

The NEWS!

South East Education & Training News

Date: 12 March 2009

Welcome to The NEWS

What's happening in training and in the South East Education and Training (SEETC) cluster? This newsletter will have three sections:

- [Training News](#) - What training is happening
- [Cluster business](#)
 - Cluster Meeting – 2pm 19 March, 2009
 - Full Day Allied Health Network meeting on Tuesday 5 May to consider psychopharmacology and allied health perspectives
- Items of Interest
 - Other educational news

Check out the web page for the cluster at:

<http://www.med.monash.edu.au/spppm/research/southern synergy/workforce.html>

Just some things to note in this edition of The News!:

24 March	Introduction to Eating Disorders: The Alfred, AMREP Class room 4
26 March	Allied Health Graduate Program: Caulfield Campus Monash University
31 March	Treatment and management of Mental Health needs in people with Intellectual Disability: Frankston / Peninsula Health
7 April	Leadership Program Commences
24 April	Collaboration Mini-Conference

TheMHS 2009 Annual Conference. September 1-4. Perth.

See Page Five

**Collaboration Program and Leadership Awards Summary
Submission - Page Four**

Collaboration Awards Submission Deadlines(Extended)

7 April 2009

Win up to \$2000 grant for your unit for educational activities, win a personal leadership award of \$500 for personal education.

Nominate for Collaboration leadership initiatives.

For applications contact Debbie Lang at: Debbie.Lang@med.monash.edu.au

For details discuss with John Julian.

At the same time you can submit a brief to the TheMHS Conference at:

<http://www.themhs.org/09-annual-conference/abstract-submission>

Training News: Local Training

MarchMarch

Bookings: John.Julian@med.monash.edu.au

18th ASIST – Half Day Tune Up (Materials Cost)
Venue: Latrobe Regional Hospital - Traralgon
Register: jjenkins@lrh.com.au

24th Introduction to Eating Disorders

This provides a comprehensive introduction to eating disorders for mental health clinicians. It assumes no earlier training in the field. Outcomes include: Increased understanding of eating disorder diagnosis and diagnostic issues, epidemiology and causal factors; Increased ability in the comprehensive assessment of eating disorders; increased familiarity with commonly used assessment tools, eating disorder formulation, best practice recommendations; and increased understanding of case management in eating disorders.

Presenters: Victorian Centre of Excellence in Eating Disorders

Venue: The Alfred, AMREP Class room 4

Register: Southern Synergy Cluster: Debbie.Lang@med.monash.edu.au

26th Allied Health Graduate Program –
Psychopharmacology (Day One of a two day program for non-administrators)

For details see program at:

<http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

30th ASIST – Two Day Workshop (Materials Cost)
& **Venue:** Latrobe Regional Hospital - Traralgon

31st **Register:** jjenkins@lrh.com.au

31st Treatment and management of Mental Health needs in people with Intellectual Disability

People with ID often struggle to gain access to appropriate interventions to address their mental health needs. There is increasing evidence people with an ID can benefit from the same psychiatric interventions used by the general population. This workshop will provide a review of current management approaches that takes into account the impairment(s) associated with ID. This includes management of ID, ethical issues including consent, understanding the service system, the use of medication and psycho-social interventions.

Presenters: VDDS

Venue: Frankston / Peninsula Health

Register: Southern Synergy Cluster: Debbie.Lang@med.monash.edu.au

Orientation Kit

Are you new to Mental Health? You can get a free Orientation kit from your supervisor.

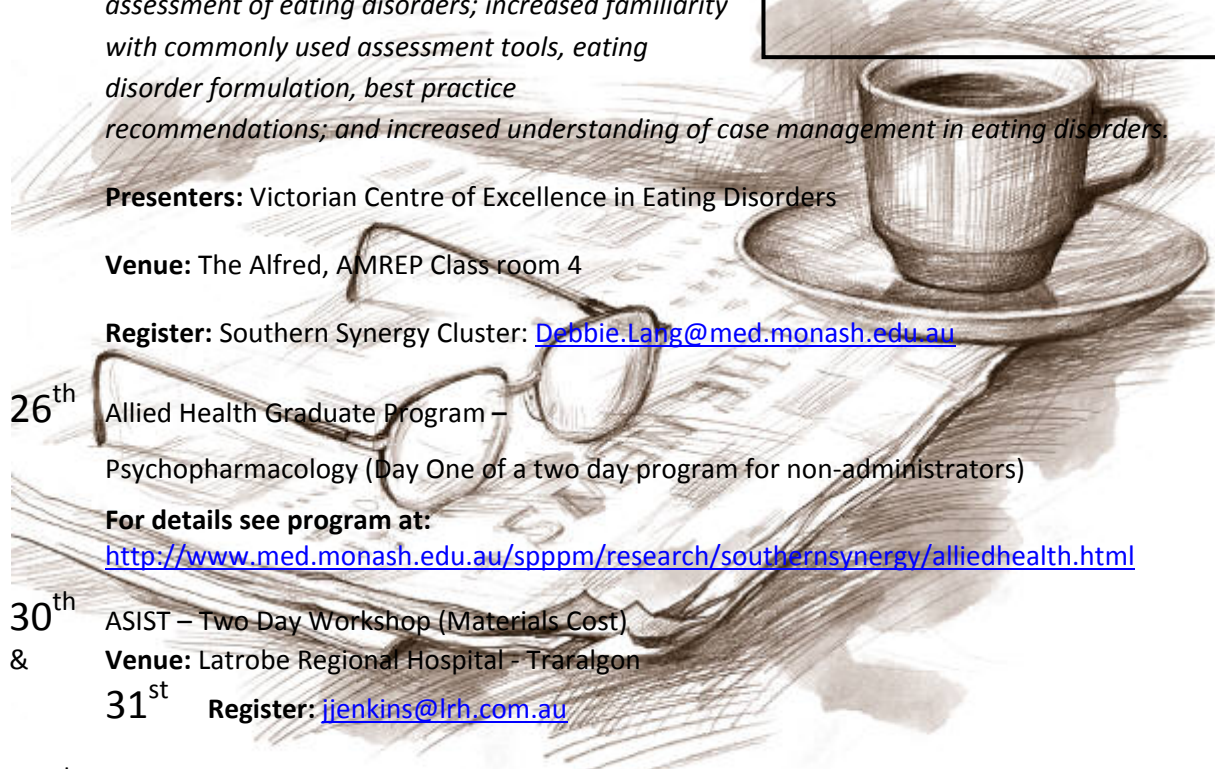
The Orientation kit includes:

- A guide to mental health with a multi-media DVD
- A guide to the Mental Health Act

The kit also includes a spot check on suicide assessment skills for your supervisor to check your need for training in this area.

Supervisors can get copies available from Debbie at:

Debbie.Lang@med.monash.edu.au



AprilApril

7th Leadership Training Program: Apply to John Julian – application forms on last edition of 'The News!'

Venue: The Drum Theatre, Dandenong

Register: Debbie.Lang@med.monash.edu.au

24th Collaboration Mini-Conference

Venue: Dandenong Adult Mental Health, Terry Norris Centre

28th Understanding and Treating People with a Diagnosis of Borderline Personality Disorder

Presenters: Deb Dick & Julian Browne

Venue: TBC (MMC or SH)

Register: Southern Synergy Cluster: Debbie.Lang@med.monash.edu.au

30th Allied Health Graduate Program - for details see program at:

<http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

MayMay

5th Leadership Training Program

6th ASIST – Half Day Tune Up (Materials Cost)

Venue: Latrobe Regional Hospital - Traralgon **Register:** ijenkins@lrh.com.au

6th & 13th An introduction to Dual Diagnosis for Mental Health Clinicians

This workshop will introduce participants to the context of Dual Diagnosis in Australia and models of understanding within current intervention approaches. An overview of how drugs affect the human body will be provided as well as exploration of the interactions between mental illness and substance use problems. Participants will also learn about the AOD service system and how it can be accessed. A range of brief interventions will be described.

Presenters: State-wide Dual Diagnosis Training Unit

Venue: Latrobe Regional Hospital

Register: Debbie.Lang@med.monash.edu.au

13th Introduction to Clinical Risk - Assessment of Suicide

An introduction to the Assessment of Suicide and the issues involved in suicidality.

Presenters: Derith Harris & John Julian

Venue: Dandenong: Community Services Building, Room 42

Register: Debbie.Lang@med.monash.edu.au

Other Education and Training Matters

Best Practice in Mental Health Services Collaboration in Mental Health

To be presented and winners announced at a mini conference on Thursday 23 April 2009

Mental health agencies are invited to present their examples in best practice in collaboration. The awards have educational grants attached that can be used to provide education. The examples of best practice presented for awards will be published in a conference proceedings and used to highlight issues in a training package to be developed on Mental Health Collaboration.

The Award Categories

1. Service awards - examples from discrete mental health units (ie a CCT, ward, etc)

All submitting agencies and individuals will need to present at the mini conference with a PowerPoint presentation. All agencies will need to present with at least one of their collaborating partners.

Award Prizes:

Service Awards

First Prize: \$2000 for an educational activity or purchase of educational resources for that unit;
Second Prize: \$1000 for an educational activity or purchase of educational resources for that unit;
Third and
Fourth Prize: \$500 each for an educational activity or purchase of educational resources for that unit.

Leadership awards - nomination of individuals for specific projects they have managed or delivered. The person can be nominated by other staff or agencies

There will be one award of \$500 and three awards of \$250 each for people selected by the assessors in recognition for their leadership contribution to enhancing collaboration. The funds are to be used by the successful individuals for their own educational / professional development activity or purchase of educational resources.

Grant forms and details are available from:

SouthernSynergy@med.monash.edu.au or John.Julian@med.monash.edu.au

Telephone 9554 1582

Abstract Submission Deadline Extended - now closing March 19

TheMHS 2009 Annual Conference. September 1-4. Perth.

◆ You. Your Family. Your Community. Your Mental Health. The Path Ahead ◆

SUBMIT YOUR ABSTRACT ONLINE BEFORE MARCH 19 at:

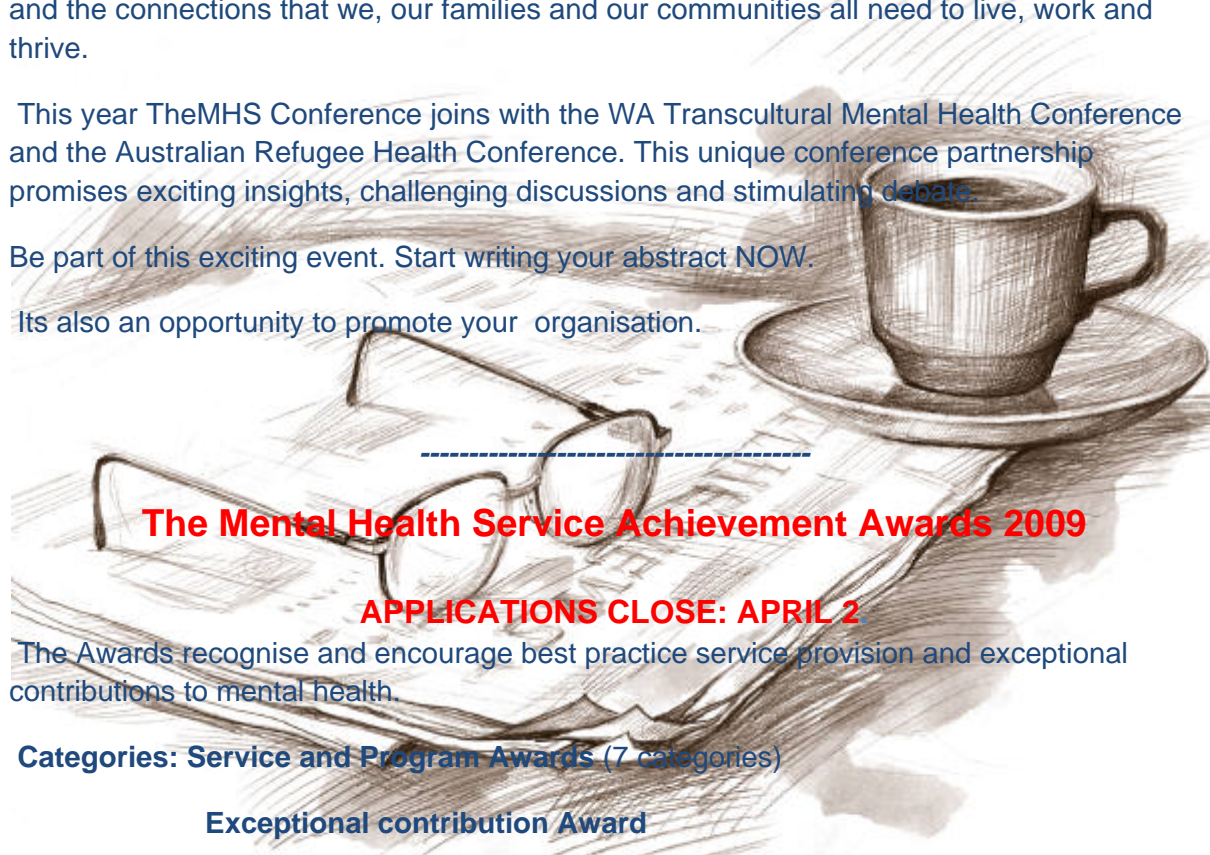
<http://www.themhs.org/09-annual-conference/abstract-submission>

Demonstrate how you are exploring the links between community, culture and mental health and the connections that we, our families and our communities all need to live, work and thrive.

This year TheMHS Conference joins with the WA Transcultural Mental Health Conference and the Australian Refugee Health Conference. This unique conference partnership promises exciting insights, challenging discussions and stimulating debate.

Be part of this exciting event. Start writing your abstract NOW.

Its also an opportunity to promote your organisation.



The Mental Health Service Achievement Awards 2009

APPLICATIONS CLOSE: APRIL 2

The Awards recognise and encourage best practice service provision and exceptional contributions to mental health.

Categories: Service and Program Awards (7 categories)

Exceptional contribution Award

The Mental Health Media Achievement Awards 2009

APPLICATIONS CLOSE: APRIL 30

These awards acknowledge positive, sensitive and accurate media coverage of mental health.

Three Categories: Print:

Broadcast:

Special media Award:

SOON: Seriously Optimistic Online News a:

<http://www.innovativeresources.org/soon/volume29.html>

In this edition of SOON (from the NGO, St Luke's Innovative Resources), Volume 29, was the special theme about narrative that designed to coincide with the inaugural [Words and Stories Conference](#), hosted by Innovative Resources in Bendigo from 6 - 8 April 2009. You'll read about some of the ways in which storytelling and creative writing are being used in social work and counselling practice. Bette Phillips explains how [the right metaphor](#) can signpost our journey to understanding, and living with, grief. We explore how [storytelling revealed an unexpected connection](#) between a case manager and their client.

The EC Dax Art Collection at:

<http://www.daxcollection.org.au/>

Two new art collections will be shown from the 9 April.



David Rellim *Shadowed Sorrow* 2007-8. Oil on canvas 76.2 x 76.2 cm

[Beyond the Three Trees](#)

Opening 9 April 2009
Cunningham Dax Collection

[Healing Childhood Trauma](#)

Opening 9 April 2009
Cunningham Dax Collection

Article Review: Transference interpretations – do they help

Little work has been carried out in the evidence base on some of our historical tenets of counselling and psychotherapy such as transference. In this report researchers demonstrate gains in psychological functioning with robust follow up periods where transference interpretations have been used compared to a control group.

Hoglund, P et al Transference interpretations in dynamic psychotherapy: Do they really yield sustained effects? *Am J Psychiatry* 2008 Jun 165:763