

## Victorian Dual Disability Service Workshop Calendar 2017

In 2017 the VDDS will deliver 6 workshops twice; round 1 and round 2. Round 1 registration close date is Monday 30th January 2017 and round 2 close date is Monday 26th June 2017. Please note that all sessions fill up within weeks of advertising so we would encourage staff to register as soon as possible to secure a place.

Workshop Eligibility: Staff working in Victorian Specialist Mental Health services only (including CAMHS, CYMHS,

Adult and Aged services).

How to register: Please register by completing the registration form on p. 2 of this flyer and fax back to the

Victorian Dual Disability Service on (03) 9231 2953 or email vdds@svha.org.au

#### **Workshop topic information**

### Assessment of mental illness in people with an Intellectual Disability

The aim of the workshop is for AMHS staff to understand the difficulties in the assessment of people with intellectual disability and to think about how these can be addressed. Participants will review definitions of intellectual disability and consider the prevalence of mental disorders in this group. They will also learn how the presentation of mental illness can be different in this population and consider what adjustments in may need to be made to account for this. The workshop will employ a variety of learning strategies including lectures, exercises and discussions based on case examples and attendees can expect to actively contribute and participate

#### Management of mental illness in people with Intellectual Disability - FULL DAY SESSION

The workshop aims to increase participants understanding of the issues they may face in managing people with intellectual disability and co-morbid mental disorders. Systemic issues that impact on management will be considered and will address issues such as service philosophy, service structure and roles. This includes a review of the ethical issues that arise in the course of management. The difficulties in the application of psychological, social and pharmacological interventions will also be examined, with a view to highlighting the principles that inform good management practice. The workshop will employ a variety of learning strategies including lectures, exercises and discussions based on case examples and attendees can expect to actively contribute and participate.

#### Challenging Behaviours in people with an Intellectual Disability

The purpose of this workshop is to understand how a person with a developmental disability may respond with challenging behaviour to many different stressors. The session will examine concepts of challenging behaviour, using case examples and discussion groups. Questions will address issues such as who is likely to present with challenging behaviour, and what factors may underlie the development or exacerbation of such behaviours. The principles of management will be discussed, with particular reference to excluding physical and mental illness, and an overview of behavioural management.

#### Personality Disorders in people with an Intellectual Disability workshop

Personality Disorders are potentially severe and disabling conditions causing significant distress for the individual and severely challenging service providers. People with an ID are at increased risk of personality disorder and when a person has both disorders this can lead to a significant increase in impairment and behaviour disturbance.

The workshop will focus on the presentation, assessment, management and treatment of personality disorder in people with intellectual disability.

#### Introduction to Autistic Spectrum Disorder

Autism spectrum disorder is a lifelong developmental disability that affects the way a person communicates and relates to people around them. Problems with social interaction, odd and unusual behaviours and high rates of co-morbid mental health problems mean that many people with autism spectrum disorder are likely to come to the attention of mental health services. This workshop provides an introduction to the autism spectrum and an overview of the principles and problems of assessment and diagnosis.

## Management of Autistic Spectrum Disorder

# NOTE-Mandatory that those registering have attended the introduction to Autistic Spectrum Disorders workshop am session

People with autism spectrum disorder experience social and communication impairments together with restricted repetitive speech interests and behaviours and unusual responses to sensory stimuli. These impairments can result in high rates of anxiety and frustration which can contribute to challenging behaviour. There is also a significant overlap with other mental and behavioural disorders. There is no cure for autism and no single universally accepted treatment. A large number of interventions are employed with varying degrees of effectiveness. This workshop will provide an overview of the biomedical and psychosocial interventions and explores the evidence base for some of the more commonly used interventions.

# Victorian Dual Disability Service Workshop Registration form

Workshop Eligibility: Staff working in Victorian Specialist Mental Health services only (Including CAMHS, CYMHS, Adult and Aged services).

Workshop Registration: Please register by completing the registration form below and faxing it back to the Victorian Dual Disability Service on (03) 9231 2953 or email vdds@svha.org.au. The VDDS will then email you with the outcome of your registration. If you do not receive this email than your registration has not been received so please call (03) 9231-2950. A reminder all sessions fill up within weeks of advertising, so we would encourage staff to register as soon as possible to secure a place. Round 1 registration close date is Monday 30th January 2017 and round 2 close date is Monday 26th June 2017

Attendee's Name:		
Organisation / Service Name:		
Address	Suburb	Pcode
Attendee discipline (i.e. RPN, Psychiatrist, OT):	:	
Email	.Phone:	

Please ✓ relevant box for one of more of the workshops you'd like to register to attend-please note that in 2017 the suite of 6

Workshop title	Workshop date and time	Registration close date	TICK ✓ to attend
Round 1			
A	Monday 6 <sup>th</sup> February 2017		
Assessment of mental illness in people with an Intellectual Disability	9.30-12.30pm	Monday 30th January 2017	
Management of mental illness in people with	Monday 6 <sup>th</sup> March 2017		
Intellectual Disability FULL DAY SESSION	9.30-4.00pm	Monday 30th January 2017	
	Monday 3 <sup>rd</sup> April 2017		
Challenging Behaviours in people with an Intellectual Disability	9.30-12.30pm	Monday 30th January 2017	
	Monday 8 <sup>th</sup> May 2017		
Personality Disorders in people with an Intellectual Disability workshop	9.30-12.30pm	Monday 30th January 2017	
	Monday 10 <sup>th</sup> July 2017		
Introduction to Autistic Spectrum Disorder	9.30-12.30pm	Monday 30th January 2017	
·	Monday 10 <sup>th</sup> July 2017		
Management of Autistic Spectrum Disorder (after intro session am)	1.00-4.00pm	Monday 30th January 2017	
Round 2	The state of the s		
Assessment of mental illness in people with	Monday 7 <sup>th</sup> August 2017		
an Intellectual Disability	9.30-12.30pm	Monday 26th June 2017	
Management of mental illness in people with	Monday 11 <sup>th</sup> September 2017		
Intellectual Disability FULL DAY SESSION	9.30-4.00pm	Monday 26th June 2017	
	Monday 2 <sup>nd</sup> October 2017		
Challenging Behaviours in people with an Intellectual Disability	9.30-12.30pm	Monday 26th June 2017	
•	Mon 9 <sup>th</sup> October 2017		
Personality Disorders in people with an Intellectual Disability workshop	9.30-12.30pm	Monday 26th June 2017	
	Mon 13 <sup>th</sup> November		
Introduction to Autistic Spectrum Disorder	9.30-12.30pm	Monday 26th June 2017	
·	Mon 13 <sup>th</sup> November		
Management of Autistic Spectrum Disorder (after intro session am)	1.00-4.00pm	Monday 26th June 2017	

Attendee's Manager's Name:.....Email:.....Email:....