Researchers from the Centre of Research Excellence in Patient Safety (CRE-PS) in the School of Public Health and Preventive Medicine (SPHPM) have recently completed the world’s largest hospital falls prevention trial—the 6-PACK project.

In undertaking this project, there were many useful insights on the challenges and success factors associated with implementing new patient safety programs in the hospital setting.

This workshop encompasses the expertise of leading patient safety researchers and healthcare professionals. Information will provide delegates with practical recommendations to successfully drive the implementation of patient safety programs in the hospital setting by addressing the following topics:

- Implementing evidence based systems to enhance patient safety
- Lessons learnt from the 6-PACK project
- Critical success factors to implementing new patient safety programs
- Education and leadership
- Using data to help drive practice change
- Conducting audits, reminders and feedback

Delegates will leave with the ability to design and implement new programs to improve patient safety in their healthcare setting and will be provided with skills and knowledge to support the implementation of accreditation standards 8 and 10.

**Workshop details**

**Date:** Friday October 24th, 2014  
**Time:** 3:00pm-6:00pm (Registration opens at 2:30pm)  
**Venue:** The Alfred Centre  
99 Commercial Road, Melbourne VIC 3004  
(Access ‘B’ lobby via Centre Lane)  
Monash University, Level 5 Lecture Theatre  
**Cost:** $195 (including GST)  
No discounts available as places are limited  
**Registration:** Please refer to page 3.  
Afternoon tea and refreshments provided  
For enquiries, please contact Ms Sheral Rifat on  
03 9903 0199 or falls6pack.depm@monash.edu

**We will provide you with**

- Tools for achieving practice change  
- Education and leadership strategies  
- Key implementation strategies  
- Information on making data-driven decisions  
- Case studies for education and training

**Who should attend?**

- Clinicians  
- Researchers  
- Hospital managers and leaders  
- Patient safety officers  
- Policy leaders involved in falls prevention
Implementing patient safety programs in the hospital setting: Making practice change happen
Friday October 24th 2014

Dr Anna Barker (Monash University)
Anna is the leader of the Falls and Bone Health Team in the CRE-PS at Monash University. She is an experienced falls prevention researcher and continues to work as a physiotherapist. She has developed a strong interest in the management of older people having completed a Masters in Geriatrics and a PhD on falls and has led falls projects in community, residential aged care and hospital settings. She led the world’s largest falls prevention trial in the hospital setting - the 6-PACK trial that included more than 60,000 patients. Recently, she has commenced the RESPOND project that explores the effectiveness of a novel service model for older people presenting to the ED with a fall and the ASPREE fracture sub-study - a RCT that investigates the effect of aspirin on fracture and fall risk in a sample of 16,500 older adults.

Ms Jeannette Kamar (The Northern Hospital)
Jeanette is a registered nurse with a Bachelor of Applied Science in Nursing. Currently Jeannette is the policy and procedure coordinator for Northern Health. In 2013 she assisted Northern Health with the implementation of the 10 national standards and prior to this she managed for over 10 years the injury prevention unit at The Northern Hospital (TNH), which included projects on falls prevention, pressure ulcer prevention, venous thromboembolism prevention and prevention of patient manual handling injuries. Jeannette has been the driving force behind the development and validation of TNH-STRATIFY falls risk assessment tool and TNH falls prevention program which significantly reduced falls related injuries. Jeannette contributed to the development of a number of best practice guidelines including minimising the risk of falls and fall-related injuries, developed by the Victorian Quality Council in 2003. Jeannette was also the program facilitator for the 6-PACK cluster randomised controlled trial.

Mr Greg Tomczak (Royal Prince Alfred Hospital)
Greg is the clinical nurse educator on the respiratory ward at RPA hospital Sydney. He is chair of the hospital CNE committee and a contributing member for a number of hospital committees. Greg regularly organises and runs hospital wide education, he teaches within his unit and has been invited to provide respiratory education sessions for external facilities including the Australian College of Nursing and in 2013 received the RPA Nursing Executive Award. Applying his interest in facilitating change, Greg successfully took on the role as site clinical leader for the 6-PACK falls prevention trial at RPA.

Ms Renata Morello (Monash University)
Renata is the Research Manager of the Falls and Bone Health Team in the CRE-PS, Department of Epidemiology and Preventive Medicine, SPHPM at Monash University. She is also a Physiotherapist with more than 10 years of clinical experience in both the public and private sectors within Australia and the UK. In 2011 she completed a Master of Public Health at the University of Melbourne, specialising in health program and economic evaluation. Renata is currently project manager of the 6-PACK project, a multi-centre single blinded cluster randomised controlled trial and is leading the economic evaluation of this project as part of her PhD.
# Program Schedule

Driving practice change to support safety and quality standards 8 and 10

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Organization</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:30</td>
<td>REGISTRATION</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15:00 - 15:10</td>
<td>Dr Anna Barker</td>
<td>Monash University</td>
<td>Introduction</td>
</tr>
<tr>
<td>15:10 - 15:40</td>
<td>Ms Renata Morello</td>
<td>Monash University</td>
<td>Simplifying the complex: Implementing complex health interventions into practice</td>
</tr>
<tr>
<td>15:40 - 16:10</td>
<td>Mr Greg Tomczak</td>
<td>Royal Prince Alfred Hospital</td>
<td>Education and leadership: The ‘how to’ of setting the scene for change</td>
</tr>
<tr>
<td>16:10 - 16:30</td>
<td>AFTERNOON TEA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16:30 - 17:00</td>
<td>Ms Jeanette Kamar</td>
<td>The Northern Hospital</td>
<td>How to bed down change: Using audits, reminders and feedback</td>
</tr>
<tr>
<td>17:00 - 17:30</td>
<td>Dr Anna Barker</td>
<td>Monash University</td>
<td>Using data to support practice change: The ups and downs</td>
</tr>
<tr>
<td>17:30 - 17:50</td>
<td>Panel session</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17:50 - 18:00</td>
<td>Dr Anna Barker</td>
<td>Monash University</td>
<td>Closing remarks</td>
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## Registration

Follow the link below to complete payment and registration:


$195 per person (incl. GST)

(No discounts available as places are limited)

Registration closes 23rd Oct 2014

(Unless quota reached prior)

**NOTE:**

You will automatically be issued with a tax receipt/invoice when making the online payment.

The registration process is complete once payment has been received and a registration confirmation email has been sent to you.

**Terms and Conditions:** Refunds will not be given if inability to attend is advised the day prior to the workshop. Requests for refunds at any other time will be considered on an individual basis.

Please note: A colleague is always welcome to attend in your place.

Enquiries to Sheral Rifat  
E: falls6pack.depm@monash.edu  
P: 03 9903 0199