Welcome to the July issue of the School of Primary Health Care newsletter. This is a monthly bulletin covering the activities of the School in the community, academia and research.

It was wonderful to see our teaching departments showing their wares at the Monash University Open day on the weekend of the 3rd and 4th of August. As ever, there was lots of interest shown by the community in what the School and others had to offer. Many thanks to Lianne Gordon and her team for coordinating the program and to the students and staff who ran the exhibits and made presentations on what turned out to be a wintry weekend.

There has been several research grant successes in the last few weeks. Margaret Alston and Kerri Whittenbury will lead an ARC Linkage Grant to explore how communities can regroup after the implementation of the Murray Darling Basin water plan. In other good news, we have had confirmation of a successful joint CIHR/APHCRI Community Based Primary Health Care grant. The 5 year program is supported by matched funds of $2.5million each in Canada and Australia. SAPCRU is the lead Australian organisation, and researchers from a number of our SPHC Departments will work with policy makers and communities to find innovative solutions to primary health care access problems for vulnerable populations.

Celebrating Success

Social Work

Congratulations to Margaret Alston. Her Linkage project will examine the social sustainability of dairy communities in northern Victoria defined as ‘especially vulnerable’ in the Murray-Darling Basin Plan. The Industry partner is the Gardiner Foundation who will match the ARC funding. Margaret Alston and Dr Kerri Whittenbury will run the $300,000 project for three years.

Physiotherapy

Dr Jamie Gaida from the Department of Physiotherapy has recently been appointed to the Editorial Board of the British Journal of Sports Medicine (BJSM). This appointment is a great honour as BJSM is one of the leading sports medicine journals in the world with a focus on high impact and clinically relevant publications. Dr Gaida has been a reviewer with the journal for many years and is excited by the opportunity to contribute further in this new and challenging role.

Human Resources

Mid-year Performance Discussions

During July and August, supervisors and staff are strongly encouraged to meet to discuss achievements and progress towards goals identified in their performance plans.

For academic staff on probation, a mid-year performance discussion is a compulsory requirement of the probation period. Staff are required to log on to Performance Development Online (PDO) and record their achievements prior to meeting with their supervisor. Supervisors are then required to record comments and feedback.

If you have not commenced planning for 2013, you are still able to log onto Performance Development Online (PDO) and develop your annual performance goals for the remainder of 2013.

For more information regarding the performance development process, please refer to the Staff Development Procedure – Performance development process: academic staff; and Performance Development Procedure – Performance development process: professional staff.

Should you encounter any issues in the use of PDO, please contact Access HR on 20400 or email: hr@monash.edu.au.
International partnership to optimise primary health care access for vulnerable socioeconomic groups

Improved access to primary health care for vulnerable populations will be one of the outcomes of a new research partnership grant that has resulted from a collaboration between the Australian Primary Health Care Research Institute (APHCRI) and the Canadian Institutes of Health Research (CIHR).

Both Institutes will contribute $2.5 million each over a five year period to an Australian Canadian Joint Centre of Research Excellence. The Centre, ‘Innovative Models Promoting Access and Coverage Team (IMPACT) will give governments, health services and health consumers in both countries a rich understanding of what really matters in optimising access to needed community based primary health care.

Professor Grant Russell of Monash University and Professor Jeannie Haggerty of McGill University in Quebec will lead teams from eleven Universities as well as consumers, policy makers and providers in six communities throughout Australia and Canada.

The program will culminate in the trialling of ‘world’s best practice’ innovations to assist access to health care for vulnerable populations.

For more information on the Australian Primary Health Care Research Institute, based at The Australian National University (ANU) visit http://aphcri.anu.edu.au/

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Social Work - Short film builds on partnerships with Papua New Guinea

A recent project by Catherine Flynn and Kerry Brydon from the Department of Social Work shows how creativity and a shared commitment to social inclusion can have concrete outcomes.

One exciting outcome has been the collaboration on a documentary with Cameron Rose, from Monash Art, Design and Architecture. This short film Envisioning tomorrow: social work in PNG, shares the stories of a number of practitioners in PNG, highlighting the health and welfare issues they confront on a daily basis and how they are responding to these needs.

Launched by Pro Vice-Chancellor (Social Inclusion) Professor Sue Willis, the documentary demonstrates how the profession, practitioners, and social work educators are contributing to ongoing development of the nation, through programs based on equity and inclusion.

The film is both an excellent example of interdisciplinary teamwork in research and a useful teaching tool for both Monash students and those in PNG. It showcases the contribution being made through programs and approaches based on the fundamental principles of equality and inclusion, to address issues such as gender based violence, education and social development.

This documentary sits well within the vision and mission of the school - seeking to both inform and advocate.

The documentary was developed as part of an ongoing partnership between Monash and the University of Papua New Guinea (UPNG) to enhance the training of social workers in the island nation. The partnership began in 2010 as an academic mentoring program sponsored by the Group of Eight and AusAID.

The partnership won an inaugural Vice-Chancellor’s award for social inclusion in 2012.

The Monash UPNG team includes Dr Catherine Flynn, Dr Kerry Brydon and Dr Robyn Mason.

The documentary can be viewed at: http://vimeo.com/61228676

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Training

The Faculty Social Inclusion Committee will sponsor staff across the Faculty, both academic and professional, to attend the following programs delivered via the Staff Development Unit:

**Mental Health First Aid training**

**Diversity at work program**

**Cultural Awareness**

If you are interested, please contact Lianne Gordon (lianne.gordon@monash.edu.au), so your details can be forwarded to the committee.
Occupational Therapy

The majority of staff members from the Department of Occupational Therapy attended the 2013 Occupational Therapy Association Conference in Adelaide last month. Most staff members presented at the conference on a variety of different topics, with twenty presentations from eleven staff including invited presentations to discuss The National Disability Insurance Scheme.

The conference theme “Creating a unified foundation for our profession: research, practice and education”, emphasises the strong foundation that is provided by using research to inform profession’s everyday practices, policies, and educational approaches.

The conference provided staff a forum for sharing ideas, meeting colleagues and absorbing recent research findings. International and national keynote speakers including staff from the department presented research evidence, described how this may be translated to clinical practice and created a forum for discussion and debate. A number of staff members also presented at the Occupational Therapy Academic Learning Network Education Day held prior to the conference.

Award for contribution to the Occupational Therapy

At the recent national Occupational Therapy Conference, Linda Barclay was awarded the biennial Gwendoline Sims Award for contribution to the Occupational Therapy Profession through investigation or study.

Linda Barclay, who is a lecturer in the Department of Occupational Therapy, has extensive clinical experience in the field of adult rehabilitation, in particular working with people living with spinal cord injury (SCI). Through her clinical work Linda has observed the significant impact that SCI has on people’s social and community participation. People with SCI are often socially isolated and have limited participation in social and occupational activities for a variety of reasons. This led to her interest in finding out more about why this occurs and what factors impact on people’s ability to return to being active members of the community, and leading satisfying lives.

Linda is a current PhD candidate and her research is in the field of social and community participation following spinal cord injury. Linda is about to embark on the second stage of her PhD research program which is a qualitative study titled *The experience and meaning of social and community participation following acquired spinal cord injury (SCI)*. Winning the Gwendoline Sims Award will assist Linda to meet some of the costs involved with conducting this research, and will greatly assist in applying for future research grants to further progress the research into this important area.

Linda completed her Masters in the area of goal setting following SCI, and other research interests include assistive technology for people with severe physical disability and inter-professional education.

Did you know?

Walking just 15 minutes every day can extend your life by as much as 3 years!

Who knew something as simple as walking could be so beneficial?

You’ll be amazed at what just 15 minutes of walking a day could do for your health.

Department of General Practice weekly Wednesday seminars

The Department of General Practice runs a weekly Wednesday seminar which might be of interest to anyone working in primary health care or a related field.

You are welcome to attend, without registration (and sandwiches are provided).

The Seminar’s take place in Meeting Room 4, Building 1, 270 Ferntree Gully Road, Notting Hill (check room location at reception) every Wednesday, 12.30-1.30pm.

For more details, see *Academicseminarprogram2013-4162.doc (4).docx*

Physiotherapy

Physiotherapy is going to take part in a nation-wide pilot of clinical simulation in 2014.

Health Workforce Australia is funding almost $250,000 to facilitate the project to embed simulation into physiotherapy clinical training across Australia, and substitute a proportion of traditional clinical placement training time.
Clayton Campus UniSuper Seminar -
Understanding Contributions & Caps

The rules around contributing to super can be complex and confusing. This seminar aims to take away the confusion and explain the different types of contributions to super. It is suitable for all members considering:

- contributions available and how they are taxed
- contribution caps that apply
- Incentives to contribute to super
- Ways to manage your contributions
- Special rules for some Defined Benefit Division members

There is no cost to attend this seminar. However registration is essential. To register visit http://www.unisuper.com.au/learning-centre/seminars-and-webinars, select the seminar topic and under venue select Monash University and press the submit button. The relevant topic seminars will pop up then register your details to the seminar.

Time: From 4.00 pm to 5.00 pm
Date: Wednesday 14 August 2013
Venue: Science Building 25, Lecture Theatre S1, Clayton Campus

Registration closes on Tuesday 13 August 2013

Department of Community Emergency Health and Paramedic Practice

DCEHPP have recently published two papers by Dr Paul Jennings.

“Long-term pain prevalence and health-related quality of life outcomes for patients enrolled in a ketamine versus morphine for prehospital traumatic pain randomised controlled trial,” determines the prevalence of persistent pain and whether there were differences in patients who received ketamine or morphine.

The second Paper, titled ‘Scald burns in children aged 14 and younger in Australia and New Zealand—An analysis based on the Bi-National Burns Registry”, highlights that effective burn first aid reduces hospital stays, and the importance of targeted prevention campaigns that reduce the burden of paediatric scald burns.

Physio staff visit Abu Dhabi

Four members of the Monash Physiotherapy Department have recently returned from a successful (and sweltering) trip to Abu Dhabi in the UAE. The team were part of a 10-person Monash contingent completing curriculum handover as part of the Licensing Agreement with Fatima College of Health Sciences, which will see the Fatima College Bachelor of Physiotherapy and Bachelor of Medical Imaging begin in September 2013. The Bachelor of Pharmacy has been successfully running since 2012 and it is planned for Bachelor of Emergency Health (Paramedic) to begin in 2014.

The team facilitated workshops, actively contributed to panel discussions and conducted professional development sessions for local staff as part of a 2-day, Interprofessional Education-themed conference that was attended by clinicians and academic staff based across the UAE.

These strong relationships will no-doubt promote future success in the program rollouts, enabling UAE based students the opportunity to undertake health-professional training programs utilising world-class curriculum.

Health checks

We often prioritise our daily duties at the expense of our own health and wellbeing. Wellbeing at Monash is offering all staff an opportunity to learn more about their vital health risks through a free, confidential health check during August and September. Participants will receive immediate, confidential results and advice on blood pressure, cholesterol, diabetes, heart and stroke risk and more.

Locations: Alfred, Bendigo, Blackburn, Caulfield, Clayton, Faculty of Science, Gippsland, HR, Monash College, MMC, Parkville and Peninsula.

Celebrating Success

Congratulations to the recipients of the Postgraduate Research Scholarship Mid-Year Round 2013. The successful candidates are Leila Nuri (Department of Physiotherapy) who received the Monash Graduate Scholarship (MGS) and Monash International Postgraduate Research Scholarship (MIPRS), Romi Haas (Department of Physiotherapy) and Ruby Biesen (Department of General Practice) who received the Australian Postgraduate Award.
Manager Training for Flexible Workforces

This workshop helps managers leverage organisational policies, maximise the talents of their people, and enhance communication for changing workforce dynamics. Staff can register on-line at http://www.adm.monash.edu.au/staff-development/ws/swb/flexible-workforce.html.

Research Skills Workshops

Staff Development is facilitating a number of Research Skills workshops to provide support to the University’s researchers in order to support good quality research. Details about these workshops can be found at http://www.adm.monash.edu.au/staff-development/ws/it/research/index.html.

General Practice

The John Murtagh Annual Update Course 2013 is proudly convened by the Department of General Practice and will be held on the 6th, 7th, and 8th November, 2013 at the Novotel, St Kilda, Melbourne, Australia. Details of the programme will be available later in the year. This is the 35th year that the course has been offered and we are planning a special event to celebrate this. The course was renamed in honour of Professor John Murtagh’s extraordinary contribution to Family Medicine. John officially retired in 2010 but has continued to work tirelessly for the benefit of the Department of General Practice, the School of Primary Care and Monash University.

Explore and learn at the Monash Technology Fair

Held in late October, the Fair will showcase products and services available to Monash academics and professional staff. The event will include two full days of exhibitions, information sessions and demonstrations useful to staff. Register for the Fair and you will receive fast-tracked entry into the Fair with the Easy Access Pass. Registration will also provide optional updates on further exhibit content, information sessions, and important information relating to the Technology Fair. The Easy Access Pass is not a must to enter the Technology Fair, but having one will allow you to skip the registration line and begin to enjoy your Explore, Learn and Transform experience from the moment you arrive. In addition, registering allows you to book online for information sessions, held simultaneously on the days of the Technology Fair. These sessions are directly linked to exhibits at the Technology Fair and will give you more details from knowledgeable keynote speakers presenting on topics such as Teaching with Tablets, Google, Echo 360, the Watson project and more. Come and learn about technologies, techniques and tools that are available now and in the future.

The Monash Technology Fair will be held on Tuesday 22, 10am to 4pm, and Wednesday 23 October, 10am to 3pm, at Clayton campus, Campus Centre, Banquet Hall, Building 10. See the registration link for more details.

The 2nd International Emergency Care Symposium “Global access to emergency care: priorities and strategies”

Organised by The Alfred and Centre of Research Excellence in Patient Safety (CREPS), Monash University, the IEC Symposium is for Emergency Health professionals. International Emergency Care (IEC) is a rapidly growing field of interest in global health. It encompasses the work done by doctors and nurses in the evolution of emergency care systems in countries at extreme levels of development. Emergency care providers are collaborating across the globe to provide emergency care capacity development, emergency care specialty development and international disaster response. Visit http://www.med.monash.edu.au/sphpm/creps/seminars.html.

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If you would like to submit an article please email lianne.gordon@monash.edu
Content must be submitted in a word document, file attachments in PDF and images in JPG or GIF.