Course Overview

Course has APS approval for 7 PD points and so it helps to fulfill current requirements for professional registration and membership to the College of Clinical Psychologists.

Clinical psychopharmacology, while traditionally the realm of psychiatrists, has become a necessary aspect of applied clinical psychology in recent years. Clinical psychopharmacology is a complicated discipline which expects clinicians to have knowledge of new medications and their, at times, complicated and serious side effect profiles.

Clinical psychologists work alongside general practitioners as well as psychiatrists and other medical specialists. These professions are mostly dominated by pharmacological expertise which begs the need for clinical psychologists to be more informed and skilled in all aspects of clinical psychopharmacology.

In this workshop we use an ‘apprenticeship model’ with trainees expected to learn about the use of medication in clinical practice through a combination of lecture-based presentations, demonstrations and group work.

Registration

Registration is essential. No registrations or payment will be accepted on the day. Registration closes on 10 October and registration and credit card payment must be made prior to this date through [www.med.monash.edu.au/psych/course/prod/seminars.html](http://www.med.monash.edu.au/psych/course/prod/seminars.html)

Date: 19 October 2011
Time: 8.30 am to 4 pm
Location: 4th Floor, The Alfred Centre, Alfred Lane, Melbourne

Cost (GST inclusive)

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<tr>
<td>Early Bird (before 8 August 2011)</td>
<td>$440</td>
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<tr>
<td>From 8 August 2011</td>
<td>$550</td>
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<tr>
<td>Full Time Student</td>
<td>$385</td>
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Workshop Presenters

**Professor Paul Fitzgerald** is Professor of Psychiatry, Deputy Director and Consultant Psychiatrist at the Monash Alfred Psychiatry Research Centre, a joint research centre of Monash University and the Alfred Hospital in Melbourne.

He is a qualified psychiatrist, has a Masters of Psychological Medicine and research PhD. He runs a substantive research program utilising brain stimulation and neuroimaging techniques including transcranial magnetic stimulation, functional and structural MRI, EEG and near infrared spectroscopy. The program has focussed on the conduct of investigative studies of brain function / dysfunction as well as the conduct of a variety of novel clinical trials in Mood, Anxiety, Psychotic and Developmental Disorders. He has published over 140 papers and received grant funding from the NHMRC and a number of US based organisations and is a current NHMRC Practitioner Fellowship holder. He teaches neuroscience and psychopharmacology to a range of groups including medical students and psychiatry trainees.

**Dr Marlies Alvarenga** is a Clinical Psychologist and Academic Research Fellow with the BakerIDI Heart and Diabetes Research Institute and the School of Psychology and Psychiatry at Monash University. Dr Alvarenga’s main research interest in the area of cardiac neurosciences. She also lectures and supervises in the area of cardiac psychology. Dr Alvarenga has continued to research the link between stress, mental illness and increased risk of cardiovascular disease. She also convenes The BakerIDI and Monash University’s biannual international conference in Psychogenic Heart Disease. Dr Alvarenga is Director of the Medipsych Clinic and an active practising clinician.

Experienced specialist clinicians will also present in specialty areas such as the Psychopharmacology of Old Age and Substance Abuse.

Cancellation policy: Cancellations will be refunded in full, less $100 administration fee if notification is received before 1 July 2011 in writing. Cancellations between 2 July 2011 and 18 August 2011 will receive 50 per cent refund and workshop booklet. No cancellations will be accepted after 18 August 2011.
<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<td>8.30 am – 9 am</td>
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| 9 am – 10.45 am| Basic Psychopharmacology                                 | - A rationale for psychopharmacology in psychology.  
- Review of the mind, brain, drug link.  
- Main brain mechanisms involved in psychopharmacology.  
- Psychopharmacological agents, their uses and controversies: An introduction to the mode of action of antidepressants, antipsychotics, mood stabilisers, anxiolytics, as well as other drugs of interest in clinical practice. |
| 10.45 am – 11 am| Morning tea                                               |                                                                                                                                           |
| 11 am – 12.45 pm| Advanced Psychopharmacology                              | - Polypharmacy in mental health: Typical drug combinations in clinical practice.  
- Case studies are provided and students are encouraged to discuss clinical pharmacological application, administration and problem solve unexpected patient response.  
- Demonstration – The psychopharmacology interview: an examination of the patient's past and current drug history, as well as problem solving recommendations for the future.  
- Workbook and case discussion session. |
| 12.45 pm – 1.30 pm| Lunch                                                    |                                                                                                                                           |
| 1.30 pm – 3.15 pm| Child, Adolescent, Geriatric Psychopharmacology and other treatments | - Learning about clinical psychopharmacology application in children, adolescents and geriatric populations.  
- Learning about evidence based psychopharmacology.  
- Combining psychopharmacology with psychotherapy.  
- Other treatment modalities in mental health.  
- Ethics in clinical psychopharmacology. |
| 3.15 pm – 3.30 pm| Afternoon tea                                             |                                                                                                                                           |
| 3.30 pm – 4 pm| Question and answer session, and quiz                     |                                                                                                                                           |
| 4 pm          | Close                                                     |                                                                                                                                           |

**Venue**

The Alfred Centre  
4th Floor, The Alfred Centre  
Alfred Lane, Melbourne

**For further information please contact:**

Dr Marlies Alvarenga  
Email: marlies.alvarenga@monash.edu  
Tel: 0414 684 641

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The information in this flyer was correct at the time of publication. Monash University reserves the right to alter this information should the need arise. You should always check with the institution when considering a course – March 2011. CRICOS provider: Monash University 00008C, MMS302556