

The NEWS!

South East Education & Training News

Date: 05 October 2008

Welcome to The NEWS!

What's happening in training and in the South East Education and Training (SEETC) cluster? This newsletter will have three sections:

- [Training News](#) - What training is happening
- [Cluster business](#) –
 - Cluster meeting – the next meeting will be on 16 October 2008 – see page 8 for a summary of what has been funded in the next year.
- [Experimental Training News](#)
What things is Edukator learning or thinking about?
- Featured in this edition of The News: Graduate Diploma in Mental Health Sciences - Community Mental Health - see page four

You can also download this PDF and all linkages from our web-page the day after it has been sent out: <http://www.med.monash.edu.au/spppm/research/southern synergy/workforce.html>

Just some things to note in this edition of The News!:


16 October	Screening for Alcohol and Other Drugs	3
11 November	Dual disability at Southern Health	3
25 November	Advanced Suicide Management and Treatment at LRH	3
Enrolments NOW Open	Graduate Courses in 2009	4
27 & 28 November	Eating Disorders	5
5 December	Nurses Open Up! SAC Conference "Gender is not a Dirty Word"	7
	Launch Of the Cluster funded Gender Sensitivity Education Training Pack	

The South East Education and Training Cluster Budget

has NEWS for:

- CAMHS COMMUNITY NURSES
- ADULT COMMUNITY NURSES
- Experienced mental health workers who would like to share their knowledge and/or skills – run a workshop and get rewards!
- Allied health!
- Aged Care

See page 8



Other interesting bites in "The NEWS!":

- New Book: Treating Violence see book review on page 7.

Full contents on Page Two

Allied Health Graduate and New Staff course -
This course is open for bookings now!
Contact:
john.julian@med.monash.edu.au
for details.

There are still vacancies in this session held at the accessible Monash Uni location

Contents

Welcome to The NEWS	1
Contents	2
Orientation to Mental health	2
Training News: <i>Local Training</i>	3
October October	3
NovemberNovember.....	3
Screening and Assessment for AOD	3
Other Training News	
Graduate Diplomas	4
Graduate Diploma in Mental Health Sciences – Community Mental Health	4
The Graduate Certificate/Diploma in Forensic Behavioural Science.....	4
Eating Disorders	5
Working with Adults Experiencing Eating Disorders	5
Clinical Risk: Management of Aggression – Each AMHS service has its own Clinical Risk.....	5
Introductory Course in Narrative Therapy.....	6
Fighting Fair: Mediation & Conflict Resolution Training: <i>13 and 14 November</i>	6
Other Education and Training Matters	6
Notice to all Social Workers	6
EPPIC training calendar	6
Allied Health – Discipline Specific days.....	6
Book Review: <i>Treating Violence: A Guide to Risk Management in Mental Health</i>	7
SAC Conference – Launch of the Cluster funded Gender Sensitivity Education Training Pack	7
South East Education and Training Cluster: Budget News.....	8
Experimental Training News	9

Orientation to Mental health

A kit, consisting of booklets, specific tasks for presentation in supervision and a suicide competency assessment, CD titled “Orientation to Mental Health and a summary of the Mental Health Act with FAQ’s, is now available for all new staff members.

These can be ordered through Debbie Lang at: Debbie.Lang@med.monash.edu.au

Training News: Local Training

October October

16th 9.00am – 11.00am

Overview of the Mental Health System in Victoria:

John Julian

This two hour talk will overview the mental health service system in Victoria and how health and welfare services developed in Victoria and why their structure is different from many other parts of Australia. This is suitable for new graduates, staff new to mental health and registrars.

Venue: Dandenong AMHS Bookings:

Debbie.Lang@med.monash.edu.au

ALCOHOL AND OTHER DRUGS DUAL DIAGNOSIS

Screening and Assessment for AOD

Training presented by the State-wide Dual
Diagnosis Training Unit

Thursday 16/10/08 -

Venue - Monash University Caulfield Campus
Clayfield A134 in Building A ground floor.

Bookings:

Debbie.Lang@med.monash.edu.au

16th

Screening and Assessment for AOD

Monash University Caulfield Campus Clayfield A134 in Building A ground floor. Training presented by the State-wide Dual Diagnosis Training Unit

23rd & 24th

Appplied Suicide Intervention Skills Training (ASIST) (LATROBE REGIONAL HOSPITAL). Contact: Sue Lampitt at 03)51280052 or at: slampitt@lrh.com.au

30th

Allied Health Graduate and New Staff program (Monash University Caulfield Campus). The program for this course can be downloaded from:

<http://www.med.monash.edu.au/spppm/research/southern synergy/alliedhealth.html>

November November

11th

Dual Disability: *This workshop covers all the bases of mental illness in people with intellectual disability by examining and reviewing the systemic issues as well as difficulties in assessment and management (Dandenong).*

25th

Advanced Suicide Management and Treatment for Clinicians using a CBT /

Acceptance and Commitment Framework. This will have a lecture and workshop format to allow discussion. Presented by John Julian at LRH: Bookings: Sue Lampitt on 51280052

slampitt@lrh.com.au

27th

Allied Health Graduate and New Staff program (Monash University Caulfield campus). Contact: John.Julian@med.monash.edu.au

Graduate Diplomas

School of Psychology, Psychiatry and Psychological Medicine Discipline of Psychological Medicine

GRADUATE DIPLOMA IN MENTAL HEALTH SCIENCES - COMMUNITY MENTAL HEALTH

Are you interested in expanding your knowledge and skills in community mental health practice?

This course is designed to develop skills and knowledge in contemporary community mental health practice. Taught by experienced clinicians, the course is offered on a part-time basis over two years and is delivered through the off-campus learning mode (distance education).

The study of single subjects is also possible.

Entry is open to graduates of nursing, social work, psychology, medicine, psychiatry, occupational therapy and similar disciplines or occupations with relevant experience in a mental health setting.

Please contact John Julian on 03 9554 1590 or at john.julian@med.monash.edu.au

Please see our website for details at:

<http://www.med.monash.edu.au/spppm/pgrad/gdcmh.html> or contact :

Course Administration on Ph 03 9594 1478 or John Julian on Ph 03 9554 1590 or

Email: graddipcmh@med.monash.edu.au

Applications for entry at Semester 1, 2009, close on 15 December, 2008. Late applications will be considered subject to available places.

The cost of the course is \$11,180 (for Australian and New Zealand residents). The Australian government FEE-HELP higher education loans scheme provides income-contingent loans to eligible students who are Australian residents. Details are available on <http://www.goingtouni.gov.au/> or contact the student administration office at Monash University on 03 9902 6000.

The Graduate Certificate/Diploma in Forensic Behavioural Science

The Graduate Certificate/Diploma in Forensic Behavioural Science at Monash is now open to applications for study in 2009. The course is designed with the needs of general mental health staff in mind and is mainly taught via distance education. It covers a range of topics including: risk assessment and management; problem behaviours; interface with the courts; and personality disorders. The Graduate Program in Forensic Behavioural Science will open again to applications in October 2008. See <http://www.med.monash.edu.au/spppm/pgrad/fbs-dip.html> for details.

Course Content

In Year One of the course the following core units will be taken: Clinical Practice Essentials, The Context for Mental Health Practice, Concepts in Mental Health and Illness, Issues for Mental Health Practice. In Year Two, four electives are taken from a choice of the following units: Advanced Psychological Interventions, Mental Health of the Elderly, Perspectives in Developmental Mental Health (child and adolescent), Dual Disabilities (drug & alcohol; intellectual disability combined with mental illness), Trans-cultural Mental Health, Mental Health in Rural Settings, and Primary Mental Health Practice.

Eating Disorders

Working with Adults Experiencing Eating Disorders

Presented by: **Professor Janet Treasure**, Director, Eating Disorders Unit, South London Maudsley Hospital NHS Trust, Professor of Psychiatry, Guys, Kings & St Thomas Medical School, London.

Thursday 27 & Friday 28, November 2008

NB: The workshops may be applied for as separate single days or as a two day workshop.
Registrations close: **7 November 2008 (Workshop places will be confirmed on receipt of payment)**

Target Audience: Public mental health clinicians working with adults experiencing eating disorders.

Venue: The Treacy Centre

126 The Avenue, PARKVILLE Vic 3050

Cost: \$500.00 for both days, or \$250.00 for 1day (inc. GST)

Enquiries: michelle.roberton@mh.org.au

Professor Treasure is based at the South London Maudsley Hospital NHS Trust, a leading centre of training in and clinical management of eating disorders. Professor Treasure has specialised in the treatment of eating disorders for over 24 years. She was chairman of the Physical treatment section of the UK NICE guideline committee.

She has been active in research over this time, and has over 140 peer reviewed papers. In 2004 she was awarded the Academy for Eating Disorders (AED) Leadership Award in Research. In 2007 she was awarded an Eating Disorders National Award by B-eat (the UK self help and carer organisation). Professor Treasure has expertise in research into the biological and psychological aspects of eating disorders, including personality factors, psychosocial risk, neuropsychology, neuro-imaging and molecular genetics.

Professor Treasure has edited texts on eating disorders and women's issues and she has authored three self help books: on bulimia nervosa, on anorexia nervosa and a skills-based manual for carers.

You can download registration page at:

<http://www.med.monash.edu.au/spppm/research/southernsynergy/clusternews.html>

Clinical Risk: Management of Aggression - Each AMHS service has its own Clinical Risk - Management of Aggression Program. For details please contact the following trainers in your AMHS:

Southern Health:	Derith Harris
The Alfred:	Ree Clinton
Latrobe Regional Hospital	Susanne Lampitt
Peninsula Psychiatric Services	Jakqui Barnfield

Introductory Course in Narrative Therapy

Fighting Fair: Mediation & Conflict Resolution Training: 13 and 14 November

This interactive and stimulating 2 day course will assist professionals to explore conflict and impart the essential principles and process of mediation. The structured 5-step mediation model and specific conflict resolution skills will be presented and practiced. The course can be utilised in many different areas of conflict e.g. client work, workplace disputes and interpersonal conflict. Endorsed by the Australian Association of Social Workers (AASW) and the Australian Psychological Society (APS). It attracts **24 CPE** points through the AASW and 14 Generalist PD points through the APS.

For further details see attached flyer or logon to: www.fightingfair.com.au

Other Education and Training Matters

Allied Health – Discipline Specific days.

Allied Health have their own discipline specific days funded through the cluster. These occur each year and vary in topic according to the needs of the different disciplines. Contact John.Julian@med.monash.edu.au to be forwarded on to your local senior allied health or psychology staff.

Notice to all Social Workers

A suggestion has been received that the next social work discipline day be on the following topic:

"BEST PRACTICE MODELS FOR WORKING WITH CLIENTS AGED 16 -25 WITH COMPLEX NEEDS (ACCOMMODATION, ALCOHOL AND DRUGS, FAMILY CONFLICT AND MENTAL ILLNESS"

Can you contact: John Julian on john.julian@med.monashu.edu.au or Hanna Jewell on HJewell@phcn.vic.gov.au or Jeanette Wentzel on Jeanette.Wentzel@southernhealth.org.au to express your views.

EPPIC training calendar

You can download the EPPIC training calendar at:
<http://www.orygen.org/docs/EDUCATION/ORYGENcalendar2008.pdf>

Book Review:**Treating Violence: A Guide to Risk Management in Mental Health**

by [Anthony Maden](#), [Tony Maden](#) Oxford University Press, USA
2007

Treating Violence is an English publication that deals with the problem of violence towards others by people with a mental illness. Over the last 20 years the issue of violence by people with a mental illness has often been a dominating concern in services, and at times the debate has been pronounced in setting priorities for professional education. Scientific studies have established beyond reasonable doubt that mental disorders lead to violence in a minority of sufferers. Nevertheless terminal violence towards one self or to others will bring the media spotlight to bear on the both the real and imagined failings of mental health services and in turn, this brings pressure onto mental health services. Consequently, many mental health services have had violence risk assessment thrust upon them by concerned and worried managers and politicians. At times clinicians feel they are faced with a bewildering range of risk scales and forms. Clinicians can also feel particularly vulnerable to criticism when things go wrong. This book potentially provides one way out of the confusion. This book summarizes the evidence, provided a considerate and critical review risk assessment methods, and presents a strong case for improving management through structured clinical assessment.

In this sometimes controversial account, standardized risk assessment is discussed in a critical, everyday understandable way. A strong reminder is given that nobody can predict the future. There is advice for clinicians on when and how to use standardized assessment, along with a strong defence of clinical methods.

The chapters include headings such as “Why worry?”, “Researching violence risk”, “When thing go wrong”, “Structured clinical assessment ...” through to the concluding chapter “Conclusions: on good treatment and bad attitudes”. The topics include research on violence, mental health, and risk prediction; the ethics of violence risk assessment; homicide inquiries in the UK, with the results of a new study reviewing their findings; a discussion of professional attitudes towards violence risk, a description of risk assessment tools and recommendations for their use; and a strong defence of structured clinical assessment as the best way of managing risk.

This book is “must read” for staff working in front-line mental health and their managers.

Advance Notice – Southern Alliance Conference

Launch of the Gender
Sensitivity Education Training
Pack

With the launch of the Gender Sensitivity Education Pack this year at the nurses “Southern Alliance Conference” the day has been opened up to other professionals for the first time. The education pack has a focus on female issues.

The Gender Sensitivity Education Pack received \$8,000 in funding from the cluster and will be launched at the Conference to be held at Skye (near Cranbourne).

Date: 5 December

**Venue:
Sandhurst Club
75 Sandhurst Boulevard,
Skye 3977**

South East Education and Training Cluster: Budget News

The following projects were approved at the Cluster funding round on 16 September. A total of \$60,000 was available for expenditure plus two days of project officer time in the cluster.

Proposals:	Lead Agency Group	Amount
Professional Development - Discipline Specific Days. Includes \$2000 for adult community psychiatric nursing and a further \$2000 for CAMHS community nurses. Southern Health to lead the two nursing days.	Allied Health Network and Southern Health	\$11,000.00
Two Conferences - development of specialist mental health knowledge and skills. For example: a. Ethics – What Value Human Life in Mental Health Care? - \$6,000 Alfred to lead, Cluster PO to organize the consultation and program. Program to have a call for papers and publication of papers. b. Another workshop – expressions of interest in topics to be called for (currently considering legal issues). - \$4,000	Alfred and South East E&T Cluster	\$10000.00
Develop of a training package and or related materials and or processes around the issues of complexity in mental health care and physical health issues of consumers. This was a significant issue raised in report "Because Mental Health Matters."	Southern Health	\$14000
Advanced Practice in Mental Health: Development of a "advanced practice workshops" where senior or experienced and skilled mental health staff in the cluster are encouraged to provide training (half day or full day workshop) with a return (for full day workshops) of \$400 book voucher of payment of \$600 for use in paying a conference registration – excludes University staff and trainers employed in MH. Needs to be able to be held at different locations. Outcomes: Development of training skills and new trainers Development of advanced practice Provides resources for advanced practice staff to further their own education	South East E&T Cluster	\$ 6,000.00
Development of a process and training around the issues of collaboration in mental health and related services. Significant issue raised in report "Because Mental Health Matters." This project will be developed taking into account the wide range of activity starting in this field.	Southern Synergy	\$14,000
Development of Aged Care Training Package Aged care training package. The Module from the Post Graduate Diploma of Mental Health Sciences (Mental Health of the Elderly) will be re-developed from a distance education unit to a booklet and PowerPoint presentation (or/and Metamorphosis program). This will be done by Jakqui Barnfield and John Julian, in consultation with others. Jakqui Barnfield will also be offered an honorary lectureship at the School of Psychological Medicine at Monash.	Peninsula Mental health Service	\$2000
Development of specialist consultancy advisory panel of Education and Training as per the meeting of March and the response to the review of training.	LRH	\$2500
Funds for use for other training purposes in the cluster as required by the PO and for the development and exploration of the issues surrounding the development of on-line virtual education settings for teaching / training purposes.	South East E&T Cluster	\$500
Total		\$60,000

Experimental Training News

Meet our experimental trainer: **Edukator Magic**.

Edukator has been wondering about other ways of training – or of getting key messages through to selected staff. Not all training happens in a traditional classroom, and probably little education does. How about using some of these ideas to educate staff or the consumers or carers?

- One traditional, but eye grabbing, way of training was to use a flip chart. Have you tried putting one up in the foyer, or in the door all staff, or carers, or consumers, come through?
- Of course we have the traditional paper hand out – but really, do we still use paper?
- Mobile phones are owned by almost everyone, and certainly all senior staff has work mobile phones (unless they are employed by a University.) Slides can be sent by message with accompanying sounds!
- Video has been around for some time, but it may be expensive to produce if you want it done professionally. However, you can make your own and every area mental health service has access to a video camera through their training units.
- Web-casts are excellent ways of getting a message across.

There are a variety of ways education can occur. Do you know of more?

Freebies

Edukator now has some free T-shirts for avatars to wear to give away to those people who visit him. There is a blue one and a pinkish one and one with both. The T-shirts say “Edukator Magic” of course! You can find Edukator at The Pond, or in this classroom (see right) on most Tuesday nights in Second Life. If you’re on SL and cannot find Edukator, just IM him. If you would like to learn about how to get on to Second Life, contact John Julian.



Edukator is an experimental avatar to explore the uses and issues involved in mental health education in a virtual community. There are several difficulties at this stage that need to be thought about and Edukator will help us do this. To get Second Life, you will need to do this on your own private computer at the moment through the Telstra web-page or through googling Second Life. Of course, in SL the avatars are anonymous unless they identify their irl (in real life) identity. This in itself presents some issues!