

The LAMPS NEWS!

Latrobe Regional Health, **A**lfred & **M**onash Health **P**eninsula **S**ynergy
(LAMPS represents the growing light effects of training and education)

Date: 16/08/2013

Welcome to 'The LAMPS News!'

What's happening in training and in the LAMPS cluster.

This newsletter will have several sections:

- We have moved! Pg 1 (below)
- [Training News](#) - What training is happening?
- Local Training in See pg 2 plus
- Other courses pg 8
- Conferences pg 8
- Allied Health Grad Program pg 10

Southern Synergy has moved

We are now back at Monash Health's Dandenong Hospital and we are on the first floor at:

Administration, Research & Training (ART) Building
126-128 Cleeland Street, Dandenong 3175
All telephone numbers and emails remain the same.

Intermediate Assessment & Management of Suicidality

Trainer: John Julian

Date: 11 September 2013

Time: 9.30am-4.30pm

Presenter: John Julian

Venue: Monash Uni, Bldg 1, Room 3,
Nottling Hill Campus, 270 Ferntree Gully Road

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=727

The World Hearing Voices Congress: Journeys to understanding – Sharing experience, expertise and wisdom

20-22 November 2013 Melbourne, Melbourne Convention and Exhibition Centre

Website:

<http://www.regonline.com.au/builder/site/default.aspx?EventID=1196422>

Led by voice hearer's, but inclusive of every mental health profession, family, friends, partners and carers. Learn from those with lived experience, leading researchers and recovery practitioners, community and clinical professionals. Confront stigma, myths and old assumptions about voices. Presented by Intervoice and Voices Vic, Prahran Mission.

For the full 2013 Training Calendars please go to:

<http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html>

Out beyond the ideas of right-doing and wrong-doing, there lies a field. I'll meet you there.

For Monash Health Community Mental Health staff only:

See talk by Prof Mike Slade at MMC on Monday - See Page 5

Local Training

Aug	
5 th	<p>MBSR - Session 8 Time: 2:30pm – 4:30pm Venue: Notting Hill, Meeting Rm 4 Presenter: John Julian</p>
8 th & 9 th	<p>ASIST (Applied Suicide Intervention Skills Training) – 2 Days Venue: Latrobe Valley Community, Mental Health Services, 20 Washington Street, Traralgon 3844 Cost: External agencies - \$275pp plus GST, Community groups - \$50pp plus GST Time: 8:30am – 4:30pm Register: jgannon@lrh.com.au</p>
12 th	<p>Introduction to Psychotherapy Time: 9.30-4.30 Presenter: John Julian Venue: Monash Uni, Bldg 1, Room 3, Notting Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=721</p>
14 th & 15 th	<p>Youth Mental Health First Aid – 2 Days Cost is \$160pp (\$50pp for not for profit community groups) plus GST - BYO lunch & snacks. You will be required to attend the full 14 hours in order to obtain a certificate of completion. A minimum of 8 participants is required for course to proceed Time: 8.30 – 5:00 Presenter: LRH MH Services Venue: Sale (TBA Venue & Room) Register: vcunningham@lrh.com.au</p>
20 th	<p>Autistic Spectrum Disorders Time: 9.30-12.30 Presenter: Victorian Dual Disability Service Venue: St Vincent’s Health Fitzroy Register: http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html</p>

Aug

21st	<p>CRISIS Time: 8:30am – 4:30pm Venue: The Blue Room on level 1 in the mental health area, Frankston Hospital Register: Imcintyre@phcn.vic.gov.au</p>	Presenter: Peninsula Health
22nd & 23rd	<p>CARE (Communication And non-violent Response Education) – 2 Days Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only Time: 9:00am – 4:30pm Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>	Venue: LV CMHS
27th	<p>CARE (Communication And non-violent Response Education) All LRH Staff Time: 8:30am – 4:30pm Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>	Venue: Bairnsdale CMHS
28th	<p>"Carers, Mindfulness and Looking after oneself" session for carers Time: 10:15–12:30 Venue: Ashley Ricketson Centre, Caulfield Hospital Register: southern.synergy@monash.edu</p>	Presenter: John Julian
29th	<p>ASIST (Applied Suicide Intervention Skills Training) – Half Day Tune-Up Time: 9:30am – 1:30pm Venue: LV CMHS – 20 Washington St, Traralgon Cost: External agencies - \$55pp plus GST, Community groups - \$20pp plus GST Register: jgannon@lrh.com.au</p>	

Sept

3rd	<p>Community Intermediate Suicide Day Time: 9:30am – 4:30pm Presenter: John Julian Venue: The Alfred Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=643</p>
9th & 16th	<p>Clinical Supervision – 2 Day workshop Time: 9:00 – 5:00pm Presenter: LAMPS Venues: (9th) Monash Uni, Bldg 1, Meeting Rm 3 (16th) Casey Hospital Berwick Tutorial Room 1 & 2 Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=682</p> <div style="text-align: right; border: 1px solid #ccc; border-radius: 15px; padding: 5px; background-color: #e6f2ff; font-weight: bold; color: #0056b3;">NOW FULL</div>
11th	<p>Intermediate Assessment & Management of Suicidality Time: 9.30am-4.30pm Presenter: John Julian Venue: Monash Uni, Bldg 1, Room 3, Notting Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=727</p>
14th	<p>A Day of Mindfulness Time: 10:00am – 3:00pm Venue: Monash Uni, Bldg 1, Rm 4 Register: southern.synergy@monash.edu</p>
17th	<p>Introduction to Psychotherapy Time: 9.30am-4.30pm Presenter: John Julian Venue: Monash Uni, Bldg 1, Room 4, Notting Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=722</p>
17th	<p>CARE (Communication And non-violent Response Education) – Refresher Course All LRH Staff Time: 9:00 – 12:00 Venue: Warragul CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>

Sept (Cont.)

24th	<p>Orientation to Mental Health Time: 9.30am – 4.30pm Presenter: John Julian Venue: Monash Uni, Bldg 1, Room 3, Nott ing Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=701</p>
26th & 27th	<p>CARE (Communication And non-violent Response Education) – Day 1 Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only Time: 9:00am – 4:30pm Venue: LV CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
30th	<p>Ethics in Mental Health Seminar Time: 9 – 5pm Presenter: The Alfred Venue: The Alfred, AMREP Seminar room Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=324</p>

**Notice to staff in Monash Health Community Mental Services and
 Local General practitioners in Monash Health Catchment Area**

Talk by Professor Mike Slade

Recovery: from concept to clinical practice

Professor Slade is a leading international expert on recovery oriented practice. As well as leading major research projects in this area in the UK, Mike is one of the investigator team on the PULSAR project which is currently commencing in Monash Health along with Mind, Ermha and in local primary care settings.

He is the Author of ‘Personal Recovery and Mental Illness’ (published by Cambridge University Press) which is an authoritative text in the field

**Monash Medical Centre Psychiatry
 Education Program**

Date: Monday 26th August

Time: 12:30pm – 1:30pm

Venue: Monash Medical Centre, Lecture Theatre 3

Conferences

Australian College of Nurse Practitioners 2013 Conference

24th to 27th September 2013

Hobart, Tasmania, Australia

Website: <http://www.dcconferences.com.au/acnp2013/>

Contact person: DC Conferences

the Conference will focus on key topics including mental health, primary and emergency care, chronic disease, aged care, paediatrics, pain management, acute care & rehabilitation

Organized by: Australian College of Nurse Practitioners



The World Hearing Voices Congress: Journeys to understanding – Sharing experience, expertise and wisdom

Congress

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The 4th Australasian Cognitive Neuroscience Conference 2013

The 4th Australasian Cognitive Neuroscience Conference (ACNC) will be held at Monash University, Melbourne, November 28 - December 1, 2013.

The conference is the official annual meeting of the Australasian Cognitive Neuroscience Society (ACNS), which is the major organisation dedicated to cognitive neuroscience research in both Australia and New Zealand. The conference program will feature several high profile international keynote speakers from the fields of psychology, developmental cognitive neuroscience, brain neuroscience, genetics, neurology, and psychiatry.

The work to be presented will cover the major methodologies used in human cognitive neuroscience research including MRI, EEG, MEG, TMS and psychophysics.

2013 NEVIL / LAMPS Allied Health Graduate Program

Purpose of the Allied Health Graduate Program

1. To ensure that allied health graduates are provided with appropriate training related to specific mental health issues in their initial year of training.
2. To supplement the online training available through MHPOD.

For further details or to register to attend the full program or individual components, please contact Lina Wilson on 9288 2194 or at Lina.Wilson@svhm.org.au

DAY	Topic	MHPOD Topics for Pre reading	Duration	Presenters
Day 8 <i>Thur 19th</i> <i>Sep</i>	Professional Resilience (including: professional identity, team dynamics, self-management, self-management, communicating effectively)	N/A	1 day	To be advised
Day 9 <i>Thur 17th</i> <i>Oct</i>	Psycho-therapeutic intervention	N/A	1 day	John Julian
	Group Work	N/A	1 day	Greg Coman/ Zoe Edmonds
Day 10 <i>Thur 21st</i> <i>Nov</i>	Site visits	N/A	1 day	Greg Coman

Graduate Training Program

- Presenters need to be aware the content of the MHPOD sessions and use this to inform the training they present.
- The training should provide brief overview of topic; however focus on, reflective, integrative, experiential and practical learning opportunities that are not provided through the online training.