



## Centre for Developmental Psychiatry & Psychology

### Training Workshops

#### **Autism Diagnostic Observation Schedule (ADOS)**

The Autism Diagnostic Observation Schedule (ADOS) is a semi-structured, standardised assessment of communication, social interaction, and play. It provides a series of standardised contexts in which the child's social, communication and repetitive, stereotyped behaviours can be observed. It has been designed to assist in the diagnosis of autism and pervasive developmental disorders and is suggested as a complementary instrument to the ADI-R. Standardised toys and activities are used to present opportunities for social and communicative interaction with the examiner. During these activities, observation of the child notes the absence or presence of behaviours of interest. A diagnostic algorithm consistent with DSM-IV and ICD-10 clinical diagnoses is generated.

- **Workshop 1**

#### **Introduction to the ADOS: Using the ADOS in clinical assessments**

There are 2 ADOS workshops available. The Introduction to the ADOS workshop (2 days) is intended for clinicians interested in using the ADOS. It provides an introduction to the ADOS as an assessment tool, and is a first step for researchers in the process for establishing reliability. It uses a mixture of large group lecture, demonstration, and scoring, as well as a live demonstration of the ADOS. To participate in this workshop, you will need to have access to an ADOS kit.

Prior to attending the workshop, we will send you a precourse information pack. This will contain information about the venue, accommodation options, options for purchasing ADOS materials, and some reading materials. It will also include a DVD of two ADOS administrations for you to watch prior to attending the course. You will also be asked to do two practice administrations of the ADOS. This can be done with any child, or as a role play exercise. This task is to help familiarise yourself with the administration of the ADOS. It is very useful preparation for the workshop. Detailed information on this will be provided in the precourse pack. It is also required that you read the ADOS manual prior to attending the workshop.

You will therefore need to purchase a manual prior to attending the workshop. Details on distributors are available below.

- **Workshop 2**

#### **ADOS Research Training**

If you want to use the ADOS for research purposes, you must establish reliability on the measure. Reliability is established at the 80% level. The process involves first attending the Introduction to the ADOS workshop and then attending an ADOS Research Training workshop. The additional research training is 2 ½ days long and involves more intensive instruction on the psychometrics of the instrument, working in small groups on administering and scoring the ADOS, and discussion and question/answer about specific administration and coding issues. Practice administration of the ADOS with children is also included in the research training workshop.

After the workshop, you will be provided with videotaped administrations of the ADOS and scored protocols to start the reliability process. You will also need to send us a tape of you administering the ADOS for us to score for reliability. Reliability is established separately for each set of Modules 1 & 2 and Modules 3 & 4. Detailed information on this process is provided during the training course.

You are welcome to attend the more in depth clinical + research training regardless of whether you plan to use the ADOS for research or clinical purposes. Many course participants prefer to have the more detailed training even when using the ADOS for clinical purposes.

### **Who can participate in training workshops?**

ADI-R and ADOS workshops are designed for psychologists, paediatricians, and psychiatrists. Speech pathologists, occupational therapists, and doctoral students who have experience in standardised assessment measures are also able to attend the training workshops. The ADI-R and ADOS are intended for use by both clinicians and researchers.

### **Training costs**

The Centre for Developmental Psychiatry & Psychology (CDPP) runs workshops in both the ADI-R and ADOS. You can train in the use of these instruments at scheduled trainings at the Centre for Developmental Psychiatry in Melbourne or have a qualified trainer come to train a group at your site.

#### **Workshop**

		<b>Cost</b>
• ADOS Introduction	2 days	\$600
• ADOS Introduction + Research	4.5 days	\$1,950*
• ADOS Research only	2.5 days **	\$1400

\* This cost includes all training materials and a trainer to assess your taped administrations post course in order to achieve reliability for research purposes.

\*\* To do this course you must have previously completed an Introduction to the ADOS workshop.

**You will need to purchase an ADOS manual before attending a course. Note that a manual comes with the kit. Please read the manual before the course, and bring it with you.**

### **Registration and further information**

Please contact **Julie Bryant** to register for training or to be included on our mailing list: [Julie.Bryant@med.monash.edu.au](mailto:Julie.Bryant@med.monash.edu.au), Phone +61 3 9594 1301, Fax +61 3 9594 6333

Please contact **Dr Kylie Gray** if you have any questions about training or about the ADI-R. [kylie.gray@med.monash.edu.au](mailto:kylie.gray@med.monash.edu.au)

### **ADOS materials can be purchased from:**

Western Psychological Services (WPS)  
[www.wpspublish.com](http://www.wpspublish.com)

Australian Council for Educational Research (ACER)  
[www.acer.edu.au](http://www.acer.edu.au)

Psychological Assessments Australia (PAA)  
[www.psychassessments.com.au](http://www.psychassessments.com.au)