

get to know your medicines

www.nps.org.au

# Medicines List

National Prescribing Service Limited



## Call Medicines Line

A qualified pharmacist can give you confidential information on:

- prescription medicines
- over-the-counter medicines
- herbal and natural medicines.



Medicines Line is **not an emergency service**.

It does not replace advice from your doctor or pharmacist.

Medicines Line is available **Monday to Friday, 9am to 6pm (EST)**

For the cost of a local call. Calls from mobiles may cost more.

NPS is an independent, Australian organisation for Quality Use of Medicines, funded by the Australian Government Department of Health and Ageing.

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## Important things to know about your medicines

It's important to get to know your medicines so you can get the best results from them. Some of the most important things you need to know – such as what your medicine is for, how much to use and when to use it – are on the Medicines List.

### Other things to know about your medicines include:

- when the medicines will begin working
- what to do and not to do while using your medicines
- side effects of the medicines.

### Your medicines may also be affected by your:

- health problem(s)
- other medicines
- previous problems with medicines
- allergies
- family history
- lifestyle.

For more information, pick up a copy of Medimate from your doctor or pharmacist.

## Using your Medicines List

### To get the most from your Medicines List:

- keep it up to date** by crossing out any medicines you are no longer using and adding new medicines as you start using them
- take it with you** each time you visit your doctor, pharmacist or health professional, or if you go into hospital
- keep it with you** at all times in case of emergency.

### Allergies or previous problems with medicines:

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### Emergency contact details:

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