

Current topics in hospital falls prevention: Accreditation standards, managing delirium, patient engagement and education

Thursday 13th June 2013

Researchers from the Centre of Research Excellence in Patient Safety are currently conducting the world's largest hospital falls prevention project—the 6-PACK trial.

In undertaking this project there have been many learnings about the challenges and facilitators to achieving successful falls prevention in the hospital setting. This seminar has been developed to provide clinicians and quality staff with up-to date information on best practice for minimising falls and related harm in hospitals.

The seminar will focus on current topics in hospital falls prevention, including:

- Managing delirium and cognitive impairment
- Initiatives for preventing falls in the confused patient
- Patient education, participation and engagement in falls prevention activities
- An overview of the new accreditation standards for hospitals and understanding Standard 10, "Preventing Falls and Harm from Falls"
- Tips for implementation the new standards in your hospital

We anticipate that delegates will leave with a number of useful ideas to implement in their clinical areas.

Who should attend:

This seminar is aimed at clinical leaders in nursing, medical and allied health who are responsible for falls prevention.

Venue: The State Library (Conference Centre)

Entry to the Conference Centre is via entry 3, which is located at 179 La Trobe Street.

<http://www.slv.vic.gov.au/visit/how-get-here>

Seminar date: Thursday 13th June, 2013

Seminar time: 9:00am - 5:00pm (registration opens at 8:30am)

Cost: \$350 pp (incl. of GST) - Individual registration
Early bird registration: \$295 pp (incl. of GST) until 30th April

\$295 pp (incl. of GST) - Registration for 2 or more delegates*
*2+ delegates MUST register at the same time to receive discount (this cannot be processed retrospectively)

Go to <http://ecommerce.med.monash.edu.au/product.asp?pid=362&cID=8> for payment options

Further venue details, accommodation and parking information can be found on our website at:

<http://www.med.monash.edu.au/sphpm/creps/seminars.html>

Enquiries to Renata Morello or Stacey Keenan on +61 3 9903 0389 or

Falls6pack.depm@monash.edu



MONASH University

Medicine, Nursing and Health Sciences



Centre of
Research Excellence
in Patient Safety

Speakers and Facilitator details



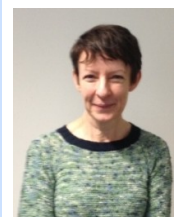
Doctor Anna Barker is the leader of the falls and bone health team in the health services evaluation unit, Monash University. She is an experienced falls prevention researcher and continues to work as a physiotherapist. She has led falls projects in community, residential aged care and hospital settings.

Anna has developed a strong interest in the management of older people having completed a Masters in Geriatrics and a PhD on falls. Currently, she is leading the world's largest falls prevention trial in the hospital setting—the 6-PACK trial that includes more than 35,000 patients. In 2013 she will also commence a large project looking at a novel service model for older people presenting to the Emergency Department with a fall—the RESPOND project.



Doctor Jonathan Trembl is a Consultant Geriatrician at Queen Elizabeth Hospital Birmingham, UK. His interests include orthogeriatrics, prevention and management of falls and fractures, end of life care, and clinical audit. He is an Associate Director of the Clinical Effectiveness and Evaluation Unit at the

Royal College of Physicians, London, where he leads the fall workstream of the Falls and Fragility Fracture Audit Programme. He is also Co-Chair of the British Geriatrics Society Falls and Bone Health Section.



Doctor Frances Healey (NHS England) is a Registered General Nurse and Registered Mental Health Nurse and holds a PhD in hospital falls prevention. She currently works as an Associate Director of Patient Safety for the NHS England. The main part of her clinical career has been with older people in both acute general and psychiatric settings.

She has led national projects for the NPSA including *Using bedrails safely and effectively* and *Slips, trips and falls in hospital and Essential care after an inpatient fall*. She co-authored the Patient Safety First 'How to' guide for reducing harm from falls and 'How to' guide for reducing harm from falls in mental health units. Through her additional role as a Clinical Associate at the Royal College of Physicians, she has led a large-scale pilot for a National Audit in inpatient falls prevention, and co-led the *FallSafe* regional quality improvement project. She has recently been closely involved in the development of NICE guidance for inpatient falls prevention.

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Associate Professor Terry Haines (Monash University) is a physiotherapist with extensive experience conducting falls prevention research, designing exercise programs for older adults, and understanding the attitudes of older adults towards participating in exercise interventions for the prevention of falls. He is Director, Allied Health Research Unit, Southern Health Director of Research, Southern Physiotherapy Clinical School, of the Physiotherapy Department at Monash University.



Ms Prue McCrae (Royal Brisbane and Women's hospital) is a physiotherapist who has led the implementation of the falls prevention program and an integrated acute care of the elderly program at Royal Brisbane and Women's Hospital. She is an M. Phil candidate at the University of Queensland, and is undertaking research on the occurrence of geriatric syndromes in older surgical patients and an acute care model for complex older surgical patients.



Dr Samuel Nyman (Bournemouth University) is a Senior Lecturer in Psychology at Bournemouth University, UK, who researches the psychosocial aspects of falls and their prevention among older people. His particular interest is in maximising older people's uptake and adherence to falls prevention interventions and in particular physical activity interventions. Recently he has been working on a multi Research Council UK-funded pilot project to explore the circumstances of outdoor falls, and since September 2012 he has been seconded to the Bournemouth University Dementia Institute (www.bournemouth.ac.uk/dementia-institute).



Dr Anne-Marie Hill (The University of Notre Dame) is an NHMRC early career Research Fellow (2012-2015) based in the School of Physiotherapy and Institute of Health and Rehabilitation Research, where she is leading research investigating healthy ageing. Dr Hill won the Injury Control Council of WA research award for 2011 for her contribution to community safety research in WA. Dr Hill's research interests are in the area of falls prevention, rehabilitation and patient safety, including post discharge problems encountered by older people. Dr Hill has combined her educational training and clinical experience to focus on developing research in the area of patient education for older people. She has developed and tested a novel education program for older people which aims to prevent falls in the post discharge period and is also the Chief investigator in a hospital falls prevention project which is providing patient education to older people in hospital to prevent falls. She has over 20 years clinical experience as a physiotherapist working with older people in acute, community and rehabilitation health settings, as well as in residential aged care.



Mr Graham Bedford (Australian Commission on Safety and Quality in Health Care) is the Policy Team Manager for the Australian Commission on Safety and Quality in Health Care which he joined at its inception in 2006. He manages the Commission's Medication Safety, Falls Prevention and Open Disclosure Programs. He is involved with other programs including Healthcare Associated Infection, Clinical Communications and Accreditation of High Risk Health Services. Graham managed development of Australia's National Falls Prevention Guidelines which were endorsed by Australian Health Ministers in November 2009. Prior to joining the Commission, Graham worked on other joint Commonwealth and State initiatives in health, education and training. He is a former industrial relations lawyer with qualifications in law, economics and history.



Ms Jeannette Kamar (The Northern Hospital) is a Registered Nurse with a Bachelor of Applied Science in Nursing. For over 10 years she has managed the Injury Prevention Unit at The Northern Hospital (TNH), which includes projects such as Falls Prevention, Pressure Ulcer Prevention, Venous Thromboembolism Prevention and Prevention of Patient Manual Handling Injuries. Jeannette has been the driving force behind the development and validation of the TNH-STRATIFY Falls Risk Assessment Tool and the TNH Falls Prevention Program which significantly reduced falls related injuries and contributed to the development of a number of Best Practice Guidelines including Minimising the Risk of Falls & Fall-related Injuries, developed by the Victorian Quality Council in 2003. Recently Jeannette has supported the implementation of the 6-PACK program at participating hospital sites as the 6-PACK program facilitator and is highly involved in the implementation of the new accreditation standards at The Northern Hospital.



Ms Kate Smith (Department of Health, QLD) has a nursing, health promotion and injury prevention background with the main focus on preventing falls in older people. Currently, Kate is the Manager, Standards Tools Design and Development Team, Patient Safety Unit, Queensland Department of Health. The team's role is to develop, trial, implement and evaluate strategic statewide patient safety tools and education products. The Standards that the team are focusing on include pressure injury, clinical deterioration, falls and partnering with consumers.



Ms Renata Morello (Monash University) is a Physiotherapist with more than 10 years of clinical experience in both the public and private sectors within Australia and the United Kingdom. In 2011 she completed a Master of Public Health at the University of Melbourne, specialising in Health Program and Economic Evaluation. Currently, she is the Project Manager of the 6-PACK project, a multi-centre single blinded cluster randomised controlled trial (RCT) and is leading the economic evaluation of this project as part of her PhD.

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Time	Presenter	Organisation	Presentation title
8:30 REGISTRATION			
Session 1		Accreditation standards	Facilitator: Professor Terry Haines
9:00-9:15	Anna Barker	Monash University	The problem of falls in the acute hospital setting
9:15-9:30	Frances Healey	NHS Commissioning Board	The NICE guidelines
9:30-9:45	Graham Bedford	Australian Commission on Safety and Quality in Health Care	An overview of the accreditation standards for hospital and understanding standard number 10
9:45-10:05	Jeannette Kamar	The Northern Hospital	Making it happen: tools for achieving effective implementation of the falls standard
10:05-10:25	Kate Smith	Department of Health, QLD	Statewide tools for Hospital and Health Services to achieve Standard 10
10:25-10:45	Panel discussion		
10:45-11:15 MORNING TEA (30 minutes)			
Session 2		Education, participation and engagement	Facilitator: Ms Jeanette Kamar
11:15-11:45	Samuel Nyman	Bournemouth University	Older people's participation in falls prevention interventions
11:45-12:15	Anna Barker	Monash University	Falls in the ED: an update of the literature, current issues and patient participation
12:15-12:45	Anne Marie Hill	The University of Notre Dame	Innovative education for building behaviour change and the factors affecting engagement in exercise after discharge
13:00-13:30	Panel discussion		
13:00-13:30 LUNCH (30 minutes)			
Session 3		Delirium and cognitive impairment	Facilitator: Dr Anna Barker
13:30-14:00	Jonathan Trembl	Queen Elizabeth Hospital Birmingham	Delirium in hospital – Identification, prevention and treatment
14:00-14:15	Renata Morello	Monash University	The epidemiology of falls and fall injuries of the confused older patient
14:15-14:45	Frances Healey	NHS Commissioning Board	FallSafe: cognitively impaired and delirious patients, a pragmatic response to the gaps in the evidence
14:45-15:00	Panel discussion		
15:00-15:30 AFTERNOON TEA (30 minutes)			
Session 4		Managing patient with delirium and cognitive impairment	Facilitator: Ms Renata Morello
15:30-16:00	Terry Haines	Monash University	Risk tacking of older adults in hospital inpatients and post-discharge
16:00-16:30	Prue McCrae	Royal Brisbane and Women's hospital	Local initiatives for preventing falls in the older confused patient: an integrated approach to acute care for the elderly
16:30-16:50	Panel discussion		
17:00 CLOSE			

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Payment and registration

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PAYMENT METHOD:

Credit Card	Go to http://ecommerce.med.monash.edu.au/product.asp?pid=362&cID=8
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NOTE: The registration process is complete once payment has been received and a registration confirmation email has been sent to you.

Terms and Conditions: Refunds will not be given if inability to attend is advised the day prior to the workshop. Requests for refunds at any other time will be considered on an individual basis.

Please note, a colleague is always welcome to attend in your place.

Enquiries to Renata Morello or Stacey Keenan; Email: falls6pack.depm@monash.edu / Ph: 03 9903 0389



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