CARDOVASCULAR HEALTH

Synopsis
General practitioners are in the best position to identify individuals who are at risk of heart disease, and so implement primary prevention. This unit focuses on the modern assessment and management of cardiovascular problems encountered by the general practitioner. Topics covered include: hypertension, chest pain, atrial fibrillation, heart failure and syncope.

Objectives
By the completion of this unit students should be able to:

1. Appreciate the major issues in cardiovascular health today.
2. Assess and advise patients from the viewpoint of preventive cardiology.
3. Manage patients with hypertension, chest pain, atrial fibrillation, heart failure and syncope effectively.
4. Assess the currently available investigations for diagnosis and management of cardiovascular disease. Evaluate current evidence and research for diagnosis and management of cardiovascular disease?
5. Be familiar with modern methods of interventional cardiology
6. Conduct a clinical audit - either in screening for risk factors or in the management of cardiac failure.
7. Recognise the potential of audits to improve clinical practice.

Assessment
Journal activities (pass/fail)
Essay (25%)
Essay (25%)
Audit part 1 and Audit part 2 (50%)