Managing high risk behaviour in children and youth

Centre for Developmental Psychiatry and Psychology
Workshop and conference
31 March and 1 April 2011

Program information:

Day 1 – Workshop
Treatment of Adolescent Suicidal Behaviour
Barbara Stanley, PhD, Professor of Clinical Psychology, Department of Psychiatry, Columbia University Medical Center, Director, Suicide Intervention Center, New York State Psychiatric Institute.

This one day clinical workshop presented by Professor Stanley will provide skills training in the core components of ‘Cognitive-Behavioral Therapy for Suicide Prevention’ recently evaluated in the influential ‘Treatment of Adolescent Suicide Attempters’ study. The workshop will focus on safety planning, chain analysis, psychoeducation, developing reasons for living and hope, and case conceptualisation.

Places strictly limited.
Venue: Monash University Club, Clayton
Date: 31 March 2011
Time: 9 – 4.30 pm

Day 2 – Conference
Managing High Risk Behaviour in Children and Youth
Key note speakers will include Professor Barbara Stanley, Professor Louise Newman, Dr Andrew Chanen, Dr Revi Nair, Dr Sandra Radovini and Associate Professor Adrian Dunlop.

This one day conference will bring together research findings and clinical practice for a range of topics relevant to high risk adolescents including:

- young people at risk of psychosis;
- borderline personality disorder;
- at risk parenting and outcomes for infancy;
- treatment of adolescent suicide attempters;
- substance abuse, pathways, risk factors; and
- engaging hard to reach young people.

Venue: Spring Street Conference Centre, Melbourne
Date: 1 April 2011
Time: 9 – 4.30 pm

Registration:
Attendees please register online at our website: www.med.monash.edu.au/psych/course/prod/seminars.html Places are limited so please be sure to register your attendance early.

Costs:

<table>
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<tr>
<th>Day</th>
<th>Cost</th>
<th>Full-time students</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$330 (incl. GST)</td>
<td>Day 1 – $165 (incl. GST)</td>
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<tr>
<td>2</td>
<td>$330 (incl. GST)</td>
<td>Day 2 – $165 (incl. GST)</td>
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<tr>
<td>1 and 2</td>
<td>$605 (incl. GST)</td>
<td>Day 1 and 2 – $330 (incl. GST)</td>
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Morning tea, lunch and afternoon tea included.
All proceeds are devoted to mental health research.

Enquiries: cdpp@monash.edu

No refund policy: We realise there may be circumstances which prevent you from attending the conference; however, our conference planning and expenses are based on preregistration, and we must rely on that income to pay for the conference, therefore we cannot make refunds. We will accept your designation of another person to attend.
Treatment of Adolescent Suicidal Behaviour
Thursday 31 March 2011 – Monash University Club, Clayton

This one day workshop presented by Professor Barbara Stanley will provide skills training in the core components of ‘Cognitive Behavioural Therapy for Suicide Prevention’ (CBT-SP). The CBT-SP was developed using a risk reduction and relapse prevention framework and is theoretically grounded in principles of cognitive-behavioural therapy, dialectical behavioural therapy, and targeted therapies for suicidal youths with depression. CBT-SP consists of acute and continuation phases, each lasting about 12 sessions, and includes a chain analysis of the suicidal event, safety plan development, skill building, psychoeducation, family intervention, and relapse prevention. Attendees will develop theoretical, and practical knowledge of this treatment approach for application with young people who experience acute suicidal ideation or who have attempted suicide.

Barbara Stanley is Professor of Clinical Psychology, Department of Psychiatry, Columbia University College of Physicians and Surgeons, and the Editor-in-Chief of ‘Archives of Suicide Research’. Professor Stanley is an internationally recognised expert in the diagnosis and treatment of borderline personality disorder and suicidal risk.

Managing High Risk Behaviour in Children and Youth
Friday 1 April 2011 – Spring Street Conference Centre

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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| 9.00–9.15 | Introduction and welcome                                      | Professor Louise Newman  
Child Psychiatrist  
Director, Monash University Centre for Developmental Psychiatry and Psychology |
| 9.15–10.15 | Treatment of adolescent suicide attempters                  | Professor Barbara Stanley  
Professor of Clinical Psychology, Dept of Psychiatry, Columbia University Medical Center and Director, Suicide Intervention Center, New York State Psychiatric Unit |
| 10.15–11.00 | At risk parenting and outcomes for infancy                | Professor Louise Newman  
Child Psychiatrist  
Director, Monash University Centre for Developmental Psychiatry and Psychology |
| 11.00–11.15 | Morning tea                                                  |                                                                        |
| 11.15–12.00 | Early detection and intervention for borderline personality disorder in young people | Dr Andrew Chanen  
Senior Lecturer, Orygen Youth Health Research Centre, University of Melbourne  
Consultant Psychiatrist and Associate Medical Director, Orygen Youth Health |
| 12.00–12.45 | An update on the assessment and treatment of early psychosis | Dr Revi Nair  
Director, Undergraduate Medical Education, School of Psychology and Psychiatry |
| 12.45–1.45 | Lunch                                                        |                                                                        |
| 1.45–2.30 | Engaging the unengagable: Outreach work with high risk young people | Dr Sandra Radovini  
Deputy Chief Psychiatrist–Children and Youth, Department of Health, Victoria  
Director of Mindful, Centre for Training and Research in Developmental Health |
| 2.30–3.15 | Managing substance abuse in young people                    | Associate Professor Adrian Dunlop  
Area Director, Drug and Alcohol Clinical Services, Hunter New England Area Health Service |
| 3.15–3.45 | Afternoon tea                                                |                                                                        |
| 3.45–4.30 | Youth violence                                               | Professor Mairead Dolan  
Professor of Forensic Psychiatry, Monash University  
Assistant Clinical Director, Victorian Institute for Forensic Mental Health |

The information in this flyer was correct at the time of publication. Monash University reserves the right to alter this information should the need arise. You should always check with the institution when considering a course – March 2011. CRICOS provider: Monash University 00008C MMS308423