised to function autonomously and collaboratively in an advanced and extended clinical role. The title *Nurse Practitioner* is protected, preventing use of the title 'nurse practitioner' by anyone who is not endorsed by the Nurses Board of Victoria as a NP. Similar restrictions apply in other states/territories.

As experience to date show that a collaborative approach can assist individual sites and contribute to the success of NP implementation by creating a network to share knowledge and experiences that impact on the implementation of NP services, the Cluster was delighted to have this opportunity to assist this program.

The Nurse Practitioner Candidate Program (NPCP) is designed to support senior and experienced nurses to develop and enhance their skills and competencies at an advanced level to enable endorsement as a Mental Health Nurse Practitioner by the Nurses Board of Victoria. The nurse practitioner role is at the apex of clinical nursing practice and extends current practice. The role is an advanced nursing role with a strong foundation in knowledge, skills and competencies.

The Mental Health Nurse Practitioner is a Registered Nurse authorised to practice as a Nurse Practitioner by the Nurses Board of Victoria. The Mental Health Nurse Practitioner has an extended scope of practice in the categories of therapeutic medication management, referral to specialists, initiation of diagnostic tests and procedures, admitting rights to health care agencies and issuing of leave of absence certificates. The Mental Health Nurse Practitioner collaborates with medical, nursing and allied health clinicians, consumers and carers, primary care providers, health services and psychiatric rehabilitation support services in the provision of advanced care of persons with a serious mental illness.

The Mental Health Nurse Practitioner practices at an advanced level in the delivery of psychiatric nursing interventions and demonstrates skill in:

- advanced clinical assessment and treatment approaches
- management
- leadership
- education and teaching
- research
- counselling
- quality improvement
- advocacy
- health care policy
- Professional network development.

The cluster has provided funding for a three phase project to design a common program across its four area mental health services. Watch this space for more details.

If you want to learn more about this program and its background you can check details at:

<http://www.health.vic.gov.au/nursing/furthering/practitioner>

Other projects that received funding included the development of Mental Health Promotion program (Lead agency Peninsula Health), the development and management of some specialist workshops for experienced staff (Lead Agency: Alfred), seed funding to explore and develop advanced simulations for use in training (Lead agency: Southern Health), a review of the Psycho-Pharmacology Training Resources that were developed two years ago (Lead agency: Peninsula), assistance with a psycho-pharmacology Conference for Allied Health staff (Lead Agency: Allied Health Network) . Allied Health disciplines also continue to receive their specific PD funding and Community Nurses have received \$2000 for PD activities as well.

GRADUATE DIPLOMA IN MENTAL HEALTH SCIENCES COMMUNITY MENTAL HEALTH

Are you interested in expanding your knowledge and skills in community mental health practice?

This course is designed to develop skills and knowledge in contemporary community mental health practice. Taught by experienced clinicians, the course is offered on a part-time basis over two years and is delivered through the off-campus learning mode (distance education).

The study of single subjects is also possible.

Entry is open to graduates of social work, occupational therapy, psychology, medicine, psychiatry, nursing and similar disciplines with relevant experience in a mental health setting.

Please contact: John Julian on Ph: ☎ (03) 9554 1582 or at john.julian@med.monash.edu.au

Please see our website for details at:

<http://www.med.monash.edu.au/spppm/pgrad/gdcmh.html>

or contact:

Course Administration on Ph: ☎ 03 9594 1478 or

John Julian on Ph: ☎ 03 9554 1582 or

Email: gdcmh@med.monash.edu.au

Applications for entry at Semester 1, 2010, close on 30 November, 2009. Late applications may be considered subject to available places.

The cost of the course is approximately \$1,530 per unit or for the whole course, \$12,210 (for Australian and New Zealand residents). Fees may be subject to change.

The Australian government FEE-HELP higher education loans scheme provides income-contingent loans to eligible students who are Australian residents. Details are available on <http://www.adm.monash.edu.au/enrolments/fee-help/> or contact the student administration office at Monash University on

Course Content

In Year One of the course the following four core units will be taken: Clinical Practice Essentials, The Context for Mental Health Practice, Concepts in Mental Health and Illness, Issues for Mental Health Practice. In Year Two, four electives are taken from a choice of the following units: Advanced Psychological Interventions, Mental Health of the Elderly, Perspectives in Developmental Mental Health (child and adolescent), Dual Disabilities (drug & alcohol; intellectual disability combined with mental illness), Trans-cultural Mental

Admission forms and procedures can be found on:

<http://www.med.monash.edu.au/spppm/pgrad/gdcmh.html>

On-line Resources

NEW! MHPOD – the new National on-line training system can now be tasted!

Welcome to MHPOD: Mental Health Professional Online Development

MHPOD is a new learning resource being developed for people working in mental health. Based on the national practice standards for mental health, it draws on the evidence base for mental health care and contemporary practice wisdom. Aims include supporting the mental health workforce, and improving access to evidence-based educational programs. Clinicians, consumers, carers and educators across the country have contributed to MHPOD, and we hope that you will find it useful. MHPOD will become fully available in the second quarter 2010. In the meantime, please sample the available topics and provide us with your feedback.

Three units in MHPOD have been released as samplers are available at:

<http://www.mhpod.gov.au/>

From here you can click TRY A SAMPLE along the top line and you will be able to access the following 3 units:

- **International and National Mental Health Policy**
This topic introduces these frameworks and shows their impact on our everyday practice. Australia's recognition of the rights of people with mental illness and the shift this has caused in policy, services and individual care is one key example.
- **Outcome measures**
This topic considers the theoretical foundations, policy requirements, and practical implications of outcome measures for mental healthcare practitioners. It examines their evolution, the implications for service provision, and their strengths and weaknesses.
- **The broad impact of mental illness and the need for partnership**
This topic explores ways to conceptualise the impact of mental illness, international classifications, the socio-economic impact and DALYs. It looks at the impact of mental illness across a person's life, and some useful interventions.

The Orientation to Mental Health package is also still available on the Southern Synergy website at:

<http://med.monash.edu.au/spppm/research/southernsynergy/mapcd/>

Allied Health

A range of on-line and audio-visual link-up educational sessions are available for allied health through Continuing Professional Development for Allied Health staff on the following webpage:

<http://vic.cpdforalliedhealth.org/>

Brain Science

The [*Brain Science Podcast*](#) is enjoyed by a worldwide audience. There are several ways that you can interact with our community. The best place to post comments and share ideas is on the [*Brain Science Podcast Discussion Forum*](#) at <http://brainscienceforum.com>. This is a great place to meet other listeners and you can share links, including links to your own website.

The site is run by Dr. Campbell who is an experienced emergency physician with a long-standing interest in mind-body medicine, the brain, and consciousness. In this podcast she shares recent discoveries from the world of neuroscience in a way that people of all backgrounds can enjoy. Dr. Campbell believes that understanding how the brain works gives us insight into what makes us human. She is also committed to showing how the scientific method has unravelled many long-standing mysteries.

The site can be found at:

<http://docartemis.com/brainsciencepodcast/>

The current feature, [*Episode 62 of the Brain Science Podcast*](#), is an interview with Warren Brown, PhD, co-author (with Nancey Murphy) of [*Did My Neurons Make Me Do It?: Philosophical and Neurobiological Perspectives on Moral Responsibility and Free Will*](#). This book was discussed in detail back in [*Episode 53*](#), but this interview gave me a chance to discuss some of the book's key ideas with Dr. Brown. We focused on why a non-reductive approach is needed in order to formulate ideas about moral responsibility that are consistent with our current neurobiological understanding of the mind.

Psych-visual

This site has growing variety of resources including audio visual lectures. It costs about \$US10 per month although there are free resources available on some of the pages. One would need to carefully check the evidence base for the items offered. Some of the topics offered

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|---|--|
| <ul style="list-style-type: none"> • Practice of Psychotherapy • The Conversational Model • Dialectical Behaviour Therapy • Psychoanalysis • Advances in Neuroscience • Phenomenology • Appreciative Inquiry • Dreaming | <ul style="list-style-type: none"> • Art Therapy • Mindfulness • Child and Adolescent • Existential Therapy • Refugee Trauma • Cross-Cultural Approaches • Religion and Spirituality • Philosophy and the mind |
|---|--|

The site is at:

http://www.psychevisual.com/lecture_summary.html?lecture_summary=34

Innovative Resources'

This organization (Auspice is St Luke's Bendigo) Has a fabulous range of therapeutic card sets, books and stickers are used by human service professionals in myriad roles and cultures. These are a brilliant and innovative way to raise discussion with people and can be used in one to one therapy or in groups. All our published materials promote optimism and reflect St. Luke's motto: Respect, Hope, Fairness. See the webpage and get the current newsletter at:

<http://www.innovativeresources.org/default.asp?InitialContentID=20548>

Victorian Child Psychotherapists Association presents a one day conference

**Virtual, Real and Inner Lives of Children and Adolescents:
Connection or Alienation?**

**Friday 23rd October 2009
Treacy Conference Centre,
126 The Avenue, Parkville
MELBOURNE**

The Educator's Perspective - Greg Gebhart

The Adolescent's Perspective - Tom Wood

Panel Response and Open Discussion

The Therapist's Perspective - Jim Lees

Clinical Presentation - Paper by Anne Jeffs

Clinical Presentation - Paper by Kirsten Williams (MCP)

The Parent's Perspective - Robyn Treyvaud

Panel Response and Open Discussion

Cost and Registration

Early Bird Registration - Registration s post 30th June 2009 \$200.00

Trainee Child Psychotherapists \$180.00

Registration form and conference details available on www.vcpa.org.au



17th Annual John Cade Public Lecture November 10, 2009

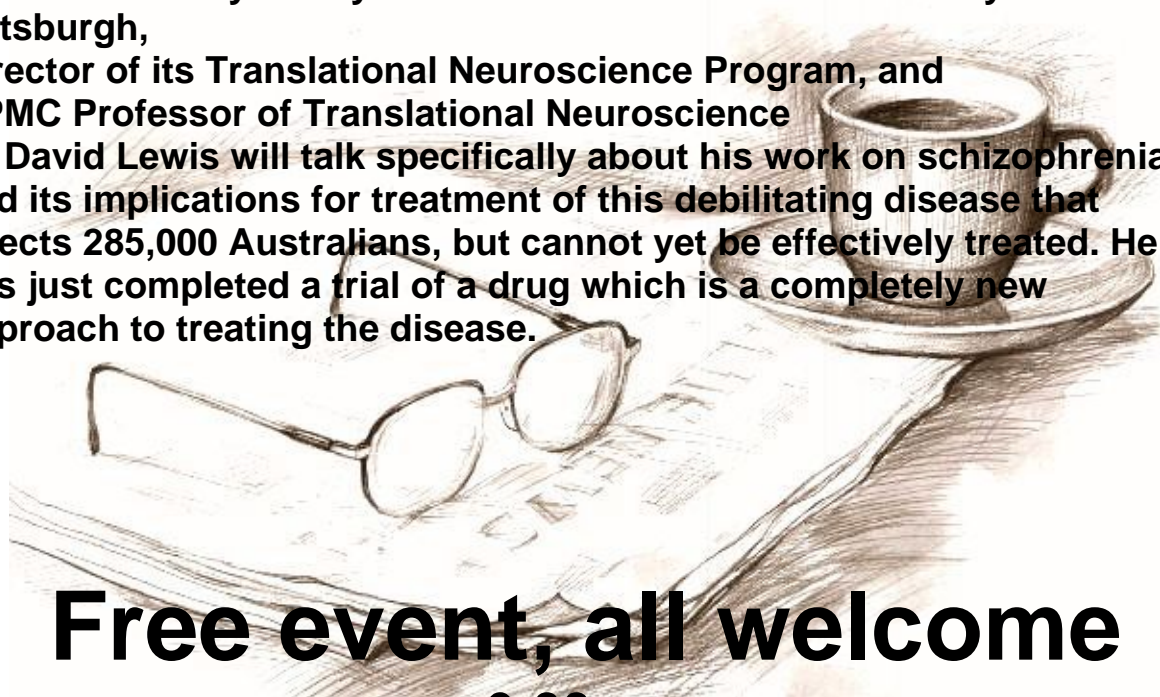
“Translating an Understanding of Human Brain Function into New Drug Treatments for Schizophrenia”

Presented by the
**2009 Kearney Visiting Professor
David Lewis MD**

Professor of Psychiatry and Neuroscience at the University of Pittsburgh,

Director of its Translational Neuroscience Program, and
UPMC Professor of Translational Neuroscience

Dr David Lewis will talk specifically about his work on schizophrenia, and its implications for treatment of this debilitating disease that affects 285,000 Australians, but cannot yet be effectively treated. He has just completed a trial of a drug which is a completely new approach to treating the disease.



Free event, all welcome

6:00pm,

Tuesday November 10

Carrillo-Gantner Theatre,

The Sidney Myer Asia Centre,

Cnr. Swanston Street and Monash Street,

The University of Melbourne

Registration required to:

Babita Narayan at: b.narayan@mhri.edu.au

(03) 9389 2911