2-day General Practitioner Skin Cancer Workshop – developed by specialist dermatologist educators at the Skin and Cancer Foundation in Association with the Department of General Practice, Monash University. Coordinated by Dr Alvin Chong, Senior Lecturer in Dermatology.

This GP Skin Cancer Workshop is suitable for all GPs and GP registrars, whatever the level of experience. Developed and taught by experienced specialist dermatologist educators, these workshops are a perfect opportunity to skill up.

Day 1: Lecture program

Topics

Dermoscopy content:
- Basics of Dermoscopy
- Identification of benign lesions and non-melanoma skin cancer using dermoscopy
- Identification of benign naevi using dermoscopy
- Identification of melanoma using dermoscopy

Management of skin cancer:
- Management of melanomas
- Diagnosis and management of non-melanoma skin cancers (BCC & SCC)
- Non-surgical treatments for the management of keratinocyte dysplasia
- Principles of biopsy
- Sun protection

Day 2: Interactive workshop

Includes presentations, demonstrations and time for skills practice using pigskin (or equivalent)

Topics

Biopsy techniques –
- punch and shave biopsies, techniques, limitations

Simple ellipses –
- Suture materials, planning excisions, danger areas, layered closure techniques, deep sutures, mattress sutures, dog ear repairs

Simple flaps and grafts –
- Principles of simple flaps (advancement, transposition, rotational, island pedicle)
- Principles of skin grafting

Enquiries

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Mindfulness-based approaches have generated a great deal of clinical and research interest in recent years. It is a generic skill in training attention that has a wide range of practical applications from the management of mental health problems to improving immunity, neuroplasticity, epigenetics and enhanced clinical performance. This interactive workshop will explore the principles and application of mindfulness-based practices for personal and professional use.

Dr Craig Hassed is a General Practitioner and Senior Lecturer at the Monash University Department of General Practice. His teaching, research and clinical interests include mindfulness-based stress management, mind-body medicine, meditation, health promotion, integrative medicine and medical ethics. Craig is regularly invited to speak and run courses in Australia and overseas and was the founding president of the Australian Teachers of Meditation Association. He is a regular media commentator, writes regularly for medical journals and has published six books: “New Frontiers in Medicine” (Volumes 1 and 2), “Know Thyself” on mindfulness-based stress management, “The Essence of Health” on the lifestyle approach to health and chronic illness, a textbook co authored with Kerryn Phelps, “General Practice: the integrative approach”, and most recently, a book written with Stephen McKenzie, “Mindfulness for Life”.

Customised mindfulness courses can be developed and delivered to organisations (minimum course size is 20 persons). These are available at Notting Hill or at your place of work.

For program enquiries
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Details of all of our courses both non-award and award are available on our website:

www.med.monash.edu/general-practice/teaching/pgrad-courses.html

Current award offerings include:
- Master of Family Medicine (online)*
- Graduate Diploma of Family Medicine (online)*
- Graduate Certificate of Family Medicine (online)*
- Master of Philosophy (on campus)

* Individual units from our award programs are also available as single unit enrolments.

All of our courses and workshops are approved by the RACGP QI&CPD Program

We welcome your feedback especially relating to ideas for future course and workshop development, please contact me directly at:

Dr Heather Grusauskas
Acting Director of Graduate Studies
Email: heather.grusauskas@monash.edu
Tel: 03 9905 0059

Expressions of interest are being taken for a further International Conference in Prato, Italy, 2015

Mindfulness Courses & Workshops
Saturday Afternoons – March 15 and October 4, 2014
Half-day Saturday afternoon workshops on March 15 and October 14, 2014

Medical Laser Acupuncture Workshop
March/April 2014

For busy A&E physicians and GPs. Diagnosis and treatment of severe acute headache, chronic headache and neck pain.

The John Murtagh Update Course
5 - 7 November, 2014

The 2014 course is proudly convened by the Department of General Practice and full details will be available early 2014. This is the 36th year that the course has been offered. The course was renamed in honour of Professor John Murtagh’s extraordinary contribution to Family Medicine. John officially retired in 2010 but has continued to work tirelessly for the benefit of the Department of General Practice, the School of Primary Care and Monash University.

For busy A&E physicians and GP’s. Diagnosis and treatment of severe acute headache, chronic headache and neck pain.