

School of Nursing and Midwifery presents

# ‘Working with Voices and Difficult Beliefs’

A CBT based workshop for Mental Health Professionals

Led by Debra Lampshire, these group sessions investigate how voices or difficult beliefs can ‘take over’ a voice-hearers life at different times and provides practical insights and down-to-earth strategies about how to re-gain control and re-integrate with work, family and friends.

Date: Thursday 12 November, 2009

Time: 9.00 am – 4.00 pm

Venue: Lecture Theatre E2.09  
School of Nursing and Midwifery  
(Bldg E)  
Monash University  
McMahons Road  
Frankston VIC 3199

Fee: \$110.00  
(includes morning tea  
and light lunch)

For further information and to download a registration form, please visit our website:

[www.med.monash.edu.au/nursing/seminars/index.html](http://www.med.monash.edu.au/nursing/seminars/index.html)

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Monash University

 **Go Boldly.**



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Medicine, Nursing and Health Sciences