

An opportunity to be involved in medical research

Your involvement....

Full body composition study and MRI of the knee, now and in 2 years time, at no cost - an opportunity to monitor change in body composition.

Is this for you?

You need to be aged between 25 & 60.

Why are we doing it?

Osteoarthritis, the most common cause of arthritis, affects about 30% of individuals over 65 years of age.

People who are overweight are more likely to develop knee osteoarthritis.

We know that as osteoarthritis becomes more severe, knee cartilage is lost.

Our team has developed a new method of measuring cartilage using MRI images.

We are currently investigating whether weight and physical activity influence the amount of cartilage in the knee over a two year period.



Researchers

Our research team includes -

Professor Flavia Cicuttini

Head of Rheumatology, Alfred Hospital, and Head of the Musculoskeletal Unit, Department of Epidemiology and Preventive Medicine, Monash University.

Dr Anita Wluka

Department of Epidemiology and Preventive Medicine, Monash University.

Ms Judy Hankin

Study Coordinator, Department of Epidemiology and Preventive Medicine, Monash University.

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