

Emotions Project

Emotional Development and Wellbeing in Children and Adolescents

Newsletter April 2008



Project Update 2008

The Monash University Emotions Project is currently entering its fifth year. In 2003-2006, nearly 1,400 children and adolescents from around Victoria completed yearly surveys about their emotions and wellbeing. Last year, we were excited to have 550 of these children and adolescents take part again, and an additional 360 children join the project for the first time.

Participating children and adolescents will complete another survey this year, about a year after completing their last one. This year participating children and adolescent will receive a \$20 Coles Myer voucher (pending ethics committee approval).

We will be posting out surveys and visiting schools between May and December 2008. To ensure that your family doesn't miss out, please let us know if your contact details change.



Parent Survey

We have always wanted parents to be a part of the Emotions Project, and this year we are pleased to announce that we will be inviting parents to complete a survey to help us further understand children's emotional development.

This year, all parents who have agreed to be contacted about completing a survey will be sent an information pack. The pack will include a survey for parents to complete and return by post. An additional Coles Myer voucher will be given to families in which one or more parent completes a survey (pending ethics committee approval).

Parents can decide whether or not they want to take part, and it will not affect their child's participation in the project.



Website

The Emotions Project website provides information about the project, the researchers, and how to contact us. It also includes some of the key findings of the study and a list of our presentations and publications.

Visit:

www.med.monash.edu.au/spppm/research/emotions-project



Lost & Found

Unfortunately, there are many families from the earlier phase of the Emotions Project who have not responded to our invitation to take part in the new phase.

If your family has received an invitation but has not responded, we encourage you to do so. Even if you do not wish to take part, it is important that we know so we can stop trying to contact your family.

If you think you know someone who was part of the study but who has not heard from us, please have them call us on (03) 9905 3149.



Contact Us

If your details have changed or you no longer wish to be contacted by the Emotions Project, please let us know by phone on (03) 9905-3149 or by email at:

emotions.project.psychology@med.monash.edu.au
Quote the code number on the top right corner of your envelope label.

The Emotions Project Team

Phone: (03) 9905-3149

emotions.project.psychology@med.monash.edu.au