

Acute care of the frail elderly seminar

A focus on issues and systems of care for those who work with the acutely unwell frail elderly

Friday 20th June 2014

About the event:

This seminar is designed to address the major issues confronting acutely unwell frail elderly patients when they find themselves in an acute hospital environment.

Who should attend:

This seminar will appeal to:

- General physicians
- General medical nurses
- Geriatricians
- General Practitioners
- Aged care nursing leadership
- Emergency medicine and nursing staff
- Pharmacists
- Allied health practitioners
- Hospital administrators
- Victorian and Australian Department of Health managers
- Hospital inreach/outreach teams and residential care leadership.

Venue: The Alfred Medical Research and Education Precinct (AMREP) lecture theatre, 75 Commercial Rd, The Alfred, Melbourne Vic 3004.

This is located 100m west of the Punt and Commercial Rd intersection.

Event date: Friday 20th June, 2014

Event time: 9:00am - 4:30pm
(Registration opens at 8:30am)

Cost: \$295 pp (inclusive of GST)

Catering provided.

Payment and registration:

<http://ecommerce.med.monash.edu.au/product.asp?pid=463&cid=8>

Registration is finalised once you receive a registration confirmation email from the administrator.

Terms and Conditions: Refunds will not be given if cancellations are advised less than seven days prior to the event. Please note, a colleague is always welcome to attend in your place.

Further venue details, accommodation and parking information can be found on our website at:

<http://www.med.monash.edu.au/sphpm/creps/seminars.html>

Enquiries to Catherine Pound on +61 3 9903 0891 or crepatientsafety@monash.edu.

This seminar is supported by the Victorian Government Department of Health, Internal Medicine Society of Australia and New Zealand (IMSANZ), Alfred Hospital WTMS group, Monash University and Alfred Health.



Centre of
Research Excellence
in Patient Safety



MONASH University
School of Public Health and Preventive Medicine



Speaker and Facilitator details

(in order of appearance)

Associate Professor Harvey Newnham is a General Physician, Endocrinologist and Associate Professor of Medicine with Monash University. He is 'Director of General Medicine' and 'Clinical Program Director of Emergency and Acute Medicine' for Alfred Health, Melbourne. His main interest is in provision of acute medical care and access to care for patients with chronic diseases. He has longstanding interests in developing multidisciplinary teamwork, refining ward rounding processes in medical education, disorders of lipid metabolism and vascular disease in diabetes. Harvey also has an honorary role as chairman of the board of Health Education Australia Limited (HEAL, formerly VMPF).

Ms Susan Biggar is a senior manager at Health Issues Centre. She holds degrees from Duke and Stanford universities. She is a consumer member of both departmental and health service committees. Susan has lived in six countries over the past 25 years and had significant experience as a carer in acute care settings as two of her children live with cystic fibrosis. Recently she has been a 'long distance carer' for her elderly parents and in-laws overseas. A writer by background, her first book, *The Upside of Down*, will be released in September 2014.

Dr John Gommans is a dual trained New Zealand Physician achieving his FRACP in General Medicine in 1987 and completing post-fellowship training in Geriatric Medicine in Britain. He is currently President of the IMSANZ, which represents General Physicians and Trainees in General and Acute Care Medicine across Australasia. He was President of the NZ Society for Geriatric Medicine at the time of its amalgamation with the Australian Society to form the ANZ Society for Geriatric Medicine. Since 1989 he has worked full time at Hawke's Bay Hospital in NZ as both a General Physician leading one of seven inpatient acute medical teams and until 2010 also as a Geriatrician based in the Assessment, Treatment and Rehabilitation Unit. In 2010 he became the hospital's part-time Chief Medical Officer. He has a special interest in stroke medicine and stroke research.

Professor Alison Hutchinson is the Chair in Nursing, Centre for Nursing Research, Deakin University and Monash Health Partnership. The broad aim of the Centre is to conduct high quality research that informs clinical practice, policy development and education. Alison is currently co-lead of a project to implement the Tri-focal Model of Care in residential aged care. The Model emphasises three core concepts: promoting partnership-centred care, building a positive work environment, and providing evidence-based practice. This is one of 16 projects funded by the Australian Government as part of the Teaching and Research in Aged Care Services initiative.

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Speaker profiles

Associate Professor Gideon Caplan is Director of Post Acute Care Services and Director of Geriatric Medicine at Prince of Wales Hospital and a Conjoint Associate Professor at the University of New South Wales in Sydney, Australia. His research involves developing and rigorously testing new health services, and the pathophysiology of delirium, where he works with a consortium of international investigators. He has been a chief investigator on five investigator-initiated RCTs. He has served as a consultant to Commonwealth and State Health Departments including the Australian Health Ministers Advisory Council.

Associate Professor Peter Hunter is the Clinical Program Director of Rehabilitation, Aged and Community Care at Alfred Health and Chair of the Clinical Leadership Group on improving care for older people in hospital. He is an Associate Professor of Aged Care at Monash University. He has been in this role since 2006. Peter has over 20 years experience as a clinician and has had roles at Northern Health as a senior geriatrician and at St Vincent's Health as a Clinical Director and as Head of Aged Care. In these roles he was responsible for developing a range of acute and subacute inpatient and community based programs. Peter has been involved with the development of a number of initiatives and policies with the Victorian Department of Human Services including the Hospital Admission Risk Program and Improving Care for Older People Policy.

Professor Michael Dooley holds a joint appointment as Director of Pharmacy at Alfred Health and Professor of Clinical Pharmacy, Centre for Medicine Use and Safety, Faculty of Pharmacy and Pharmaceutical Sciences of Monash University in Melbourne Australia. His career has focused in the acute healthcare sector and has spanned special clinical roles in oncology through to senior leadership positions within health services. He was previously the Director of Pharmacy at the Peter MacCallum Cancer Centre. He currently leads the pharmacy services at The Alfred, Caulfield and also the Sandringham Hospitals where the service is one of the nine clinical programs at Alfred Health. The program includes comprehensive unit based clinical services as well as a range of educational and research initiatives and is recognised as one of Australia's most eminent pharmacy services.

Associate Professor Sarah Hilmer is head of the Department of Clinical Pharmacology and Senior Staff Specialist in Aged Care at Royal North Shore Hospital, and a conjoint Associate Professor at Northern Clinical School, Sydney Medical School, University of Sydney. Her clinical, teaching, research and policy roles all aim to improve safe and effective use of medicines, particularly for frail older people. She leads a program of research in basic and clinical geriatric pharmacology at the Kolling Institute of Medical Research. Her academic record includes over 130 publications on ageing and pharmacology, chief investigator on seven NHMRC project grants and she is a research lead investigator on the NHMRC Partnership Centre on Dealing with Cognitive and Related Functional Decline in Older People.

Professor Renuka Visvanathan has an international reputation in the research area of nutritional frailty. She is especially interested in the provision of quality health care to prevent the impact of frailty as well as improve the wellbeing, function and quality of life of frail, older people. Renuka is Clinical Director of the Aged & Extended Care Services at the Queen Elizabeth Hospital, Central Adelaide Local Health Network, which is home also to the University of Adelaide Academic Geriatric Medicine Department. She is Director of the Adelaide Geriatrics Training and Research with Aged Care Centre, which is located on a major aged care campus. Renuka is an Associate Investigator with the NHMRC Centre of Research Excellence Translating Nutritional Science to Good Health with the School of Medicine, University of Adelaide.

Associate Professor Ibolya Nyulasi is the Manager of Nutrition services across Alfred Health, President and life member of AuSPEN and is a Faculty member of ESPEN. She also holds an adjunct Associate Professorial appointment at Monash University. Ibolya was the Australasian Editor of the journal *Nutrition* from 1998 to 2008. She was involved with developing the Monash University Dietetics course, which she later led as course convenor and to the successful accreditation of the new course. She has a major interest in the identification and treatment of malnutrition and nutrition and critical care.

Professor Peteris Darzins is a practicing Geriatrician at Eastern Health, where he is also the Director of Geriatric Medicine and Executive Clinical Director of Continuing Care. He trained in medicine at Flinders University. He then trained as an epidemiologist in Newcastle and as a geriatrician in Canada, at McMaster University. On returning to Australia he worked at the University of Melbourne, and then at Monash University. In 2009 he became a Professor of Geriatric Medicine at Monash University.

Ms Jackie Kearney is Manager, Continuing Care in the Department of Health. She manages a range of services focussed on providing care for older people and people with chronic illnesses including geriatric evaluation and management, palliative care, rehabilitation and a range of substitution and diversion services such as the Health Independence Program. Jackie has worked in the department since 1999 holding a number of positions focussed on service development and quality in the Quality, Metropolitan Health Service Relations Branches and in the Cancer and Palliative Care Unit where she was manager of palliative care. Jackie has worked at Monash Medical Centre, The Royal Women's Hospital and at North West Hospital (now Melbourne Health – Parkville Campus).

Dr Peter Archer is Director of Emergency Medicine at Maroondah Hospital. He also has current positions as an Emergency Physician at Adult Retrieval Victoria, The Field Emergency Medical Officer Program and Royal Children's Hospital.

Dr Judy Lowthian is an NHMRC post-doctoral fellow, with a specific interest in health services research to improve care of older patients. Her research is underpinned by a clinical background in speech pathology rehabilitation and health service management in Australia and the UK. She is currently Project Lead of the Safe Elderly Emergency Discharge project based at The Alfred, investigating the risk profiles, care journeys and health outcomes of older emergency patients discharged home from ED.

Dr Suma Poojary is a full time Consultant Geriatrician at Alfred Health and completed training in Geriatric medicine at Monash and Alfred hospitals in 2007. She has a special interest in Community Geriatrics and has been working with the Mobile Assessment and Treatment service at Alfred Health for over six years.

Dr Karen Hitchcock is a general physician at the Alfred Hospital. She is also an essayist and columnist for the *Monthly* magazine. Her collection of short stories *Little White Slips* won the 2010 Queensland Premier's Steele-Rudd award and was short-listed in the NSW Premier's Literary Awards and the Dobbie Award for women writers. Her first novel will be published by Picador.

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Time	Area covered	Speaker and Organisation
0830	REGISTRATION (arrival tea/coffee)	
Session 1:	Overview	Chair: A/Prof Harvey Newnham
0900 - 0905	Opening address	A/Prof Harvey Newnham, Alfred Health
0905 - 0915	The view from the other side of the bed: a carer's perspective on care of the frail elderly	Ms Susan Biggar, Consumer perspective
0915 - 0945	Clinical issues in the care of the frail elderly in the acute hospital environment	Dr John Gommans, IMSANZ
0945 - 1005	Delirium identification and management in frail elderly	Prof Alison Hutchinson, Deakin University
1005 - 1025	Minimising deconditioning in acute care	A/Prof Gideon Caplan, Prince of Wales Hospital
1025 - 1045	Panel discussion	
1045 - 1115	MORNING TEA (30 minutes)	
Session 2:	Polypharmacy and nutrition	Chair: A/Prof Peter Hunter
1115 - 1135	Iatrogenesis in the frail elderly	Prof Michael Dooley, Alfred Health
1135 - 1155	Deprescribing	A/Prof Sarah Hilmer, Royal North Shore Hospital
1155 - 1215	Nutrition in the frail elderly	Prof Renuka Visvanathan, Queen Elizabeth Hospital
1215 - 1245	Panel discussion	Joined by A/Prof Ibolya Nyulasi, Alfred Health
1245 - 1330	LUNCH (45 minutes)	
Session 3:	What's next: communication and discharge planning	Chair: Dr John Gommans
1330 - 1345	Ward rounding and CareTV - A personalised interdisciplinary care plan on video	A/Prof Harvey Newnham, Alfred Health
1345 - 1405	Competency assessment - the facts	Prof Peteris Darzins, Eastern Health
1405 - 1425	End of life/palliative care - implementing an organisational-wide approach	A/Prof Peter Hunter, Alfred Health
1425 - 1445	Panel discussion	
1445 - 1500	AFTERNOON BREAK (15 minutes)	
Session 4:	Providing care where it is needed	Chair: Ms Jackie Kearney
1500 - 1520	The emergency department perspective	Dr Peter Archer, Eastern Health
1520 - 1535	Effective discharge strategies from ED to the community	Dr Judy Lowthian, Monash University
1535 - 1555	Opportunities for promoting care in appropriate sites (MATS)	Dr Suma Poojary, Alfred Health
1555 - 1610	What would an effective approach look like?	Dr Karen Hitchcock, Alfred Hospital
1610 - 1630	Panel discussion	
1630	CLOSE	