

L.A.M.P.S.

Training Calendar 2017

JAN - MARCH

February

Introduction to Dual Diagnosis

Gain an understanding of the policy, practices and interventions available to work with dual diagnosis consumers

2nd Time: 9:00 – 4:30
 Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham
 Presenter: Southern Dual Diagnosis
 Cost: \$50
 Register: sdds@monashhealth.org

Foundational CBT Skills

8th Time: 9:30 – 4:30pm
 Venue: Cranbourne Integrated Centre, 140 – 154 Sladen St, Cranbourne Main Conf. Room
 Presenter: John Julian
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1921

New & Emerging Drugs

9th Time: 9:00 – 12:30
 Venue: Dandenong Hospital, Seminar Rm 1
 Presenter: Southern Dual Diagnosis
 Cost: \$30
 Register: sdds@monashhealth.org

Harm Reduction Strategies

9th Time: 1:00 – 4:30pm
 Venue: Dandenong Hospital, Seminar Rm 1
 Presenter: Southern Dual Diagnosis
 Cost: \$30
 Register: sdds@monashhealth.org

Introduction to Motivational Interviewing

A therapeutic approach to enhance a person's motivation to change by working with how people change

8th & 9th Time: 9:00 – 4:30
 Venue: St Kilda Road Clinic, Level 2 / 607 St Kilda Rd, St Kilda
 Presenter: Southern Dual Diagnosis
 Cost: \$75
 Register: sdds@monashhealth.org

Allied Health – Day 1 - Introduction to Mental Health Services

16th Time: 9:00 – 12:30pm
 Venue: TBC
 Presenter: Greg Coman, NEVIL
 Register: <http://www.nevil.org.au/>

Allied Health – Day 1 - Mental Health Act

16th Time: 1:00-4:30pm
 Venue: TBC
 Presenter: Kylie Boucher, AUSTIN
 Register: <http://www.nevil.org.au/>

Mental Health First Aid – 2 days

How to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. The course curriculum is based on the MHFA Guidelines. Most professionals can claim attendance at a MHFA course for Continuing Professional Development (CPD) with their industry body

28th Feb & 9th Mar Time: 9:00 – 4:30
 Venue: Kingston Centre, Education Rooms
 Presenter: Southern Dual Diagnosis
 Cost: \$75
 Register: sdds@monashhealth.org

March

Stress Management

1st Time: 9:30 – 4:30pm
 Venue: Level 2, Training Room, St Kilda Road Clinic
 Presenter: John Julian
 Register: gapsycheducation@alfred.org.au

Foundational CBT Skills

6th Time: 9:30 – 4:30pm
 Venue: LV CMHS Conference Rooms 1&2
 Presenter: John Julian
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1901

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

8th Time: 9:00 – 4:30pm
 Venue: LV CMHS, Conference Rooms 1 & 2
 Presenter: John Julian
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1902

Occupational Mindfulness Training

9th Mar – 18th May Time: 1:00 – 4:00pm
 Venue: John Madder Hall, Frankston
 Dates: Thursday's 9/3, 16/3, 30/3, 6/4, 13/4, 20/4, 11/5 & 18/5
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1916

Allied Health – Day 2 – Mental State Exam / Crisis Assessment

16th Time: 9:00 – 12:30pm
 Venue: TBC
 Presenter: Dennis Anson, NEVIL
 Register: <http://www.nevil.org.au/>

Allied Health – Day 2 – Assessment / Formulation

16th Time: 1:00pm-4:30pm
 Venue: TBC
 Presenter: Maria Haydock, NEVIL
 Register: <http://www.nevil.org.au/>

March (Cont.)

Cultural Responsiveness: Introduction to Principles and Practices

This one day interactive workshop introduces participants to principles that inform culturally safe practice while encouraging the exploration of practical skills to enhance diversity responsive mental health practice.

16th Time: 9:30 – 4:30pm
 Venue: Notting Hill, Meeting Rm 3
 Presenter: Victorian Transcultural Mental Health
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1861

CBDATS ABI & Mental Illness training

Presenters: The trainers are from the specialist Statewide Community Brain Disorders Assessment and Treatment Service (CBDATS). The team's focus is primarily on clients who suffer severe cognitive and psychiatric disability and associated clinical and systemic complexity. Its primary objective is to improve client outcomes by working with local services to achieve best possible treatment of psychiatric illness as well as optimization of services and supports for the client.

24th Time: 9:30 – 4:30
 Venue: Dandenong ART Building, Meeting Rms 1 & 2
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1881

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

27th Time: 9:00 – 4:30pm
 Venue: ART Building Meeting Rms 1 & 2
 Presenter: John Julian
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1905

April

Mindfulness Self-Compassion

3rd Time: 9:00 – 4:30pm
 Venue: Alfred Health, AMPREP Classroom 2
 Presenter: John Julian
 Register: gapsycheducation@alfred.org.au

Foundational CBT Skills

5th Time: 9:30 – 4:30pm
 Venue: ART Building, Conference Room
 Presenter: John Julian
 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1922

Mental State Examination

5th Time: 9:00 – 12:30pm
 Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham
 Presenter: Southern Dual Diagnosis
 Cost: \$30
 Register: sdds@monashhealth.org

Weekly Mindfulness Sessions

Every Wednesday
 Sacred Place, Dandenong Hospital
 Instructors alternating:
 Prof. Graham Meadows, Dr Fran Shawyer, John Julian
 Time: 2:30 – 3:00pm

April (Cont.)

Allied Health – Day 3 – Working with Families and Children

20th Time: 9:00 – 4:30pm
Venue: TBC
Presenter: Kirsty, Becca Alchin, NEVIL
Register: <http://www.nevil.org.au/>

Fundamentals of Supervision Training

Develop an understanding of the theory and practice of being a clinical supervisor

19th Time: 9:00 – 4:30pm
Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham
Presenter: Southern Dual Diagnosis
Cost: \$50
Register: sdds@monashhealth.org

Psych Meds & Substances

Time: 9:00 – 12:30pm
Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

20th Presenter: dual diagnosis Addiction Psychiatrist
Cost: \$30
Register: sdds@monashhealth.org

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm
Venue: Dandenong ART Building Meeting Rms 1 & 2

24th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1925

Intro to Opioid Pharmacotherapy

Time: 9:00 – 12:30pm
Venue: Dandenong Hospital, Seminar Rm 1, David St Dandenong

27th Presenter: Southern Dual Diagnosis
Cost: \$30
Register: sdds@monashhealth.org

Suicide Train the Trainer

Time: 9:00 – 4:30pm
Venue:

27th & 28th 27th April: Dandenong ART Building, Conference Room
28th April: Dandenong ART Building, Meeting Rm 1 & 2
Presenter: Tom Hall, Western Cluster
Register: john.Julian@monash.edu

Weekly Mindfulness Sessions

Every Wednesday
Sacred Place, Dandenong Hospital
Instructors alternating:
Prof. Graham Meadows, Dr Fran Shawyer, John Julian
Time: 2:30 – 3:00pm

May

Advanced Clinical Supervision

Time: 9:00 – 4:30

Presenter: John Julian

1st Venue: LRH Rural Health, Conference Rm 2

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1903

Introduction to Motivational Interviewing

Motivational Interviewing is a therapeutic approach to enhance a person's motivation to change by working with how people change

3rd & 4th

Time: 9:00 – 4:30

Venue: St Kilda Road Clinic, Level 2 / 607 St Kilda Rd, St Kilda

Presenter: Southern Dual Diagnosis

Cost: \$75

Register: sdds@monashhealth.org

Understanding Dual Diagnosis in Youth

Explore the adolescent developmental process in context of drug use and mental health

4th

Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm

8th

Venue: ART Building Meeting Rms 1 & 2

Presenter: John Julian

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1904

Train the Facilitator – PsychoEducation Group

Learn the skills and receive the manual of the psychoeducation program suitable for inpatient and community consumers

17th

Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

May (Cont.)

Allied Health – Day 4 – Dual Diagnosis – Alcohol & Other Drugs

18th Time: 9:00 – 4:30pm
Venue: TBC
Presenter: Kevan Meyers – NEXUS Dual Diagnosis Service
Register: <http://www.nevil.org.au/>

Cultural Responsiveness: Introduction to Principles and Practices

This one day interactive workshop introduces participants to principles that inform culturally safe practice while encouraging the exploration of practical skills to enhance diversity responsive mental health practice.

18th

Time: 9:30 – 4:30

Presenter: Victorian Transcultural mental health

Venue: Notting Hill, Meeting Rm 3

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1862

Mental Health First Aid – 2 days

How to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. The course curriculum is based on the MHFA Guidelines. Most professionals can claim attendance at a MHFA course for Continuing Professional Development (CPD) with their industry body

20th May & 1st June

Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms

Presenter: Southern Dual Diagnosis

Cost: \$75

Register: sdds@monashhealth.org

Occupational Mindfulness – 8 weeks

Time: 1:00 – 2:30pm

25th

Presenter: John Julian

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Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

20th

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1941

July

Substance Use and the Older Adult

Gain an understanding of the impact of substances on the older population and some practical interventions to reduce harms

25th

Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

Mindful Self-Compassion

Time: 9:00 – 4:30pm

31st

Venue: Level 2, Training Room, St Kilda Road Clinic, St Kilda

Presenter: John Julian

Register: gapsycheducation@alfred.org.au

June

Foundational CBT Skills

Time: 9:30 – 4:30pm

Venue: LV CMHS Conference Rooms 1&2

5th Presenter: John Julian

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1906

Foundational Counselling Skills for Experiential Mental Health Staff

Time: 9:00 – 4:30pm

7th Venue: LV CMHS Meeting Rm 1

Presenter: John Julian

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1907

Intro to General Pharmacotherapy

Time: 9:00 – 12:30

8th Presenter: Southern Dual Diagnosis

Cost: \$30

Venue: Dandenong Hospital, Seminar Rm 1

Register: sdds@monashhealth.org

Intro to Psych Medications

Time: 1:00 – 4:30pm

8th Presenter: Southern Dual Diagnosis

Venue: Dandenong Hospital, Seminar Rm 1

Cost: \$30

Register: sdds@monashhealth.org

Allied Health – Day 5 – Psychotherapies Overview

Time: 9:00 – 4:30pm

15th Venue: ART Building Meeting Rms 1 & 2

Presenter: Greg Coman (NEVIL) & John Julian

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1904

The Cannabis Check-Up

NCPIC designed training for people using cannabis. Develop skills in utilising evidence based interventions

27th Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

July

Cultural Responsiveness: Introduction to Principles and Practices

This one day interactive workshop introduces participants to principles that inform culturally safe practice while encouraging the exploration of practical skills to enhance diversity responsive mental health practice.

4th Time: 9:30 – 4:30

Presenter: Victorian Transcultural mental health

Venue: Notting Hill, Meeting Rm 3

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1863

Advanced Supervision Training

Develop your existing skills and practice a range of strategies to improve your skills as a clinical supervisor

5th Time: 9:00 – 4:30

Venue: Monash University, 270 Ferntree Gully Rd, Notting Hill

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

Allied Health – Day 6 – Recovery

Time: 9:00 – 4:30pm

20th Venue: TBC

Presenter: John Julian

Register: <http://www.nevil.org.au/>

Train the Facilitator – ReVitalise Group

Learn the skills and obtain a copy of the six week manualised mindfulness based dual diagnosis program

25th Time: 9:00 – 4:30

Presenter: Southern Dual Diagnosis

Venue: Kingston Centre, Education Rooms

Register: sdds@monashhealth.org

Psych Meds & Substances

Time: 9:00 – 12:30pm

27th Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: dual diagnosis Addiction Psychiatrist

Cost: \$30

Register: sdds@monashhealth.org

Weekly Mindfulness Sessions

Every Wednesday
 Sacred Place, Dandenong Hospital
 Instructors alternating:
 Prof. Graham Meadows, Dr Fran Shawyer, John Julian
 Time: 2:30 – 3:00pm

August

Stress Management

Time: 9:30 – 4:30pm

2nd Venue: Level 2, Training Room, St Kilda Road Clinic

Presenter: John Julian

Register:

gapsycheducation@alfred.org.au

Alcohol & Other Drug Withdrawal

Obtain an overview of the core principles of withdrawal and gain an understanding of the best current practice guidelines

3rd Time: 9:00 – 4:30

Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

Presenter: Southern Dual Diagnosis

Cost: \$50

Register: sdds@monashhealth.org

Advanced Psychopharmacology Training

The dual diagnosis Addiction Psychiatrist will help you develop an advanced understanding of medications used in mental health

3rd Time: 9:00 – 4:30

Presenter: Southern Dual Diagnosis

Venue: Monash Uni, Notting Hill, 270 Ferntree Gully Rd

Cost: \$50

Register: sdds@monashhealth.org

Foundational Clinical Supervision

Time: 9:00 – 4:30

Presenter: John Julian

7th Venue: LRH Rural Health, Tutorial Room 3,

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1908

Sept

Mindful Self-Compassion

Time: 9:00 – 4:30pm
Venue: Level 2, Training Room, St Kilda Road Clinic

4th Presenter: John Julian

Register: gapsycheducation@alfred.org.au

Mental Health First Aid – 2 days

How to provide initial support to adults who are developing a mental illness or experiencing a mental health crisis. The course curriculum is based on the MHFA Guidelines. Most professionals can claim attendance at a MHFA course for Continuing Professional Development (CPD) with their industry body

5th & 6th

Time: 9:00 – 4:30
Venue: Kingston Centre, Education Rooms
Presenter: Southern Dual Diagnosis
Cost: \$75
Register: sdds@monashhealth.org

Foundational CBT Skills

Time: 9:30 – 4:30pm
Venue: LRH Rural Health, Tutorial Room 3

11th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1909

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm
Venue: LV CMHS Conf. Rms 1&2

13th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1910

Cultural Responsiveness: Introduction to Principles and Practices

This 1 day interactive workshop introduces participants to principles that inform culturally safe practice while encouraging the exploration of practical skills to enhance diversity responsive mental health practice.

19th Time: 9:30 – 4:30
Presenter: Vict. Transcultural Mental health
Venue: Dandenong ART Building, Meeting Rms 1 & 2
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1864

Foundational CBT Skills

Time: 9:30 – 4:30pm
Venue: Dandenong ART Building, Conference Room

27th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1923

October

Mental State Examination

Time: 9:00 – 12:30pm
Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

3rd Presenter: Southern Dual Diagnosis

Cost: \$30
Register: sdds@monashhealth.org

Psych Meds & Substances

Time: 9:00 – 12:30pm
Venue: Kingston Centre, Education Rooms, 400 Warrigal Rd, Cheltenham

5th Presenter: dual diagnosis Addiction Psychiatrist

Cost: \$30
Register: sdds@monashhealth.org

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm
Venue: ART Building Meeting Rms 1 & 2

9th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1911

Mindful Self-Compassion

Time: 9:00 – 4:30pm
Venue: Alfred Health, AMREP Classroom 2

26th Presenter: John Julian
Register: gapsycheducation@alfred.org.au

Advanced Clinical Supervision

Time: 9:00 – 4:30
Presenter: John Julian
Venue: LRH Rural Health, Conference Rm 2

30th Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1912

November

Dec

Foundational CBT Skills

Time: 9:30 – 4:30pm
Venue: LRH Rural Health - Conf. Room 3,

4th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1913

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm
Venue: LV CMHS Meeting Rm 1

6th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1914

Foundational CBT Skills

Time: 9:30 – 4:30pm
Venue: Cranbourne Centre, 140 Sladen St, Cranbourne, Main Conference Room

13th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1924

Foundational Counselling Skills & Related skills for Experienced Mental Health Staff

Time: 9:00 – 4:30pm
Venue: Dandenong ART building, Meeting Rms 1 & 2

14th Presenter: John Julian
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1915

CBDATS ABI & Mental Illness training

Presenters: The trainers are from the specialist Statewide Community Brain Disorders Assessment and Treatment Service (CBDATS). The team's focus is primarily on clients who suffer severe cognitive and psychiatric disability and associated clinical and systemic complexity. Its primary objective is to improve client outcomes by working with local services to achieve best possible treatment of psychiatric illness as well as optimization of services and supports for the client.

24th Time: 9:30 – 4:30
Venue: TBC – possibly venue in Warragul
Register: http://spppm-cf.med.monash.edu.au/southernsynergy/orm.cfm?workshop_id=1881