Is face-to-face nutrition counselling a thing of the past?

Monday 20th August, 2 to 5pm
Monash University, Clayton Campus, Building 8, R4

COST

- **Professional Registration**
  $25 (inc GST)
- **Student Registration**
  $5 (inc. GST)

SPEAKERS

- Jean Harvey-Berino, Professor of Nutrition & Food Sciences at the University of Vermont
- Helen Truby, Professor of Nutrition and Dietetics, Monash University
- Steve Quenette, Strategic Initiatives Manager, Monash eResearch
- Clare Collins, Professor in Nutrition and Dietetics and Co-Director of the Priority Research Centre on Physical Activity and Nutrition, University of Newcastle
- Karen Inge, APD, member of Jenny Craig Medical Advisory Board
- Melinda Neve, Post-doctoral research fellow, Priority Research Centre on Physical Activity and Nutrition, University of Newcastle

FOR A MAP OF CLAYTON CAMPUS VISIT

Ticket parking is available near Building 8 (map reference E3).
S1 parking area $3.60/hour or $10.80 for 3 hours; SE3 parking area $7.70 all day.

FOR FURTHER INFORMATION

Monash University – Department of Nutrition and Dietetics
Tel: +61 3 9902 4270 Email nutrition.dietetics@monash.edu
Website www.med.monash.edu.au/nutrition-dietetics/
### Seminar Program

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<td>Welcome</td>
<td>Professor Helen Truby</td>
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<td>2.10 – 2.40</td>
<td>‘What is the future for nutrition counselling for dietitians?’</td>
<td>Professor Jean Harvey-Berino</td>
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<td>2.40-3.00</td>
<td>‘Harnessing e-energy: methods of electronic data collection’</td>
<td>Professor Helen Truby and Steve Quenette</td>
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<td>AFTERNOON TEA</td>
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<td>3.30-3.50</td>
<td>‘Latest findings from the Biggest Loser Club – an online solution for weight maintenance?’</td>
<td>Professor Clare Collins</td>
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<td>3.50-4.10</td>
<td>‘Engagement at home or face to face: challenges in the commercial sector’</td>
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<td>4.10-4.30</td>
<td>‘An eHealth weight loss intervention for young overweight women’</td>
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### Short Bio of Speakers

**Professor Jean Harvey-Berino** is in Australia having been awarded a Fulbright Fellowship. Her research focuses on the behavioural treatment of obesity and obesity's relationship to cancer occurrence and recurrence. She is the founder of the online VTrim weight management program and is a highly respected member of the scientific community. Through published research, multimedia delivery of healthy living programs, and her role as educator she has played an integral part in helping people improve their general health.

**Professor Helen Truby** has substantial experience in nutrition research, dietetic practice and teaching in both Australia and the UK. Her research aims are to substantiate the evidence base for nutritional interventions in obesity and chronic disease states and to translate evidence into practice settings. She has an interest in using technology both to assist in data collection and management and to deliver health messages to a wider audience.

**Steve Quenette** oversees all institutional scale matters of computing enabling research. He consults to several high-profile online presence initiatives with the University and its institutes. Steve serves on or is an advisor to several project and national research infrastructure committees. He consults to both local and international researchers on software development for high performance computing and cross-organisational health- and bio- informatics and has been involved in State-based eHealth initiatives, across primary care and acute care.

**Professor Clare Collins** holds a National Health and Medical Research Council, Career Development Fellowship and has published over 80 manuscripts. Her main research activity examines the impact of interventions to improve dietary intake and the relationship with changes in weight and health across all ages and stages of life. Professor Collins is a Fellow of the DAA and is well known in Australia as a DAA media spokesperson and commentator on nutrition, having conducted over 700 media interviews. She has co-authored five lay books on weight loss for adults and is the nutrition consultant to the Shine Australia who produce The Biggest Loser.
Karen Inge is an APD, a widely published author and well-known nutrition writer for magazines and newspapers and is an industry consultant. She is a sought-after speaker, regularly appearing on lifestyle, current affairs and news TV programs, providing specialist nutrition comment. Karen is also a sports dietitian and consults to numerous sporting teams. She was the first dietitian to be made a Fellow of Sports Medicine Australia and is an inaugural Fellow of Sports Dietitians Australia and member of Jenny Craig Medical Advisory Board.

Dr Melinda Neve’s current research focuses on the development and evaluation of weight management interventions that utilise innovative technologies such as the Internet and Smartphones. Dr Neve is also an Accredited Practicing Dietitian.

Seminar Registration Fees

Includes: afternoon tea.
If you have any dietary requirements please contact: nutrition.dietetics@monash.edu

- Professional fee $25 (inc GST)
- Student fee $5 (inc GST)

All fees are payable in advance. Student photo identification will be checked on arrival.

Payment

Payment and registration can be made via credit card at Ecart

http://ecommerce.med.monash.edu.au/

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If alternate payment arrangements are required please contact: nutrition.dietetics@monash.edu

Disclaimer

The organisers reserve the right to change the program, topics and presenters if necessary. This information is correct at the time of publishing.

Cancellation Policy: All cancellations must be made in writing. A 100% refund on registration will be made on any cancellations received in writing before Wednesday 15 August 2012. There will be no refunds after date, although substitute delegates are welcome.